

Litoral + Central + Spiritual Route from Viana do Castelo

25+km/15+mi - Walking stages + Accommodation

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The Litoral Way + Central Route + Spiritual Variant from Viana do Castelo to Santiago de Compostela - 186.5 km/115.8 mi

Average stage - 26 km/16 mi

Longest stage - 32 km/19.8 mi

Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	book here	\$
Villa Margarida	book here	\$
Hotel Jardim Viana do Castelo	book here	\$-\$\$
HI Viana do Castelo - Pousada de Juventude	book here	\$\$
Rua Grande Hotel	book here	\$\$
Valentim House	book here	\$\$
Alex Point - Guest House	book here	\$\$
Hotel Margarida Da Praça	book here	\$\$
Pensao O Laranjeira	book here	\$\$-\$\$\$
AP Dona Aninhas	book here	\$\$\$

Stage 1. Viana do Castelo to Caminha, 27 km/16.7 mi

- Distance – 27 km/16.7 mi
- Time – 6-7 hours (moving time)

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- Ascent – 140 m
- Descent – 132 m
- Walking surface – 3.5 km/2.1 mi – boardwalk; 16 km/10 mi – tar road; 2.5 km/1.5 mi – cobbled; 5 km/3.1 mi – footpath/gravel;
- Walking along the coast – 20 km/12.4 mi out of 27 km/16.7 mi (2 km/1.2 mi are along the river in Viana do Castelo)

Highlights

- Sanctuary of our Lady of the Agony in Viana do Castelo.
- A stunning walk along the coast past several beaches for 20 km/12.4 mi.
- Several old windmills on the beach and in the forest.
- An unspoiled beach Praia do Paco with big boulders.
- The walk along the river at Vila Praia de Ancora.
- A spectacular coastal walk from Praia de Ancora to Moledo.
- The historical center of Caminha.

Challenges

- A long walking day
- Walking most of the day on hard surfaces

Stops along the route stage 1

Distance	Name	Facilities
0-2.5 km/ 0-1.5 mi	Viana do Castelo	Along the river
1.4 km/0.8 mi		Santiago da Barra Fortress
1.8 km/1.1 mi		Sanctuary of our Lady of the Agony
2.5 km/1.5 mi		A hotel
2.5-11.5 km / 1.5-7 mi		Walking along the coast

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3-3.5 km/ 1.8-2 mi		A promenade with restaurants
9 km/5.6 mi		A cafe
10 km/6.2 mi		Two old windmills
11 km/6.8 mi		Praia de Paco Beach
11.5-14 km / 7.1-8.6 mi		The Litoral Way goes inland
14-24 km / 8.6-15 mi		The route goes along the coast
19 km/11 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach
19-20.5 km / 11.8-12.7 mi		Walking along the promenade
20 km/12.4 mi		The routes merge
20-24 km / 12.4-15 mi		A stunning coastal walk
24 km/15 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
25-27 km / 15.5-16.7 mi		A long stretch along the road
27 km/16.7 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Caminha - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos de Caminha	+351 914 290 431 alberguedecaminha@ca minhosantiagoviana.pt	\$
Bom Caminha - Private Albergue for Pilgrims	book here	\$
Albergue Santiago de Caminha	book here	\$

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Olá Vida - Hostel Caminha	book here	\$-\$\$
House Mariona	book here	\$-\$\$
Muralha de Caminha	book here	\$\$
Litos al alojamiento local	book here	\$\$
Casas Sebastião - Tourist House	book here	\$\$
Arca Nova Guest House	book here	\$\$
Litos al alojamiento local	book here	\$\$-\$\$\$
Design & Wine Hotel	book here	\$\$\$

Stage 2. Caminha (Portugal) to Tui (Spain), 32 km/19.8 mi

- Distance – 32 km/19.8 mi
- Time – 7-8 hours
- Ascent – 497 m
- Descent – 455 m
- Walking surface – 4 km/2.4 mi footpath/gravel road; 1.5 km/1 mi road; 26.5 km/16.4 mi asphalt/cobblestones

Highlights

- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 7 km/4.3 mi – and 9 km/5.5 mi.
- The historical center of Vila Nova de Cerveira.
- Valença Fortress and Old Town.

Challenges

- A long walking day, over 30 km/18.6 mi

Stingy Nomads - Travel Blog <https://stingynomads.com/litoral-way-portuguese-camino/>
<https://stingynomads.com/portuguese-camino-from-tui/>

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- Several ascents and descents throughout the day

Stops along the route stage 2

Distance	Name	Facilities
2.5 km/1.5 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
5-9 km/3-5.5 mi		On a footpath through the forest
9.3 km/5.7 mi	Gondarem	Hotel
9-15 km/ 5.5-9.3 mi		Through villages and forest
11 km/6.8 mi		Hotel Boega
14.5 km/9 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy
16 km/10 mi		Hotels
21.5 km/13.3 mi		A guesthouse
24 km/15 mi		Restaurants
25 km/15.5 mi	São Pedro da Torre	Cafes, shop, hotel
28 km/17.3 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
29 km/18 mi	Valença fortress	Municipal Albergue, Private Albergue, hotels, restaurants, cafes, shops, ATMs, pharmacies
32 km/19.8 mi	Tui (change of time, Spain is 1 hour ahead of Portugal)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies

Tui - Accommodation

Name	Booking info	Price range
Albergue de peregrinos de Tui	+34 649 502 704	\$
Albergue Buen Camino Tui	book here	\$

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Albergue Convento Del Camino	book here	\$
Jacob's Hotel TUI	book here	\$
Ideas Peregrinas	book here	\$
Colón Tuy	book here	\$\$
O refugio	book here	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	book here	\$\$
Pension La Corredera	book here	\$\$
El Atico de Villalmar (penthouse apartment)	book here	\$\$\$

Stage 3. Tui to Saxamonde, 28.5 km/17.7 mi

- Distance - 38.5 km/17.7 mi
- Time - 7-8 hours
- Total ascent - 423 m
- Total descent - 454 m
- Walking surface – 24 km/15 mi – asphalt, 4.5 km/2.7 mi – gravel/footpath

Highlights

- Walking through the forest at the beginning of the day.
- The picturesque town of Mos.
- Walking through the forest in the last part of the day.

Challenges

- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (on the main route). So make sure at the split to take the alternative route through the countryside.
- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (on the main route).

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25+km/15+mi - Walking stages + Accommodation

- At 18 km/11 mi there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 21 km/13 mi and 25.5 km/15.8 mi, over 170 m up
- A steep descent between 25.5 km/15.8 mi and 28.5 km/17.7 mi, over 170 m down.

Stops along the route stage 3

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/4.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
15-17 km / 9.3-10.5 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
19.5 km/12 mi	Veigadaña	MA, bar
21.3 km/13.2 mi		A vending machine with snacks and drinks

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22 km/13.6 mi	Mos	MA, rental apartment, restaurant, bar
26.5 km/16.4 mi		Cafe
27 km/16.7 mi		Bar
28.5 km/17.7 mi	Saxamonde	PA/bar O Corisco, rental apartment

Saxamonde - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Corisco	book here	\$-\$\$
Lar de Carmen	book here	\$\$

Stage 4. Saxamonde to Pontevedra, 23 km/14.2 mi

- Distance - 29.5 km/18.3 mi
- Time - 7-8 hours
- Total ascent - 567 m
- Total descent - 408 m
- Walking surface – 19 km/11.8 mi – tar road/asphalt, 10.5 km/6.5 mi – gravel/footpath

Highlights

- The historical center of Redondela.
- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views.
- The historical center of Pontevedra.

Challenges

- A steep ascent between 4.7 km/2.9 mi and 7.7 km/4.7 mi, around 140 m up.

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25+km/15+mi - Walking stages + Accommodation

- A steep and short descent between 7.7 km/4.7 mi and 9 km/5.5 mi, around 100 m down.
- Another steep ascent between 13 km/8 mi and 15 km/9.3 mi, around 130 m up.

Stops along the route stage 4

Distance	Name	Facilities
3 km/1.8 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
5 km/3.1 mi	Cesantes	PA, hotel, bar
5.7 km/3.5 mi		PA
8.5 km/5.2 mi	Soutoxuste	Hotel, restaurant, bar, shop
10.5 km/6.5 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
12 km/7.4 mi	Pontesanpaio	Hotel, bar, ATM
12.6-14.6 km/ 7.8-9 mi		Walking through the forest
18.5 km/11.5 mi		A bar, a shop, a chapel where you can stamp your Credential
18.8 km/11.6 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
19-22 km/ 11.8-13.6 mi		Walking on a footpath through the forest
23 km/14.2 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Pontevedra - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Virgen Peregrina	+34 986 844 045	\$

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Bulezen Urban Hostel	book here	\$
Acolá Hostel	book here	\$
Slow City Hostel Pontevedra	book here	\$
Albergue Nacama Hostel Pontevedra EXCLUSIVO PEREGRINOS PILGRIMS	book here	\$
CASA MARUXA pensión	book here	\$\$
PENSIÓN SANTA CLARA	book here	\$\$
Acolá Rooms	book here	\$\$
Hotel Boa Vila	book here	\$\$-\$\$\$
Galicia Palace	book here	\$\$\$

Stage 5. Pontevedra to Armenteira, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 5-6 hours (moving time)
- Ascent – 606 m
- Descent – 358 m
- Walking surface – 9 km/5,5 mi footpath/gravel road, 12 km/7,4 mi asphalt/cobblestones

Highlights

- The historical centre of Pontevedra
- The monastery of Poio
- The [beautiful old town of Combarro](#)
- A pleasant walk through the forest between Combarro and Armenteira
- The Monastery of Armenteira

Challenges

- Several short ascents and descents in the first half of the day between Pontevedra and Combarro.

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- A steep and long ascent, 400 m in the second half of the day from Combarro to Armenteira. After conquering the hill by the end of the day you're quite tired.

Stops along the route stage 5

Distance	Name	Facilities
3 km/1.8 mi	A route split at the bridge in the forest	The right route is the Central Route, and the left route is the Spiritual Variant. If you want to continue on the Spiritual Variant take the left route.
5.5 km/3.4 mi	Cabaleiro	Hotel, restaurant
9 km/5.6 mi	Poio	Hotel, restaurant
11 km/6.8 mi	Combarro	Private Albergue, hotel, supermarket, restaurant, ATM, pharmacy
21 km/13 mi	Armenteira	Municipal Albergue, hotel, restaurant

Armenteira - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Armenteira	+34 619 53 40 87	\$
Albergue Turistico En Armenteira A Fragua do Ferreiro	book here	\$
Albergue Armenteira	book here	\$-\$\$
Albergue CAROI HOSTEL & ROOMS Armenteira	book here	\$-\$\$
Monasterio de Armenteira	info here	\$\$
CARBALLO DE PRADO 1900	book here	\$\$-\$\$\$
Pousada Armenteira	book here	\$\$\$

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Stage 6. Armenteira to Vilanova de Arousa, 23.5 km/14.6 mi

- Distance – 23.6 km/14.6 mi
- Time – 5-6 (moving time)
- Ascent – 170 m
- Descent – 417 m
- Walking surface – 15 km/9.3 mi on a footpath/gravel road; 8 km/5 mi on asphalt, 500 m/0.3 mi on a quiet road

Highlights

- A beautiful walk through the lush green forest along the river with small waterfalls and big boulders
- A quiet walk through a beautiful natural area along the river and between the vineyards
- A walk along the coast of the Atlantic Ocean on the last 3 km/1.8 mi before Vilanova de Arousa

Challenges

- It was a relatively easy walk with no particularly challenging parts besides the downhill walk at the beginning but it wasn't steep, more of a gradual downhill.

Stops along the route stage 6

Distance	Name	Facilities
5 km/3.1 mi		Restaurant
6,5 km/4 mi		Restaurant
10 km/6.2 mi		Restaurant
13 km/8 mi	Ponte Arnelas	Hotel, restaurant, shop, pharmacy
16 km/10 mi		Restaurant

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19,5 km/12 mi		Bar
21-23 km /13-14 mi		A couple of restaurants
23.5 km/14.6 mi	Vilanova de Arousa	Municipal Albergue, hotel, restaurant, bar, pharmacy, ATM

Vilanova de Arousa - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Arousa	+34 619 534 087	\$
Albergue A Corticela	book here	\$
Albergue A Salazon	info here	\$
Hotel Bradomin	book here	\$\$
Guest house SAL E PEDRA	book here	\$\$
Apartamentos AD	book here	\$\$
Arco da Vella apartamentos	book here	\$\$-\$\$\$
Alquileres Delfina (1-bedroom apartment)	book here	\$\$-\$\$\$
Marujita Vilanova	book here	\$\$\$

Stage 7. Vilanova de Arousa to Santiago de Compostela, 27.5 km/17 mi

This stage involves a boat ride. It's an official part of the route. You can buy a boat ticket online or at the office in Vilanova de Arousa. I suggest booking it online in advance to make sure you get a spot on the boat, during the season it fills up quickly.

Two companies offer a boat ride

- [La Barca del Peregrino](#)
- [A Mare Turismo Nautico](#)

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- Distance – 27.5 km/17 mi
- Time – 7 hours (moving time)
- Ascent – 535 m
- Descent – 280 m
- Walking surface – 22.5 km/14 mi – asphalt; 5 km/3.1 mi – footpath/gravel
- Walking on the road – 0.6 km/0.3 mi on a quiet road

Highlights

- The beautiful Galician forest.
- The historical center of Santiago de Compostela.
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

Challenges

- Several ascents in the second half of the stage, the accumulated ascent for the day is over 500 m.

Stops along the route stage 7

Distance	Name	Facilities
28 km/17.3 mi (boat ride)	Pontecesures The start of the walk	Municipal Albergue, hotel, restaurant, bar, shop, pharmacy, ATM
2 km/1.2 mi	Padrón	Municipal Albergue, private Albergues, hotel, restaurant, bar, supermarket, pharmacy, ATM
4-5 km/ 2.4-3.1 mi		Along a busy road
4.2 km/2.6 mi		Restaurant, cafe
4.7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages
7.5 km/4.6 mi		Private Albergue O Logar de Jesus

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8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
10.9 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km /7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/8.9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/10 mi	Pedreira	Private Albergue/cafe
19.5 km /12 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
22.5 km/14 mi		Cafe/souvenir shop
25 km/15.5 mi		A route split both routes go to the Cathedral, one is a bit longer
26 km/16.1 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
27.5 km/17 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$

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Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinario	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)