

Litoral Way + Central Route from Viana do Castelo

25+km/15+mi - Walking stages + Accommodation

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The Litoral Way + Central Route from Viana do Castelo to Santiago de Compostela - 180 km/112 mi

Average stage - 27 km/16.7 mi

Longest stage - 32 km/19.8 mi

Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	book here	\$
Villa Margarida	book here	\$
Hotel Jardim Viana do Castelo	book here	\$-\$\$
HI Viana do Castelo - Pousada de Juventude	book here	\$\$
Rua Grande Hotel	book here	\$\$
Valentim House	book here	\$\$
Alex Point - Guest House	book here	\$\$
Hotel Margarida Da Praça	book here	\$\$
Pensao O Laranjeira	book here	\$\$-\$\$\$
AP Dona Aninhas	book here	\$\$\$

Stage 1. Viana do Castelo to Caminha, 27 km/16.7 mi

- Distance – 27 km/16.7 mi
- Time – 6-7 hours (moving time)

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- Ascent – 140 m
- Descent – 132 m
- Walking surface – 3.5 km/2.1 mi – boardwalk; 16 km/10 mi – tar road; 2.5 km/1.5 mi – cobbled; 5 km/3.1 mi – footpath/gravel;
- Walking along the coast – 20 km/12.4 mi out of 27 km/16.7 mi (2 km/1.2 mi are along the river in Viana do Castelo)

Highlights

- Sanctuary of our Lady of the Agony in Viana do Castelo.
- A stunning walk along the coast past several beaches for 20 km/12.4 mi.
- Several old windmills on the beach and in the forest.
- An unspoiled beach Praia do Paco with big boulders.
- The walk along the river at Vila Praia de Ancora.
- A spectacular coastal walk from Praia de Ancora to Moledo.
- The historical center of Caminha.

Challenges

- A long walking day
- Walking most of the day on hard surfaces

Stops along the route stage 1

Distance	Name	Facilities
0-2.5 km/ 0-1.5 mi	Viana do Castelo	Along the river
1.4 km/0.8 mi		Santiago da Barra Fortress
1.8 km/1.1 mi		Sanctuary of our Lady of the Agony
2.5 km/1.5 mi		A hotel
2.5-11.5 km / 1.5-7 mi		Walking along the coast

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3-3.5 km/ 1.8-2 mi		A promenade with restaurants
9 km/5.6 mi		A cafe
10 km/6.2 mi		Two old windmills
11 km/6.8 mi		Praia de Paco Beach
11.5-14 km / 7.1-8.6 mi		The Litoral Way goes inland
14-24 km / 8.6-15 mi		The route goes along the coast
19 km/11 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach
19-20.5 km / 11.8-12.7 mi		Walking along the promenade
20 km/12.4 mi		The routes merge
20-24 km / 12.4-15 mi		A stunning coastal walk
24 km/15 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
25-27 km / 15.5-16.7 mi		A long stretch along the road
27 km/16.7 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Caminha - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos de Caminha	+351 914 290 431 alberguedecaminha@ca minhosantigoviana.pt	\$
Bom Caminha - Private Albergue for Pilgrims	book here	\$
Albergue Santiago de Caminha	book here	\$

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Olá Vida - Hostel Caminha	book here	\$-\$\$
House Mariona	book here	\$-\$\$
Muralha de Caminha	book here	\$\$
Litos al alojamiento local	book here	\$\$
Casas Sebastião - Tourist House	book here	\$\$
Arca Nova Guest House	book here	\$\$
Litos al alojamiento local	book here	\$\$-\$\$\$
Design & Wine Hotel	book here	\$\$\$

Stage 2. Caminha (Portugal) to Tui (Spain), 32 km/19.8 mi

- Distance – 32 km/19.8 mi
- Time – 7-8 hours
- Ascent – 497 m
- Descent – 455 m
- Walking surface – 4 km/2.4 mi footpath/gravel road; 1.5 km/1 mi road; 26.5 km/16.4 mi asphalt/cobblestones

Highlights

- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 7 km/4.3 mi – and 9 km/5.5 mi.
- The historical center of Vila Nova de Cerveira.
- Valença Fortress and Old Town.

Challenges

- A long walking day, over 30 km/18.6 mi

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- Several ascents and descents throughout the day

Stops along the route stage 2

Distance	Name	Facilities
2.5 km/1.5 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
5-9 km/3-5.5 mi		On a footpath through the forest
9.3 km/5.7 mi	Gondarem	Hotel
9-15 km/ 5.5-9.3 mi		Through villages and forest
11 km/6.8 mi		Hotel Boega
14.5 km/9 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy
16 km/10 mi		Hotels
21.5 km/13.3 mi		A guesthouse
24 km/15 mi		Restaurants
25 km/15.5 mi	São Pedro da Torre	Cafes, shop, hotel
28 km/17.3 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
29 km/18 mi	Valença fortress	Municipal Albergue, Private Albergue, hotel, restaurants, cafes, shops, ATMs, pharmacies
32 km/19.8 mi	Tui (change of time, Spain is 1 hour ahead of Portugal)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies

Tui - Accommodation

Name	Booking info	Price range
Albergue de peregrinos de Tui	+34 649 502 704	\$

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Albergue Buen Camino Tui	book here	\$
Albergue Convento Del Camino	book here	\$
Jacob's Hotel TUI	book here	\$
Ideas Peregrinas	book here	\$
Colón Tuy	book here	\$\$
O refugio	book here	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	book here	\$\$
Pension La Corredera	book here	\$\$
El Atico de Villalmar (penthouse apartment)	book here	\$\$\$

Stage 3. Tui to Redondela, 31.5 km/19.5 mi

- Distance - 31.5 km/19.5 mi
- Time - 7-8 hours
- Total ascent - 445 m
- Total descent - 477 m
- Walking surface – 27 km/17.3 mi – asphalt, 4.5 km/2.7 mi – gravel/footpath

Highlights

- Walking through the forest at the beginning of the day.
- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

Challenges

- A long walking day of over 30 km/18.6 mi.
- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (on the main route). So

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make sure at the split to take the alternative route through the countryside.

- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (on the main route).
- At 18 km/11 mi there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 21 km/13 mi and 25.5 km/15.8 mi, over 170 m up
- A steep descent between 25.5 km/15.8 mi and 29 km/18 mi, over 170 m down.

Stops along the route stage 3

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/4.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
15-17 km / 9.3-10.5 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
19.5 km/12 mi	Veigadaña	MA, bar
21.3 km/13.2 mi		A vending machine with snacks and drinks

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22 km/13.6 mi	Mos	MA, rental apartment, restaurant, bar
26.5 km/16.4 mi		Cafe
27 km/16.7 mi		Bar
28.6 km/17.7 mi	Saxamonde	PA/bar O Corisco
31.5 km/19.5 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Redondela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Casa da Torre	+34 618 338 045	\$
Santiago de Vilavella	book here	\$
Albergue Parroquial Santiago Apostol de Redondela	book here	\$
Alfonso XII	book here	\$
Pilgrim Rooms	book here	\$-\$-\$
La Casa de la Abuela Boticaria	book here	\$-\$
Anabel Home	book here	\$-\$
A Casa da Herba	book here	\$-\$
As Mimosas d'Cross Apartment	book here	\$-\$-\$-\$

Stage 4. Redondela to A Portela, 29.5 km/18.3 mi

- Distance - 29.5 km/18.3 mi
- Time - 7-8 hours
- Total ascent - 567 m
- Total descent - 408 m
- Walking surface – 19 km/11.8 mi – tar road/asphalt, 10.5 km/6.5 mi – gravel/footpath

Litoral Way + Central Route from Viana do Castelo

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Highlights

- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views.
- The historical center of Pontevedra.
- A beautiful forest in the last part of the day.

Challenges

- A steep ascent between 1.7 km/1 mi and 4.7 km/2.9 mi, around 140 m up.
- A steep and short descent between 4.7 km/2.9 mi and 6 km/3.7 mi, around 100 m down.
- Another steep ascent between 10 km/6.2mi and 12 km/7.4 mi, around 130 m up.
- No places to stop for food or water in the last 9 km/5.5 mi from Pontevedra to A Portela.

Stops along the route stage 4

Distance	Name	Facilities
2 km/1.2 mi	Cesantes	PA, hotel, bar
2.7 km/1.6 mi		PA
6.5 km/4 mi	Soutoxuste	Hotel, restaurant, bar, shop
7.5 km/4.6 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
9 km/5.5 mi	Pontesanpaio	Hotel, bar, ATM
9.6-11.6 km/ 6-7.2 mi		Walking through the forest
15.5 km/9.6 mi		A bar, a shop, a chapel where you can stamp your Credential
15.8 km/9.8 mi		A split on the Central Route. Most people take the

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A Portela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue A Portela - Barro	+34 655 952 805	\$

Stage 5. A Portela to Pontecesures, 28 km/17.3 mi

- Distance - 28 km/17.3 mi
- Time - 7 hours
- Total ascent - 306 m
- Total descent - 321 m
- Walking surface – 18 km/11.1 mi – tar road/asphalt, 10 km/6.2 mi – gravel/footpath

Highlights

- The charming historical center of Caldas de Reis.
- The picturesque Galician forest with small waterfalls, rivers, and rest areas.

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- A beautiful church at 16 km/10 mi

Challenges

- No particular challenges except for the relatively long distance.

Stops along the route stage 5

Distance	Name	Facilities
0-1.5 km/ 0-0.9 mi		Walking next to the road on a footpath
2 km/1.2 mi		A vending machine, a bar
5.5 km/3.4 mi		A couple of cafes
7 km/4.3 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
8.5 km/5.2 mi		Cafe
10 km/6.2 mi	Tivo	Private Albergue/bar Vintecatro
11.5 km/7.1 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants, cafes, ATMs, pharmacies
13.5-16.7 km/ 8.3-10.3 mi		Walking through the forest
16 km/10 mi		A 40-kilometers to Santiago sign
17 km/10.5 mi	O Cruceiro	Bar, guesthouse
17.3 km/10.7 mi		Church of Santa Mariña de Carracedo
18.7 km/11.6 mi		Cafe
20 km/12.4 mi		Bar
21 km/13 mi	O Pino	Municipal Albergue
21,3 km/13.2 mi		A rest area in the forest
21.5-23 km / 13.3-14.2 mi		Walking through the forest

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23.5 km/14.6 mi	San Miguel de Valga	Cafe, restaurant
26 km/16 mi		Rest area
27 km/16.7 mi		A water fountain
27.2 km/16.9 mi		A coffee stall
28 km/17.3 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies

Pontecesures - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de peregrinos de Pontecesures	+34 699 832 730	\$
Casa do Horreo	book here	\$-\$-\$
Cesuresrooms2	book here	\$\$
ECOROOMS STUDIOS	book here	\$\$-\$\$\$
A Casa Antiga do Monte Apartamentos Turísticos (2-bedroom apartment)	book here	\$\$\$

Stage 6. Pontecesures to Santiago de Compostela, 27.5 km/17 mi

- Distance – 27.5 km/17 mi
- Time – 7 hours (moving time)
- Ascent – 535 m
- Descent – 280 m
- Walking surface – 22.5 km/14 mi – asphalt; 5 km/3.1 mi – footpath/gravel
- Walking on the road – 0.6 km/0.3 mi on a quiet road

Highlights

- The beautiful Galician forest.
- The historical center of Santiago de Compostela.

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- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

Challenges

- Several ascents in the second half of the stage, the accumulated ascent for the day is over 500 m.

Stops along the route stage 6

Distance	Name	Facilities
2 km/1.2 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes ATMs, pharmacies
4-5 km/ 2.4-3.1 mi		Along a busy road
4,2 km/2.6 mi		Restaurant, cafe
4,7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages
7.5 km/4.6 mi		Private Albergue O Logar de Jesus
8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
10.8 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km/ 7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/10 mi	Pedreira	Private Albergue/cafe

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19.6 km/12.1 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
22.5 km/13.9 mi		Cafe/souvenir shop
25 km/15.5 mi		A route split both routes go to the Cathedral, one is a bit longer
26 km/16.1 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
27.5 km /17 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinaro	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

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Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)