

Litoral Way + Central Route from Viana do Castelo

20 km/12.4 mi - Walking stages + Accommodation

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Litoral Way + Central Route from Viana do Castelo 20 km/12.4 mi - Walking stages + Accommodation

The Litoral Way + Central Route from Viana do Castelo to Santiago de Compostela - 180 km/112 mi

Average stage - 20 km/12.4 mi

Longest stage - 25 km/15.5 mi

Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	book here	\$
Villa Margarida	book here	\$
Hotel Jardim Viana do Castelo	book here	\$-\$
HI Viana do Castelo - Pousada de Juventude	book here	\$\$
Rua Grande Hotel	book here	\$\$
Valentim House	book here	\$\$
Alex Point - Guest House	book here	\$\$
Hotel Margarida Da Praça	book here	\$\$
Pensao O Laranjeira	book here	\$\$-\$\$\$
AP Dona Aninhas	book here	\$\$\$

Stage 1. Viana do Castelo to Vila Praia de Âncora, 19 km/11.8 mi

- Distance – 19 km/11.8 mi

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- Time – 5 hours (moving time)
- Ascent – 105 m
- Descent – 97 m
- Walking surface – 3.5 km/2.1 mi – boardwalk; 9 km/5.5 mi – tar road; 1.5 km/0.9 mi – cobbled; 5 km/3.1 mi – footpath/gravel road
- Walking along the coast - 14 km/8.6 mi

Highlights

- Sanctuary of our Lady of the Agony in Viana do Castelo
- A stunning walk along the coast past several beaches for 14 km/8.6 mi
- Several old windmills on the beach and in the forest
- An unspoiled beach Praia do Paco with big boulders
- The walk along the coast to Vila Praia de Ancora

Challenges

- An easy and beautiful walking day mostly along the coast

Stops along the route stage 1

Distance	Name	Facilities
0-2.5 km/ 0-1.5 mi	Viana do Castelo	Along the river
1.4 km/0.8 mi		Santiago da Barra Fortress
1.8 km/1.1 mi		Sanctuary of our Lady of the Agony
2.5 km/1.5 mi		A hotel
2.5-11.5 km / 1.5-7 mi		Walking along the coast
3-3.5 km/ 1.8-2 mi		A promenade with restaurants
9 km/5.6 mi		A cafe

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10 km/6.2 mi		Two old windmills
11 km/6.8 mi		Praia de Paco Beach
11.5-14 km / 7.1-8.6 mi		The Litoral Way goes inland
14-24 km / 8.6-15 mi		The route goes along the coast
19 km/11.8 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach

Vila Praia de Âncora - Accommodation

Hotel/albergue	Booking info	Price range
Hostel D'Avenida	book here	\$
Guesthouse Pereira	book here	\$-\$\$
Guest House D'Avenida	book here	\$\$
Quinta da Quinhas	book here	\$\$
Casa da Clô	book here	\$\$
Villa Ribeiro	book here	\$\$
Sossego da Laurinda	book here	\$\$
Abrigo do Portinho	book here	\$\$
Albergaria Quim Barreiros	book here	\$\$-\$\$\$
Hotel Meira	book here	\$\$\$

Stage 2. Vila Praia de Âncora to Gondarém, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5 hours (moving time)
- Ascent – 270 m

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- Descent – 225 m
- Walking surface – 17 km/10.5 mi – tar road; 2 km/1.2 mi – footpath/gravel road
- Walking along the coast - 6 km/3.7 mi
- Walking on the road - 1.5 km/1 mi

Highlights

- A spectacular coastal walk from Praia de Ancora to Moledo
- The historical center of Caminha
- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 16 km/10 mi – and 18 km/11 mi.

Challenges

- Several short ascents and descents on the route through the forest

Stops along the route stage 2

Distance	Name	Facilities
0-5 km/ 0-3.1 mi		Walking along the coast
5 km/3.1 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
6-8 km/ 3.7-5 mi		A long stretch along the road
9 km/5.5 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy
12 km/7.4 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
16-18 km/ 10-11 mi		On a footpath through the forest
19 km/11.8 mi	Gondarem	Hotels, restaurants

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Gondarem - Accommodation

Hotel/albergue	Booking info	Price range
Cantinho do sossego	book here	\$\$
Casas da Loureira Cerveira	+351 966 626 333	\$\$
Casa IRIS	+351 962 344 446	\$\$
Hotel Boega	book here	\$\$\$

Stage 3. Gondarém to Valença, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5 hours (moving time)
- Ascent – 204 m
- Descent – 180 m
- Walking surface – 18 km/11 mi – tar road; 2 km/1.2 mi – footpath/gravel road

Highlights

- The historical center of Vila Nova de Cerveira.
- Valença Fortress and Old Town.

Challenges

- Several short ascents and descents in the first half of the route.

Stops along the route stage 3

Distance	Name	Facilities
0-5.5 km/0-3.1 mi		Through villages and forest

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1.5 km/0.9 mi		Hotel Boega
5 km/3.1 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy
5.5 km/3.4 mi		Hotels
12 km/7.4 mi		A guesthouse
14.5 km/9 mi	São Pedro da Torre	Hotels, restaurants, shop
18.5 km/11.4 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
19.5 km/12.1 mi	Valença historical center	Municipal Albergue, Private Albergue, hotels, restaurants, cafes, shops, ATMs, pharmacies

Valença - Accommodation

Hotel/albergue	Booking info	Price range
Municipal Albergue São Teotonio	+351 961 168 501	\$
Alvorada Medieval	book here	\$
Hostel Bulwark	book here	\$
Albergue e AL O Brasão Valença	book here	\$-\$
Hotel MABI	book here	\$\$
Hotel Val Flores	book here	\$\$
Alojamento da Vila	book here	\$\$
Residencial Portas do Sol	book here	\$\$
Domus Avocat	book here	\$\$-\$\$\$
Apartamentos Lumar	book here	
Pousada de Valença	book here	\$\$\$

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Stage 4. Valença to Porriño, 20.5 km/12.7 mi

- Distance – 20.5 km/12.7 mi
- Time – 5 hours (moving time)
- Ascent – 192 m
- Descent – 204 m
- Walking surface – 17.5 km/10.8 mi – tar road; 3 km/1.8 mi – footpath/gravel road
- Walking on the road - 2 km/1.2 mi

Highlights

- The historical center of Tui
- A beautiful forest walk after Tui

Challenges

- A change of time after crossing the bridge between Portugal and Spain. Spain is 1 hour ahead of Portugal.
- If you don't take an optional forest route at 14.5 km/9 mi you will walk through a large industrial area. So take the optional route (the left route) that goes along the river.

Stops along the route stage 4

Distance	Name	Facilities
1-2 km / 0.6-1.2 mi	Valença Fortress	Hotels, restaurants, bars, shops
3 km/1.8 mi	Bridge over the Minho River	Crossing from Portugal to Spain
5 km/3.1 mi	Tui (Spain)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies
12 km/7.4 mi	Ribadelouru	Guesthouse, cafe

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13.7 km/ 8.5 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
14.2 km/ 8.2 mi	On the main route just after the split	Albergue Casa Alternativo
14.5-18.5 km/ 9-11.4 mi	On the main route	A large industrial area
18.5 km/ 11.4 mi	On the main route	Restaurant
18.5-20.5 km/ 11.4-12.7 mi	On the main route	Walking next to a busy road
19.5 km/12.1 mi	On the main route	Restaurant, bar
20.5 km/12.7 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Porriño - Accommodation

Name	Booking info	Price range
Albergue de Peregrinos O Porriño	info here +34 986 335 428	\$
Albergue Senda Sur	book here	\$
Albergue Fonte dos Aloques	book here	\$
Albergue Rincon del Peregrino	book here	\$
Albergue Alojamiento Camino Portugues	book here	\$
Casucho da Peregrina	book here	\$\$-\$\$\$ including breakfast
Pension Cando	book here	\$\$
Apartamento Sanjuan	book here	\$\$-\$\$\$
Apartment Nordes	book here	\$\$-\$\$\$

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Apartment A Cabana II	book here	\$\$-\$\$\$
Apartment Bretema	book here	\$\$\$

Stage 5. Porriño to Cesantes, 18 km/11.1 mi

- Distance – 18 km/11.1 mi
- Time – 5 hours (moving time)
- Ascent – 283 m
- Descent – 305 m
- Walking surface – 16.5 km/10.3 mi – tar road; 1.5 km/0.9 mi – footpath/gravel road

Highlights

- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

Challenges

- At 2 km/1.2 there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 5 km/3.1 and 9.5 km/5.9, over 170 m up
- A steep descent between 9.5 km/5.9 and 13 km/8 mi, over 170 m down

Stops along the route stage 5

Distance	Name	Facilities
2.5 km/1.5 mi	Veigadaña	MA, bar
4.3 km/2.6 mi		A vending machine with snacks and drinks
5 km/3.1 mi	Mos	MA, rental apartment, restaurant, bar

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9.5 km/5.9 mi		Cafe
10 km/6.2 mi		Bar
11.6 km/7.2 mi	Saxamonde	PA/bar O Corisco
16 km/10 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
18 km/11.1 mi	Cesantes	PA, hotel, bar

Cesantes - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Refuxio de la Jerezana	book here	\$
A Dársena do Francés	book here	\$
Apartamento San Simón	book here	\$-\$\$
La Cueva	book here	\$\$
Casa VOL - habitación	book here	\$\$
Alojamiento Casa MINSO	book here	\$\$
Camiño da Praia	book here	\$\$\$

Stage 6. Cesantes to Pontevedra, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5 hours (moving time)
- Ascent – 396 m
- Descent – 371 m
- Walking surface – 10.5 km/6.5 mi – tar road; 7.5 km/4.6 mi – footpath/gravel road
- Walking on the road - 0.5 km/0.3 mi

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Highlights

- Walking through a beautiful forest throughout the day
- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views
- The historical center of Redondela

Challenges

- A steep ascent (around 140 m) between 3.5 km/2.1 mi and 6.5 km/4 mi
- A steep and short descent (around 100 m) between 6.5 km/4 mi and 8 km/5 mi
- Another steep ascent (around 130 m) between 12 km/7.4 mi and 14 km/8.6 mi

Stops along the route stage 6

Distance	Name	Facilities
0.7 km/0.4 mi		PA
4.5 km/2.7 mi	Soutoxuste	Hotel, restaurant, bar, shop
5.5 km/3.4 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
7 km/4.3 mi	Pontesanpaio	Hotel, bar, ATM
7.6-9.6 km/ 4.7-5.9 mi		Walking through the forest
13.5 km/8.3 mi		A bar, a shop, a chapel where you can stamp your Credential
13.8 km/8.5 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
14-17 km/ 8.6-10.5 mi		Walking on a footpath through the forest
18 km/11 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

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Pontevedra - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Virgen Peregrina	+34 986 844 045	\$
Bulezen Urban Hostel	book here	\$
Acolá Hostel	book here	\$
Slow City Hostel Pontevedra	book here	\$
Albergue Nacama Hostel Pontevedra EXCLUSIVO PEREGRINOS PILGRIMS	book here	\$
CASA MARUXA pensión	book here	\$\$
PENSIÓN SANTA CLARA	book here	\$\$
Acolá Rooms	book here	\$\$
Hotel Boa Vila	book here	\$\$-\$\$\$
Galicia Palace	book here	\$\$\$

Stage 7. Pontevedra to Caldas de Reis, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 4-5 hours (moving time)
- Ascent – 275 m
- Descent – 270 m
- Walking surface – 12 km/7,4 mi – asphalt, 9 km/5,6 mi – footpath/gravel
- Walking on the road – 0 km, 1 km on a footpath along the road

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Highlights

- The beautiful forest between 6 and 9 km and between 16 km and 19 km
- The charming historical center of Caldas de Reis

Challenges

- No places to stop for food/coffee for the first 9 km
- 12 km/7,4 mi walking on tar (asphalt)

Stops along the route stage 7

Distance	Name	Facilities
0-1.4 km / 0-0.8 mi	Pontevedra	Cafes, restaurants, shops, hotels, ATMs
3 km/1.8 mi	The route splits	The optional route of the Portuguese Camino - the Spiritual Variant
9 km/5.5 mi	A Portela	Cafe Pousada Peregrino
9.5 km/5.9 mi	A Portela	Private Albergue
9.5-10.5 km/ 5.9-6.5 mi		Walking next to the road on a footpath
11.5 km/7.1 mi		A vending machine, a bar
15 km/9.3 mi		A couple of cafes
16.5 km/ 10.2 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
18 km/11 mi		Cafe
19.5 km/12 mi	Tivo	Private Albergue/bar Vintecatro
21 km/13 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants cafes, ATMs, pharmacies

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Caldas de Reis - Accommodation

Name	Booking info	Price range
ALBERGUE de Caldas de Reis URRACA	book here	\$
ALBERGUE A QUEIMADA Exclusivo Peregrinos	book here	\$
Albergue GBC Caldas	book here	\$
Albergue Agarimo	book here	\$
Albergue As Pozas Termas	book here	\$
Pensión A Fonte	book here	\$-\$-\$
Pensión Atenea & Via Romana	book here	\$-\$-\$
Martínez Rooms Pilgrims	book here	\$-\$-\$
Pensión Río Umia	book here	\$\$
Pension As Burgas li	book here	\$\$
TERRA DE AUGAS II (2-bedroom apartment)	book here	\$\$
HOTEL LOTUS	book here	\$\$-\$\$\$
Casa Herreria	book here	\$\$-\$\$\$

Stage 8. Caldas de Reis to Padron, 18.5 km/11.5 mi

- Distance – 18,5 km/11,5 mi
- Time – 4-5 hours (moving time)
- Ascent – 283 m
- Descent – 296 m
- Walking surface – 11 km/6,8 mi – asphalt, 7,5 km/4,6 mi – footpath/gravel

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- Walking on the road – 0 km

Highlights

- The picturesque Galician forest with small waterfalls, rivers, and rest areas.
- A beautiful church at 5,8 km/3,6 mi
- The historical center of Padron

Challenges

- An easy walking day on the Camino.

Stops along the route stage 8

Distance	Name	Facilities
2-5.2 km / 1.2-3.2 mi		Walking through the forest
5 km/3.1 mi		A 40-kilometers to Santiago sign
5.4 km/3.3 mi	O Cruceiro	Bar, guesthouse
5.8 km/3.6 mi		Church of Santa Mariña de Carracedo
7.2 km/4.4 mi		Cafe
8.5 km/5.2 mi		Bar
9.6 km/5.9 mi	O Pino	Municipal Albergue
9.8 km/6 mi		A rest area in the forest
10-11.5 km / 6.2-7.1 mi		Walking through the forest
12 km/7.4 mi	San Miguel de Valga	Cafe, restaurant
14.6 km/9 mi		Rest area
15.5 km/9.6 mi		A water fountain

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15.6 km/9.6 mi		A coffee stall
16.5 km/10.2 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies
18.5 km/11.5 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies

Padron - Accommodation

Hotel/albergue	Booking info	Price range
Municipal Albergue de Padron	info here +34 673 656 173	\$
Albergue and rooms Murgadan	book here	\$
Albergue con encanto d'camino	book here	\$
Albergue and rooms O Pedron	book here	\$
Albergue Camino do Sar	book here	\$
Albergue Corredoiras	book here	\$
Ecorooms Padron	book here	\$\$
Primavera	book here	\$\$
Sleep Padrón	book here	\$\$
Arteleira2 Rooms Apartment	book here	\$\$
Hotel Pazo de Lestrove	book here	\$\$\$

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Stage 9. Padron to Santiago de Compostela, 25.5 km/15.8 mi

- Distance – 25,5 km/15,8 mi
- Time – 6-7 hours (moving time)
- Ascent – 526 m
- Descent – 266 m
- Walking surface – 20,5 km/12,8 mi – asphalt, 5 km/3,1 mi – footpath/gravel
- Walking on the road – 600 m on a quiet road

Highlights

- The beautiful Galician forest
- The historical center of Santiago de Compostela
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims

Challenges

- Several ascents in the second half of the stage, the accumulated ascent for the day is over 500 m.
- Relatively long distance, over 25 km/15.5 mi

Stops along the route stage 9

Distance	Name	Facilities
2-3 km / 1.2-1.8 mi		Along a busy road
2.2 km/1.3 mi		Restaurant, cafe
2.7 km/1.6 mi		Hotel, restaurant
3-4 km / 1.8-2.4 mi		Walking through villages
5.5 km/3.4 mi		Private Albergue O Logar de Jesus

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6.2 km/3.8 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
8.9 km/5.5 mi		A rest area
9 km/5.5 mi	Areal	Guesthouse
9.5 km/5.9 mi	Picaraña	Several hotels and restaurants along the route
10-11 km / 6.2-6.8 mi		Walking through the forest
11 km/6.8 mi	O Faramello	MA, PA, restaurant, bar
12.4 km/7.7 mi	Teo	Hotel/restaurant
13.8 km/8.5 mi		Cafe/shop
14.2 km/8.8 mi	Pedreira	Private Albergue/cafe
17.6 km / 10.9 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
20.5 km / 12.7 mi		Cafe/souvenir shop
23 km/14.2 mi		A route split both routes go to the Cathedral, one is a bit longer
24 km/14.9 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
25.5 km / 15.8 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$

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Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinario	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)