

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

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# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

**Litoral Way + Central Route + Spiritual Variant from Porto to Santiago de Compostela - 273.5 km/169 mi**

**Average stage - 20 km/12.4 mi**

**Longest stage - 25 km/15.5 mi**

### Porto - Accommodation

*\*Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!*

Hotel/albergue	Booking info	Price range
Albergue de peregrinos de Porto	<a href="http://albergueperegrinosporto.pt">albergueperegrinosporto.pt</a>	\$
Easy Host Porto	<a href="#">book here</a> *	\$
O2 Hostel	<a href="#">book here</a>	\$
Porto Spot Hostel	<a href="#">book here</a>	\$
Change The World Hostels	<a href="#">book here</a>	\$
SUPERNOVA Hostel	<a href="#">book here</a>	\$
Portuense Alojamento Local	<a href="#">book here</a>	\$\$
A Portuguesa Guest House	<a href="#">book here</a>	\$\$
Best Guest Porto Hostel	<a href="#">book here</a>	\$\$
Oporto Santa Catarina Residence	<a href="#">book here</a>	\$\$
The Poets Inn	<a href="#">book here</a>	\$\$
Hotel Peninsular- Porto	<a href="#">book here</a>	\$\$
Aparthotel Oporto Sol	<a href="#">book here</a>	\$\$-\$\$\$
Utopian - Design Suites Porto	<a href="#">book here</a>	\$\$-\$\$\$
Oporto Comfort Dom Hugo Apartment	<a href="#">book here</a>	\$\$\$

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## 20 km/12.4 mi - Walking stages + Accommodation

### Porto tours and activities

1. [Discover Porto's Highlights on a 2-Hour Private Electric Tuk Tuk.](#)
2. [Porto: Douro River Boat Cruise with Port Wine Tasting.](#)
3. [Douro Valley Tour: 2 Vineyard Visits, River Cruise, Winery Lunch.](#)
4. [Porto: An Intimate Fado Show in a Historical Tavern.](#)

## Stage 1. Se Cathedral, Porto to Aldeia Nova, 17 km/10.5 mi

- Distance – 17 km/10.5 mi
- Time – 4 hours (moving time)
- Ascent – 200 m
- Descent – 220 m
- Walking surface – 2 km/1.2 mi – boardwalk; 14 km/8.6 mi – tar road; 1 km/0.6 mi – cobbled
- Walking along the coast - 4 km/2.4 mi + 10 km/6.2 mi - along the Douro River

### Highlights

- Se Cathedral and the historical center of Porto
- Walking along the Douro River
- Walking along beautiful beaches
- Farol de Leça, a high lighthouse with the museum
- Boardwalk along the coast

### Challenges

- The first 10 km/6.2 mi from the Cathedral are not marked. It's not difficult to find the route; you follow the Douro River for 10 km/6.2 mi till you get to the information office in Matosinhos. From there you can follow the yellow arrows.

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## 20 km/12.4 mi - Walking stages + Accommodation

### Stops along the route stage 1

Distance	Name	Facilities
0-6 km/0-3.7 mi	Porto	Along the Douro River, restaurants and cafes. You can skip the first 6 km by taking a tram #1 or #18 from the Cathedral to Passeio Alegre.
6 km/3.7 mi	Foz de Douro	São João Baptista Fortress and Barra do Douro Lighthouse
10.5 km/6.5 mi	Matosinhos Information office	You can get a stamp and find out where to buy a Credential. The first official Camino sign since the Cathedral.
10.5-13 km/ 6.5-8 mi	Through Matosinhos	Restaurants, shops, cafes, ATMs
13 km/8 mi	Tourism information office	You can get a stamp or find out where to get a Credential
13 km/8 mi	Leça da Palmeira	Hotels, restaurants, bars, shops
13-17 km/ 8-10.5 mi	Along the coast	Several cafes and restaurants along the beach. Some of them are closed in winter
15-17 km/ 9.3-10.5 mi	On the boardwalk	
17 km/10.5 mi	Aldeia Nova	Guesthouses, restaurant, bar

### Aldeia Nova - Accommodation

Hotel/albergue	Booking info	Price range
Casa Velha	<a href="#">book here</a>	\$\$
Caravela	<a href="#">book here</a>	\$\$
Casarão Paraíso	<a href="#">book here</a>	\$\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Stage 2. Aldeia Nova to Póvoa de Varzim, 22 km/13.6 mi

- Distance – 22 km/13.6 mi
- Time – 5-6 hours (moving time)
- Ascent – 80 m
- Descent – 72 m
- Walking surface – 14 km/8.6 mi – boardwalk; 4 km/2.4 mi – tar road; 4 km/2.4 mi – cobbled
- Walking along the coast - 15 km/9.3 mi

#### Highlights

- Spectacular coastal scenery and beaches
- The river walk in Vila do Conde
- The promenade between Vila do Conde and Póvoa de Varzim

#### Challenges

- It's an easy and flat walking day with many places to stop for coffee or food.

#### Stops along the route stage 2

\*MA - Municipal (public) albergue

\*\*PA - private albergue

Distance	Name	Facilities
0-15 km/ 0-9.3 mi		Along the coast on the boardwalk
3 km/1.8 mi	Agudela	A big supermarket, 400 m away from the Camino. It's the last big shop for the day.
6 km/3.7 mi	Praia de Angeiras	Orbitur Campsite, guesthouse
7 km/4.3 mi	Labruge, a small town	MA* (900 m away from the route, inland), guesthouse, cafes, restaurants

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9 km/5.5 mi	Vila Chã, a small town	MA (800 m from the Camino, inland), guesthouses, campsite, cafes, restaurant
11.5 km/7.1 mi	Praia de Mindelo	Hotels, restaurants, a shop
13.8 km/8.5 mi	Praia do Árvore	Hotels, restaurants, cafes, a shop
14.5 km/9 mi	Praia da Azurara	A guesthouse, cafes
15-20 km/ 9.3-12.4 mi		The route goes inland
16.5 km/10.2 mi	Vila do Conde	MA, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacies
16.5-18 km/ 10.2-11 mi	Vila do Conde	Along the river
18.3 km/11.3 mi		The Fortress of São João Baptista
18-22 km/ 11-13.6 mi		On the promenade along the beach, cafes and restaurants
22 km/13.6 mi	Póvoa de Varzim	MA (donation), hostel, hotels, restaurants, shops, ATMs, pharmacies

### Póvoa de Varzim - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos São José de Ribamar	+351 252 622 314	\$
Junqueira76 Guesthouse	<a href="#">book here</a>	\$
Sardines and Friends Hostel 06	<a href="#">book here</a>	\$-\$\$
Rêve D'Or	<a href="#">book here</a>	\$-\$\$
Siglas & Runas II	<a href="#">book here</a>	\$-\$\$
Sardines and Friends Hostel 04	<a href="#">book here</a>	\$-\$\$
A'Mar by Alojamento Ideal	<a href="#">book here</a>	\$\$
Luso Brasileiro	<a href="#">book here</a>	\$\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

ó Poboia Guesthouse	<a href="#">book here</a>	\$\$
Hotel Costa Verde	<a href="#">book here</a>	\$\$
A'MAR by Alojamento Ideal	<a href="#">book here</a>	\$\$-\$\$\$

### Stage 3. Póvoa de Varzim to Esposende, 23 km/14.2 mi

- Distance – 23 km/14.2 mi
- Time – 5-6 hours (moving time)
- Ascent – 102 m
- Descent – 91 m
- Walking surface – 7.5 km/4.6 mi – boardwalk; 11.5 km/7.1 mi – tar road; 3 km/1.8 mi – cobbled; 1 km/0.6 mi – footpath/gravel road
- Walking along the coast - 17 km/10.5 mi

#### Highlights

- The walk along the coast from Povoia de Varzim to Aguçadoura
- Walking on boardwalks along the beach for 4 km/2.4 mi from Aguçadoura
- A boardwalk over the dunes with old windmills in Apulia
- Esposende promenade and beach

#### Challenges

- An easy and flat walking day mostly along the coast

#### Stops along the route stage 3

Distance	Name	Facilities
1 km/0.6 mi		The Litoral Way and Coastal Route merge
2-11 km/ 1.2-6.8 mi		Along the coast

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## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

3 km/1.8 mi	O Ver a Mar	Hostel, hotels, restaurants, cafes
7 km/4.3 mi	Aguçadoura	MA, guesthouses, a shop, a restaurant, a bar
11 km/6.8 mi		A bar
14 km/8.6 mi		The Litoral Way and Coastal Route split
15.5 km/9.6 mi		A restaurant
17.2 km/ 10.6 mi	Apulia	PA, hotels, restaurants, cafes, shops, pharmacy, beach
18 km/11 mi	Fão	Hostels, guesthouses, restaurants, cafes, shops
19 km/11.8 mi		A campsite, a restaurant
20 km/12.4 mi	The bridge over the Cavado River	The Litoral Way and Coastal Route merge
20.5 km/ 12.7 mi		A rest stop
20.8 km/ 12.9 mi		PA, restaurant
21.4 km/ 13.2 mi		The Litoral Way and Coastal Route split
23 km/14.2 mi	Esposende	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies

### Esposende - Accommodation

Hotel/albergue	Booking info	Price range
Hostel Eleven	<a href="#">book here</a>	\$
InnEsposende Sports Hostel	<a href="#">book here</a>	\$
EsposendeGuesthouse	<a href="#">book here</a>	\$\$-\$
Sea Soul Esposende	<a href="#">book here</a>	\$\$-\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

Clube Pinhal da Foz	<a href="#">book here</a>	\$\$
Casa Rural	<a href="#">book here</a>	\$\$
Hotel Mira Rio	<a href="#">book here</a>	\$\$
Hotel Suave Mar	<a href="#">book here</a>	\$\$-\$\$\$
Aconchego do pelourinho	<a href="#">book here</a>	\$\$-\$\$\$

### Stage 4. Esposende to Viana do Castelo, 25 km/15.5 mi

- Distance – 25 km/15,5 mi
- Time – 6 hours (moving time)
- Ascent – 202 m
- Descent – 200 m
- Walking surface – 4 km/2,4 – boardwalk; 5,5 km/3,4 mi – tar road; 6,5 km/4 mi – cobbled; 7 km/4,3 mi – footpath/gravel road; 2 km/1,2 mi – sand/rocks
- Walking along the coast – 13 km/8 mi out of 25 km/15,5 mi

#### Highlights

- São João Baptista Fort and the beach in Esposende
- A beautiful walk on a boardwalk/footpath along the coast through the forest between 1,5 km/0,9 mi and 4 km/2,4 mi
- Unspoiled rocky beach with dunes between 4 km/2,4 mi and 6 km/3,7 mi
- A scenic walk on the boardwalk between 17 km/10,5 mi and 18 km/11 mi
- The historical center of Viana do Castelo

#### Challenges

- Difficult to find the way without using the navigation
- Walking on sand between 4 km/2,4 mi and 6 km/3,7 mi

## Litoral + Central + Spiritual Route Portuguese Camino

### 20 km/12.4 mi - Walking stages + Accommodation

- A couple of ascents in the middle part (inland) of the stage
- Walking on a footpath hidden in the bush at 17,8 km/11 mi (the walk is fine but the beginning of the footpath is difficult to find).

#### Stops along the route stage 4

Distance	Name	Facilities
0-1.7 km/0-1 mi	Esposende	Along the promenade, both routes are the same
1.7 km/1 mi		A restaurant. The routes split
1.7-4 km/ 1-2.4 mi		On a boardwalk along the beach
4 km/2.4 mi		The end of the boardwalk, continue along the beach
5-8.5 km / 3.1-5.2 mi		On a sandy footpath along the coast
8.5 km/5.2 mi		The Litoral Way turns inland
9 km/5.6 mi		A campsite
11 km/6.8 mi		A beautiful bridge with a waterfall, both routes merge before the bridge and split after it
16 km/10 mi		The Litoral Way is back to the coast
16.5 km/10.2 mi	Amorosa	Hotels, restaurants, cafes, shops
17-18 km / 10.5-11 mi		On a boardwalk along the beach
18-20 km / 11-12.4 mi		On a footpath through the bush
20 km/12.4 mi		The Camino turns inland
21 km/13 mi		A campsite
23.5 km/14.6		The Eiffel Bridge to Viana do Castelo, the routes

## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

mi		merge
24 km/15 mi		The routes split after the bridge
25 km/15.5 mi	Viana do Castelo	MA, PA, hotels, restaurants, bars, supermarkets, ATMs, pharmacies

### Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	<a href="#">book here</a>	\$
Villa Margarida	<a href="#">book here</a>	\$
Hotel Jardim Viana do Castelo	<a href="#">book here</a>	\$-\$
HI Viana do Castelo - Pousada de Juventude	<a href="#">book here</a>	\$\$
Rua Grande Hotel	<a href="#">book here</a>	\$\$
Valentim House	<a href="#">book here</a>	\$\$
Alex Point - Guest House	<a href="#">book here</a>	\$\$
Hotel Margarida Da Praça	<a href="#">book here</a>	\$\$
Pensao O Laranjeira	<a href="#">book here</a>	\$\$-\$\$\$
AP Dona Aninhas	<a href="#">book here</a>	\$\$\$

## Stage 5. Viana do Castelo to Vila Praia de Âncora, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5 hours (moving time)
- Ascent – 105 m

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## 20 km/12.4 mi - Walking stages + Accommodation

- Descent – 97 m
- Walking surface – 3.5 km/2.1 mi – boardwalk; 9 km/5.5 mi – tar road; 1.5 km/0.9 mi – cobbled; 5 km/3.1 mi – footpath/gravel road
- Walking along the coast - 14 km/8.6 mi

### Highlights

- Sanctuary of our Lady of the Agony in Viana do Castelo
- A stunning walk along the coast past several beaches for 14 km/8.6 mi
- Several old windmills on the beach and in the forest
- An unspoiled beach Praia do Paco with big boulders
- The walk along the coast to Vila Praia de Ancora

### Challenges

- An easy and beautiful walking day mostly along the coast

### Stops along the route stage 5

Distance	Name	Facilities
0-2.5 km/ 0-1.5 mi	Viana do Castelo	Along the river
1.4 km/0.8 mi		Santiago da Barra Fortress
1.8 km/1.1 mi		Sanctuary of our Lady of the Agony
2.5 km/1.5 mi		A hotel
2.5-11.5 km / 1.5-7 mi		Walking along the coast
3-3.5 km/ 1.8-2 mi		A promenade with restaurants
9 km/5.6 mi		A cafe
10 km/6.2 mi		Two old windmills
11 km/6.8 mi		Praia de Paco Beach

## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

11.5-14 km / 7.1-8.6 mi		The Litoral Way goes inland
14-24 km / 8.6-15 mi		The route goes along the coast
19 km/11.8 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach

### Vila Praia de Âncora - Accommodation

Hotel/albergue	Booking info	Price range
Hostel D'Avenida	<a href="#">book here</a>	\$
Guesthouse Pereira	<a href="#">book here</a>	\$-\$\$
Guest House D'Avenida	<a href="#">book here</a>	\$\$
Quinta da Quinhas	<a href="#">book here</a>	\$\$
Casa da Clô	<a href="#">book here</a>	\$\$
Villa Ribeiro	<a href="#">book here</a>	\$\$
Sossego da Laurinda	<a href="#">book here</a>	\$\$
Abrigo do Portinho	<a href="#">book here</a>	\$\$
Albergaria Quim Barreiros	<a href="#">book here</a>	\$\$-\$\$\$
Hotel Meira	<a href="#">book here</a>	\$\$\$

## Stage 6. Vila Praia de Âncora to Gondarém, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5 hours (moving time)
- Ascent – 270 m
- Descent – 225 m
- Walking surface – 17 km/10.5 mi – tar road; 2 km/1.2 mi – footpath/gravel road

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# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

- Walking along the coast - 6 km/3.7 mi
- Walking on the road - 1.5 km/1 mi

### Highlights

- A spectacular coastal walk from Praia de Ancora to Moledo
- The historical center of Caminha
- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 16 km/10 mi – and 18 km/11 mi.

### Challenges

- Several short ascents and descents on the route through the forest

### Stops along the route

Distance	Name	Facilities
0-5 km/ 0-3.1 mi		Walking along the coast
5 km/3.1 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
6-8 km/ 3.7-5 mi		A long stretch along the road
9 km/5.5 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy
12 km/7.4 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
16-18 km/ 10-11 mi		On a footpath through the forest
19 km/11.8 mi	Gondarem	Hotels, restaurants

# Litoral + Central + Spiritual Route Portuguese Camino

20 km/12.4 mi - Walking stages + Accommodation

Gondarem - Accommodation

Hotel/albergue	Booking info	Price range
Cantinho do sossego	<a href="#">book here</a>	\$\$
Casas da Loureira Cerveira	+351 966 626 333	\$\$
Casa IRIS	+351 962 344 446	\$\$
Hotel Boega	<a href="#">book here</a>	\$\$\$

## Stage 7. Gondarém to Valença, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5 hours (moving time)
- Ascent – 204 m
- Descent – 180 m
- Walking surface – 18 km/11 mi – tar road; 2 km/1.2 mi – footpath/gravel road

### Highlights

- The historical center of Vila Nova de Cerveira.
- Valença Fortress and Old Town.

### Challenges

- Several short ascents and descents in the first half of the route.

### Stops along the route

Distance	Name	Facilities
0-5.5 km/0-3.1 mi		Through villages and forest
1.5 km/0.9 mi		Hotel Boega

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5 km/3.1 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy
5.5 km/3.4 mi		Hotels
12 km/7.4 mi		A guesthouse
14.5 km/9 mi	São Pedro da Torre	Hotels, restaurants, shop
18.5 km/11.4 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
19.5 km/12.1 mi	Valença historical center	Municipal Albergue, Private Albergue, hotels, restaurants, cafes, shops, ATMs, pharmacies

### Valença - Accommodation

Hotel/albergue	Booking info	Price range
Municipal Albergue São Teotónio	+351 961 168 501	\$
Alvorada Medieval	<a href="#">book here</a>	\$
Hostel Bulwark	<a href="#">book here</a>	\$
Albergue e AL O Brasão Valença	<a href="#">book here</a>	\$-\$
Hotel MABI	<a href="#">book here</a>	\$\$
Hotel Val Flores	<a href="#">book here</a>	\$\$
Alojamento da Vila	<a href="#">book here</a>	\$\$
Residencial Portas do Sol	<a href="#">book here</a>	\$\$
Domus Avocat	<a href="#">book here</a>	\$\$-\$\$\$
Apartamentos Lumar	<a href="#">book here</a>	
Pousada de Valença	<a href="#">book here</a>	\$\$\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Stage 8. Valença to Porriño, 20.5 km/12.7 mi

- Distance – 20.5 km/12.7 mi
- Time – 5 hours (moving time)
- Ascent – 192 m
- Descent – 204 m
- Walking surface – 17.5 km/10.8 mi – tar road; 3 km/1.8 mi – footpath/gravel road
- Walking on the road - 2 km/1.2 mi

#### Highlights

- The historical center of Tui
- A beautiful forest walk after Tui

#### Challenges

- A change of time after crossing the bridge between Portugal and Spain. Spain is 1 hour ahead of Portugal.
- If you don't take an optional forest route at 14.5 km/9 mi you will walk through a large industrial area. So take the optional route (the left route) that goes along the river.

#### Stops along the route stage 8

Distance	Name	Facilities
1-2 km / 0.6-1.2 mi	Valença Fortress	Hotels, restaurants, bars, shops
3 km/1.8 mi	Bridge over the Minho River	Crossing from Portugal to Spain
5 km/3.1 mi	Tui (Spain)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies
12 km/7.4 mi	Ribadelouru	Guesthouse, cafe

## Litoral + Central + Spiritual Route Portuguese Camino

### 20 km/12.4 mi - Walking stages + Accommodation

13.7 km/ 8.5 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
14.2 km/ 8.2 mi	On the main route just after the split	Albergue Casa Alternativo
14.5-18.5 km/ 9-11.4 mi	On the main route	A large industrial area
18.5 km/ 11.4 mi	On the main route	Restaurant
18.5-20.5 km/ 11.4-12.7 mi	On the main route	Walking next to a busy road
19.5 km/12.1 mi	On the main route	Restaurant, bar
20.5 km/12.7 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

### Porriño - Accommodation

Name	Booking info	Price range
Albergue de Peregrinos O Porriño	<a href="#">info here</a> +34 986 335 428	\$
Albergue Senda Sur	<a href="#">book here</a>	\$
Albergue Fonte dos Aloques	<a href="#">book here</a>	\$
Albergue Rincon del Peregrino	<a href="#">book here</a>	\$
Albergue Alojamiento Camino Portugues	<a href="#">book here</a>	\$
Casucho da Peregrina	<a href="#">book here</a>	\$-\$ including breakfast
Pension Cando	<a href="#">book here</a>	\$\$
Apartamento Sanjuan	<a href="#">book here</a>	\$\$-\$\$\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

Apartment Nordes	<a href="#">book here</a>	\$\$-\$\$\$
Apartment A Cabana II	<a href="#">book here</a>	\$\$-\$\$\$
Apartment Bretema	<a href="#">book here</a>	\$\$\$

### Stage 9. Porriño to Cesantes, 18 km/11.1 mi

- Distance – 18 km/11.1 mi
- Time – 5 hours (moving time)
- Ascent – 283 m
- Descent – 305 m
- Walking surface – 16.5 km/10.3 mi – tar road; 1.5 km/0.9 mi – footpath/gravel road

#### Highlights

- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

#### Challenges

- At 2 km/1.2 there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 5 km/3.1 and 9.5 km/5.9, over 170 m up
- A steep descent between 9.5 km/5.9 and 13 km/8 mi, over 170 m down

#### Stops along the route stage 9

Distance	Name	Facilities
2.5 km/1.5 mi	Veigadaña	MA, bar
4.3 km/2.6 mi		A vending machine with snacks and drinks

## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

5 km/3.1 mi	Mos	MA, rental apartment, restaurant, bar
9.5 km/5.9 mi		Cafe
10 km/6.2 mi		Bar
11.6 km/7.2 mi	Saxamonde	PA/bar O Corisco
16 km/10 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
18 km/11.1 mi	Cesantes	PA, hotel, bar

### Cesantes - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Refuxio de la Jerezana	<a href="#">book here</a>	\$
A Dársena do Francés	<a href="#">book here</a>	\$
Apartamento San Simón	<a href="#">book here</a>	\$-\$\$
La Cueva	<a href="#">book here</a>	\$\$
Casa VOL - habitación	<a href="#">book here</a>	\$\$
Alojamiento Casa MINSO	<a href="#">book here</a>	\$\$
Camiño da Praia	<a href="#">book here</a>	\$\$\$

### Stage 10. Cesantes to Pontevedra, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5 hours (moving time)
- Ascent – 396 m
- Descent – 371 m
- Walking surface – 10.5 km/6.5 mi – tar road; 7.5 km/4.6 mi – footpath/gravel road
- Walking on the road - 0.5 km/0.3 mi

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Highlights

- Walking through a beautiful forest throughout the day
- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views
- The historical center of Redondela

### Challenges

- A steep ascent (around 140 m) between 3.5 km/2.1 mi and 6.5 km/4 mi
- A steep and short descent (around 100 m) between 6.5 km/4 mi and 8 km/5 mi
- Another steep ascent (around 130 m) between 12 km/7.4 mi and 14 km/8.6 mi

### Stops along the route stage 10

Distance	Name	Facilities
0.7 km/0.4 mi		PA
4.5 km/2.7 mi	Soutoxuste	Hotel, restaurant, bar, shop
5.5 km/3.4 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
7 km/4.3 mi	Pontesanpaio	Hotel, bar, ATM
7.6-9.6 km/ 4.7-5.9 mi		Walking through the forest
13.5 km/8.3 mi		A bar, a shop, a chapel where you can stamp your Credential
13.8 km/8.5 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
14-17 km/ 8.6-10.5 mi		Walking on a footpath through the forest
18 km/11 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

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# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Pontevedra - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Virgen Peregrina	+34 986 844 045	\$
Bulezen Urban Hostel	<a href="#">book here</a>	\$
Acolá Hostel	<a href="#">book here</a>	\$
Slow City Hostel Pontevedra	<a href="#">book here</a>	\$
Albergue Nacama Hostel Pontevedra EXCLUSIVO PEREGRINOS PILGRIMS	<a href="#">book here</a>	\$
CASA MARUXA pensión	<a href="#">book here</a>	\$\$
PENSIÓN SANTA CLARA	<a href="#">book here</a>	\$\$
Acolá Rooms	<a href="#">book here</a>	\$\$
Hotel Boa Vila	<a href="#">book here</a>	\$\$-\$\$\$
Galicia Palace	<a href="#">book here</a>	\$\$\$

## Stage 11. Pontevedra to Armenteira, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 5-6 hours (moving time)
- Ascent – 606 m
- Descent – 358 m
- Walking surface – 9 km/5,5 mi footpath/gravel road, 12 km/7,4 mi asphalt/cobblestones

### Highlights

- The historical centre of Pontevedra
- The monastery of Poio
- The [beautiful old town of Combarro](#)
- A pleasant walk through the forest between Combarro and Armenteira

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

- The Monastery of Armenteira

### Challenges

- Several short ascents and descents in the first half of the day between Pontevedra and Combarro.
- A steep and long ascent, 400 m in the second half of the day from Combarro to Armenteira. After conquering the hill by the end of the day you're quite tired.

### Stops along the route stage 11

Distance	Name	Facilities
3 km/1.8 mi	A route split at the bridge in the forest	The right route is the Central Route, and the left route is the Spiritual Variant. If you want to continue on the Spiritual Variant take the left route.
5.5 km/3.4 mi	Cabaleiro	Hotel, restaurant
9 km/5.6 mi	Poio	Hotel, restaurant
11 km/6.8 mi	Combarro	Private Albergue, hotel, supermarket, restaurant, ATM, pharmacy
21 km/13 mi	Armenteira	Municipal Albergue, hotel, restaurant

### Armenteira - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Armenteira	+34 619 53 40 87	\$
Albergue Turistico En Armenteira A Fragua do Ferreiro	<a href="#">book here</a>	\$
Albergue Armenteira	<a href="#">book here</a>	\$-\$\$
Albergue CAROI HOSTEL & ROOMS Armenteira	<a href="#">book here</a>	\$-\$\$

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## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

Monasterio de Armenteira	<a href="#">info here</a>	\$\$
CARBALLO DE PRADO 1900	<a href="#">book here</a>	\$\$-\$\$\$
Pousada Armenteira	<a href="#">book here</a>	\$\$\$

### Stage 12. Armenteira to Vilanova de Arousa, 23.5 km/14.6 mi

- Distance – 23,6 km/14,6 mi
- Time – 5-6 (moving time)
- Ascent – 170 m
- Descent – 417 m
- Walking surface – 15 km/9.3 mi on a footpath/gravel road, 8 km/5 mi on asphalt, 500 m/0.3 mi on a quiet road

#### Highlights

- A beautiful walk through the lush green forest along the river with small waterfalls and big boulders
- A quiet walk through a beautiful natural area along the river and between the vineyards
- A walk along the coast of the Atlantic Ocean on the last 3 km/1.8 mi before Vilanova de Arousa

#### Challenges

- It was a relatively easy walk with no particularly challenging parts besides the downhill walk at the beginning but it wasn't steep, more of a gradual downhill.

#### Stops along the route stage 12

Distance	Name	Facilities
5 km/3.1 mi		Restaurant
6,5 km/4 mi		Restaurant

## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

10 km/6.2 mi		Restaurant
13 km/8 mi	Ponte Arnelas	Hotel, restaurant, shop, pharmacy
16 km/10 mi		Restaurant
19,5 km/12 mi		Bar
21-23 km /13-14 mi		A couple of restaurants
23.5 km/14.6 mi	Vilanova de Arousa	Municipal Albergue, hotel, restaurant, bar, pharmacy, ATM

### Vilanova de Arousa - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Arousa	+34 619 534 087	\$
Albergue A Corticela	<a href="#">book here</a>	\$
Albergue A Salazon	<a href="#">info here</a>	\$
Hotel Bradomin	<a href="#">book here</a>	\$\$
Guest house SAL E PEDRA	<a href="#">book here</a>	\$\$
Apartamentos AD	<a href="#">book here</a>	\$\$
Arco da Vella apartamentos	<a href="#">book here</a>	\$\$-\$\$\$
Alquileres Delfina (1-bedroom apartment)	<a href="#">book here</a>	\$\$-\$\$\$
Marujita Vilanova	<a href="#">book here</a>	\$\$\$

## Stage 13. Vilanova de Arousa to Milladoiro, 19.5 km/12 mi

You can buy a boat ticket online or at the office in Vilanova de Arousa. I suggest booking it online in advance to make sure you get a spot on the boat, during the season it fills up quickly.

Two companies offer a boat ride

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# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

- [La Barca del Peregrino](#)
- [A Mare Turismo Nautico](#)
- Distance – 19.5 km/12 mi
- Time – 5 (moving time)
- Ascent – 136 m
- Descent – 90 m
- Walking surface – 2 km/1.2 mi on a footpath/gravel road, 17.5 km/10.8 mi on asphalt

### Highlights

- A spectacular boat ride from Vilanova de Arousa to Pontecesures
- The beautiful Galician forest

### Challenges

- Walking next to a busy road between 4 km/2.4 mi and 5 km/3.1 mi

### Stops along the route stage 13

Distance	Name	Facilities
28 km/17.3 mi (boat ride)	Pontecesures The start of the walk	Municipal Albergue, hotel, restaurant, bar, shop, pharmacy, ATM
2 km/1.2 mi	Padrón	Municipal Albergue, private Albergues, hotel, restaurant, bar, supermarket, pharmacy, ATM
4-5 km/ 2.4-3.1 mi		Along a busy road
4.2 km/2.6 mi		Restaurant, cafe
4.7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages
7.5 km/4.6 mi		Private Albergue O Logar de Jesus
8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,

## Litoral + Central + Spiritual Route Portuguese Camino 20 km/12.4 mi - Walking stages + Accommodation

10.9 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km /7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/8.9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/10 mi	Pedreira	Private Albergue/cafe
19.5 km /12 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies

### O Milladoiro - Accommodation

Name	Booking info	Price range
Albergue Milladoiro	<a href="#">book here</a>	\$
Pension O Camino Milladoiro	<a href="#">book here</a>	\$\$
B&B HOTEL Santiago Milladoiro	<a href="#">book here</a>	\$\$
Hotel Payro	<a href="#">book here</a>	\$\$
Alojamiento Santa Maria II	<a href="#">book here</a>	\$\$
Apartamento En Camino	<a href="#">book here</a>	\$\$-\$\$\$
Casa Rural as Bentina	<a href="#">book here</a>	\$\$-\$\$\$

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Stage 14. O Milladoiro to Santiago de Compostela, 8 km/5 mi

- Distance – 8 km/5 mi
- Time – 2 hours (moving time)
- Ascent – 390 m
- Descent – 166 m
- Walking surface – 5 km/3.1 mi – asphalt, 3 km/1.8 mi – footpath/gravel
- Walking on the road – 600 m on a quiet road

#### Highlights

- The historical center of Santiago de Compostela
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims

#### Challenges

- Several ascents throughout the day

#### Stops along the route stage 14

Distance	Name	Facilities
3 km/1.8 mi		Cafe/souvenir shop
5.5 km/3.4 mi		A route split both routes go to the Cathedral, one is a bit longer
6.5 km/4 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
8 km/5 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

### Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	<a href="#">book here</a>	\$
Dream in Santiago	<a href="#">book here</a>	\$
Albergue O Fogar de Teodomiro	<a href="#">book here</a>	\$
Albergue Porta Real	<a href="#">book here</a>	\$
Albergue The Last Stamp	<a href="#">book here</a>	\$
Santiago KM-0	<a href="#">book here</a>	\$
Hostal San Pelayo	<a href="#">book here</a>	\$\$
Hotel A Tafona do Peregrino	<a href="#">book here</a>	\$\$
Hotel Alda Avenida	<a href="#">book here</a>	\$\$
Pensión Residencia Fornos	<a href="#">book here</a>	\$\$
Pensión Residencia Fonseca	<a href="#">book here</a>	\$\$-\$\$\$
Hospedaria San Martin Pinario	<a href="#">book here</a>	\$\$-\$\$\$
Parador Hostal Reis Catolicos	<a href="#">book here</a>	\$\$\$

### Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

### Portuguese Camino planning resources

- [How to train for the Camino?](#)

# Litoral + Central + Spiritual Route Portuguese Camino

## 20 km/12.4 mi - Walking stages + Accommodation

- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
  - [Best shoes to walk the Camino](#)
  - [Best backpacks for the Camino](#)
  - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)