

Litoral + Central + Spiritual Route from Viana do Castelo

17 km/10.5 mi - Walking stages + Accommodation

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The Litoral Way + Central Route + Spiritual Variant from Viana do Castelo to Santiago de Compostela - 186.5 km/115.8 mi.

Average stage - 17 km/10.5 mi.

Longest stage - 21 km/13 mi.

Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	book here	\$
Villa Margarida	book here	\$
Hotel Jardim Viana do Castelo	book here	\$-\$-\$
HI Viana do Castelo - Pousada de Juventude	book here	\$\$
Rua Grande Hotel	book here	\$\$
Valentim House	book here	\$\$
Alex Point - Guest House	book here	\$\$
Hotel Margarida Da Praça	book here	\$\$
Pensao O Laranjeira	book here	\$\$-\$\$\$
AP Dona Aninhas	book here	\$\$\$

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Stage 1. Viana do Castelo to Carreço, 10 km/6.2 mi

- Distance – 10 km/6.2 mi
- Time – 3 hours (moving time)
- Ascent – 54 m
- Descent – 40 m
- Walking surface – 1 km/0.6 mi – boardwalk; 6 km/3.7 mi – tar road; 1 km/0.6 mi – cobbled; 2 km/1.2 mi – footpath/gravel road.
- Walking along the coast – 8 km/5 mi

Highlights

- A walk along the river in Viana do Castelo.
- Sanctuary of our Lady of the Agony in Viana do Castelo.
- A stunning walk along the coast past several beaches from Viana do Castelo to Carreço.

Challenges

- A short and easy walking day along the coast.

Stops along the route stage 1

Distance	Name	Facilities
0-2.5 km / 5.3-6.8 mi	Viana do Castelo	Along the river
1.5 km/6.2 mi		Santiago da Barra Fortress
1.8 km/6.4 mi		Sanctuary of our Lady of the Agony
2.5 km/6.8 mi		A hotel
2.5-10 km / 6.8-11.5 mi		Walking along the coast
3-3.5 km / 7.1-7.4 mi		A promenade with restaurants

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9 km/10.8 mi		A cafe
10 km/11.5 mi	Carreço	The town itself is about 1 km/0,6 mi away from the Litoral Way, on the Coastal Route. Private albergues, hotels, cafes, restaurants.

Carreço - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Casa do Sardão	book here	\$
Albergue Casa do Adro	book here	\$
Morada do Ultramar	book here	\$\$
Casa do Avô Horácio	book here	\$\$
Casa da Varanda	book here	\$\$-\$\$\$

Stage 2. Carreço to Caminha, 17.5 km/10.8 mi

- Distance – 17.5 km/10.8 mi
- Time – 4-5 hours (moving time)
- Ascent – 86 m
- Descent – 75 m
- Walking surface – 1.5 km/0.9 mi – boardwalk; 11.5 km/7.1 mi – tar road; 1.5 km/0.9 mi – cobbled; 3 km/1.8 mi – footpath/gravel road.
- Walking along the coast – 11.5 km/7.1 mi

Highlights

- An unspoiled beach Praia do Paco with big boulders.
- The walk along the river at Vila Praia de Ancora.
- A spectacular coastal walk from Praia de Ancora to Moledo.
- The historical center of Caminha.

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Challenges

- An easy walking day along the coast. The last day of walking in Portugal. From Caminha the Camino continues in Spain.

Stops along the route stage 2

Distance	Name	Facilities
1 km/0.6 mi		Praia de Paço Beach
1.5-4 km / 0.9-2.4 mi		The Litoral Way goes inland
4-14 km / 2.4-8.6 mi		The route goes along the coast
9 km/5.5 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach
9-10.5 km / 5.5-6.5 mi		Walking along the promenade
10 km/6.2 mi		The routes merge
10-14 km / 6.2-8.6 mi		A stunning coastal walk
14 km/8.6 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
15-17 km / 9.3-10.5 mi		A long stretch along the road
17.5 km/ 10.8 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Caminha - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos de Caminha	+351 914 290 431 alberguedecaminha@caminhosantiagoviana.pt	\$
Bom Caminha - Private Albergue for Pilgrims	book here	\$

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Albergue Santiago de Caminha	book here	\$
Olá Vida - Hostel Caminha	book here	\$-\$\$
House Mariona	book here	\$-\$\$
Muralha de Caminha	book here	\$\$
Litos al alojamiento local	book here	\$\$
Casas Sebastião - Tourist House	book here	\$\$
Arca Nova Guest House	book here	\$\$
Litos al alojamiento local	book here	\$\$-\$\$\$
Design & Wine Hotel	book here	\$\$\$

Stage 3. Caminha to Vila Nova de Cerveira, 14.5 km/9 mi

- Distance – 14.5 km/9 mi
- Time – 5 hours (moving time)
- Ascent – 290 m
- Descent – 225 m
- Walking surface – 11.5 km/7.1 mi – tar road; 3 km/1.8 mi – footpath/gravel road.
- Walking on the road - 1.5 km/0.9 mi

Highlights

- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 7 km/4.3 mi and 9 km/5.5 mi.
- The historical center of Vila Nova de Cerveira.

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17 km/10.5 mi - Walking stages + Accommodation

Challenges

- Several ascents and descents along the route.
- 1.5 km/0.9 mi of walking on a narrow shoulder of the road.

Stops along the route stage 3

Distance	Name	Facilities
2.5 km/1.5 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
5-9 km/3-5.5 mi		On a footpath through the forest
9.3 km/5.7 mi	Gondarem	Hotel
9-15 km/5.5-9.3 mi		Through villages and forest
11 km/6.8 mi		Hotel Boega
14.5 km/9 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy

Vila Nova de Cerveira - Accommodation

Name	Booking info	Price range
Casa Gwendoline - Albergue / Hostel	book here	\$
HI Vila Nova de Cerveira	book here	\$
Pilgrims Rest - Hostel - Albergue	book here	\$
Casa Nossominho	book here	\$\$
Casa Cervo Artes	book here	\$\$-\$\$\$
Quinta de São Roque	book here	\$\$-\$\$\$
Casa do Cais Cerveira	book here	\$\$-\$\$\$

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Stage 4. Vila Nova de Cerveira (Portugal) to Tui (Spain), 17.5 km/10.8 mi

- Distance – 17.5 km/10.8 mi
- Time – 6 hours (moving time)
- Ascent – 235 m
- Descent – 205 m
- Walking surface – 16.5 km/10.2 mi – tar road; 1 km/0.6 mi – footpath/gravel road.
- Walking on the road - 0 km

Highlights

- The historical center of Valença
- Valença Fortress and walls
- The bridge over the Minho River
- The historical center of Tui

Challenges

- A change of time once you cross over the bridge from Portugal to Spain. Spain is 1 hour ahead.

Stops along the route stage 4

Distance	Name	Facilities
1.6 km/1 mi		Hotels
7 km/4.3 mi		A guesthouse
9.6 km/6 mi		Restaurants
10.4 km/6.5 mi	São Pedro da Torre	Cafes, shop, hotel
13.3 km/8.3 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
14.5 km/9 mi	Valença historical center	Municipal Albergue, Private Albergue, hotels, restaurants, cafes, shops, ATMs, pharmacies

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14.5-15.5 km / 9-9.6 mi	Valença Fortress	Hotels, restaurants, bars, shops
15.5 km/9.6 mi	Bridge over the Minho River	Crossing from Portugal to Spain
17.5 km/10.8 mi	Tui (Spain)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies

Tui - Accommodation

Name	Booking info	Price range
Albergue de peregrinos de Tui	+34 649 502 704	\$
Albergue Buen Camino Tui	book here	\$
Albergue Convento Del Camino	book here	\$
Jacob's Hotel TUI	book here	\$
Ideas Peregrinas	book here	\$
Colón Tuy	book here	\$\$
O refugio	book here	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	book here	\$\$
Pension La Corredera	book here	\$\$
El Atico de Villalmar (penthouse apartment)	book here	\$\$\$

Stage 5. Tui to Porriño, 16 km/10 mi

- Distance – 16 km/10 mi
- Time – 4 hours (moving time)
- Ascent – 171 m
- Descent – 185 m
- Walking surface – 13 km/8 mi – asphalt, 3 km/1.8 mi – gravel/footpath
- Walking on the road – 2 km/1.2 mi

Litoral + Central + Spiritual Route from Viana do Castelo

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Highlights

- Walking through the forest at the beginning of the day.

Challenges

- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (if you don't take the alternative route).
- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (if you don't take the alternative route).

Stops along the route stage 5

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/8.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
16 km /10 mi	Porriño	Municipal Albergue, private Albergues, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

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Porriño - Accommodation

Name	Booking info	Price range
Albergue de Peregrinos O Porriño	info here +34 986 335 428	\$
Albergue Senda Sur	book here	\$
Albergue Fonte dos Aloques	book here	\$
Albergue Rincon del Peregrino	book here	\$
Albergue Alojamiento Camino Portugues	book here	\$
Casucho da Peregrina	book here	\$-\$\$ including breakfast
Pension Cando	book here	\$\$
Apartamento Sanjuan	book here	\$\$-\$\$\$
Apartment Nordes	book here	\$\$-\$\$\$
Apartment A Cabana II	book here	\$\$-\$\$\$
Apartment Bretema	book here	\$\$\$

Stage 6. Porriño to Cesantes, 18 km/11.1 mi

- Distance – 18 km/11.1 mi
- Time – 5 hours (moving time)
- Ascent – 283 m
- Descent – 305 m
- Walking surface – 16.5 km/10.3 mi – tar road; 1.5 km/0.9 mi – footpath/gravel road

Highlights

- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

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Challenges

- At 2 km/1.2 there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 5 km/3.1 and 9.5 km/5.9, over 170 m up
- A steep descent between 9.5 km/5.9 and 13 km/8 mi, over 170 m down

Stops along the route stage 6

Distance	Name	Facilities
2.5 km/1.5 mi	Veigadaña	MA, bar
4.3 km/2.6 mi		A vending machine with snacks and drinks
5 km/3.1 mi	Mos	MA, rental apartment, restaurant, bar
9.5 km/5.9 mi		Cafe
10 km/6.2 mi		Bar
11.6 km/7.2 mi	Saxamonde	PA/bar O Corisco
16 km/10 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
18 km/11.1 mi	Cesantes	PA, hotel, bar

Cesantes - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Refuxio de la Jerezana	book here	\$
A Dársena do Francés	book here	\$
Apartamento San Simón	book here	\$-\$
La Cueva	book here	\$\$

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Casa VOL - habitación	book here	\$\$
Alojamiento Casa MINSO	book here	\$\$
Camião da Praia	book here	\$\$\$

Stage 7. Cesantes to Pontevedra, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5 hours (moving time)
- Ascent – 396 m
- Descent – 371 m
- Walking surface – 10.5 km/6.5 mi – tar road; 7.5 km/4.6 mi – footpath/gravel road
- Walking on the road - 0.5 km/0.3 mi

Highlights

- Walking through a beautiful forest throughout the day
- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views
- The historical center of Redondela

Challenges

- A steep ascent (around 140 m) between 3.5 km/2.1 mi and 6.5 km/4 mi
- A steep and short descent (around 100 m) between 6.5 km/4 mi and 8 km/5 mi
- Another steep ascent (around 130 m) between 12 km/7.4 mi and 14 km/8.6 mi

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Stops along the route stage 7

Distance	Name	Facilities
0.7 km/0.4 mi		PA
4.5 km/2.7 mi	Soutoxuste	Hotel, restaurant, bar, shop
5.5 km/3.4 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
7 km/4.3 mi	Pontesanpaio	Hotel, bar, ATM
7.6-9.6 km/ 4.7-5.9 mi		Walking through the forest
13.5 km/8.3 mi		A bar, a shop, a chapel where you can stamp your Credential
13.8 km/8.5 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
14-17 km/ 8.6-10.5 mi		Walking on a footpath through the forest
18 km/11 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Pontevedra - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Virgen Peregrina	+34 986 844 045	\$
Bulezen Urban Hostel	book here	\$
Acolá Hostel	book here	\$
Slow City Hostel Pontevedra	book here	\$
Albergue Nacama Hostel Pontevedra EXCLUSIVO PEREGRINOS PILGRIMS	book here	\$
CASA MARUXA pensión	book here	\$\$
PENSIÓN SANTA CLARA	book here	\$\$

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Acolá Rooms	book here	\$\$
Hotel Boa Vila	book here	\$\$-\$\$\$
Galicia Palace	book here	\$\$\$

Stage 8. Pontevedra to Armenteira, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 5-6 hours (moving time)
- Ascent – 606 m
- Descent – 358 m
- Walking surface – 9 km/5,5 mi footpath/gravel road, 12 km/7,4 mi asphalt/cobblestones

Highlights

- The historical centre of Pontevedra
- The monastery of Poio
- The [beautiful old town of Combarro](#)
- A pleasant walk through the forest between Combarro and Armenteira
- The Monastery of Armenteira

Challenges

- Several short ascents and descents in the first half of the day between Pontevedra and Combarro.
- A steep and long ascent, 400 m in the second half of the day from Combarro to Armenteira. After conquering the hill by the end of the day you're quite tired.

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Stops along the route stage 8

Distance	Name	Facilities
3 km/1.8 mi	A route split at the bridge in the forest	The right route is the Central Route, and the left route is the Spiritual Variant. If you want to continue on the Spiritual Variant take the left route.
5.5 km/3.4 mi	Cabaleiro	Hotel, restaurant
9 km/5.6 mi	Poio	Hotel, restaurant
11 km/6.8 mi	Combarro	Private Albergue, hotel, supermarket, restaurant, ATM, pharmacy
21 km/13 mi	Armenteira	Municipal Albergue, hotel, restaurant

Armenteira - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Armenteira	+34 619 53 40 87	\$
Albergue Turistico En Armenteira A Fragua do Ferreiro	book here	\$
Albergue Armenteira	book here	\$-\$\$
Albergue CAROI HOSTEL & ROOMS Armenteira	book here	\$-\$\$
Monasterio de Armenteira	info here	\$\$
CARBALLO DE PRADO 1900	book here	\$\$-\$\$\$
Pousada Armenteira	book here	\$\$\$

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Stage 9. Armenteira to Vilanova de Arousa, 23.5 km/14.6 mi

You can buy a boat ticket online or at the office in Vilanova de Arousa. I suggest booking it online in advance to make sure you get a spot on the boat, during the season it fills up quickly.

Two companies offer a boat ride

- [La Barca del Peregrino](#)
- [A Mare Turismo Nautico](#)

- Distance – 23,6 km/14,6 mi
- Time – 5-6 (moving time)
- Ascent – 170 m
- Descent – 417 m
- Walking surface – 15 km/9.3 mi on a footpath/gravel road, 8 km/5 mi on asphalt, 500 m/0.3 mi on a quiet road

Highlights

- A beautiful walk through the lush green forest along the river with small waterfalls and big boulders
- A quiet walk through a beautiful natural area along the river and between the vineyards
- A walk along the coast of the Atlantic Ocean on the last 3 km/1.8 mi before Vilanova de Arousa

Challenges

- It was a relatively easy walk with no particularly challenging parts besides the downhill walk at the beginning but it wasn't steep, more of a gradual downhill.

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Stops along the route stage 9

Distance	Name	Facilities
5 km/3.1 mi		Restaurant
6,5 km/4 mi		Restaurant
10 km/6.2 mi		Restaurant
13 km/8 mi	Ponte Arnelas	Hotel, restaurant, shop, pharmacy
16 km/10 mi		Restaurant
19,5 km/12 mi		Bar
21-23 km /13-14 mi		A couple of restaurants
23.5 km/14.6 mi	Vilanova de Arousa	Municipal Albergue, hotel, restaurant, bar, pharmacy, ATM

Vilanova de Arousa - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Arousa	+34 619 534 087	\$
Albergue A Corticela	book here	\$
Albergue A Salazon	info here	\$
Hotel Bradomin	book here	\$\$
Guest house SAL E PEDRA	book here	\$\$
Apartamentos AD	book here	\$\$
Arco da Vella apartamentos	book here	\$\$-\$\$\$
Alquileres Delfina (1-bedroom apartment)	book here	\$\$-\$\$\$
Marujita Vilanova	book here	\$\$\$

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Stage 10. Vilanova de Arousa to Pedreira (Teo), 16.5 km/10.2 mi

- Distance – 16.5 km/10.2 mi
- Time – 4 (moving time)
- Ascent – 170 m
- Descent – 417 m
- Walking surface – 1.5 km/0.9 mi on a footpath/gravel road, 15 km/9.3 mi on tar road/asphalt

Highlights

- A spectacular boat ride from Vilanova de Arousa to Pontecesures
- The historical center of Padron (the Church of Santiago, the Convent of Santo Antonio de Herbon)
- The beautiful Galician forest

Challenges

- Walking next to a busy road between 4 km/2.4 mi and 5 km/3.1 mi

Stops along the route stage 10

Distance	Name	Facilities
28 km/17.3 mi (boat ride)	Pontecesures The start of the walk	Municipal Albergue, hotel, restaurant, bar, shop, pharmacy, ATM
2 km/1.2 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
4-5 km/ 2.4-3.1 mi		Along a busy road
4.2 km/2.6 mi		Restaurant, cafe
4.7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages

Litoral + Central + Spiritual Route from Viana do Castelo

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7.5 km/4.6 mi		Private Albergue O Logar de Jesus
8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
10.9 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km/ 7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/ 10 mi	Pedreira (Teo)	Private Albergue, hotel, cafe

Pedreira (Teo) - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Aldea da Pedreira	book here	\$
Albergue Calm Stay	book here	\$-\$\$
Casa Aurora (3-bedroom house)	book here	\$\$
Casa da Braña (3-bedroom house)	book here	\$\$\$

Stage 11. Pedreira (Teo) to Santiago de Compostela, 11.5 km/7.1 mi

- Distance – 11.5 km/7.1 mi
- Time – 3 hours (moving time)
- Ascent – 410 m
- Descent – 196 m

Litoral + Central + Spiritual Route from Viana do Castelo

17 km/10.5 mi - Walking stages + Accommodation

- Walking surface – 7.5 km/4.6 mi – asphalt; 4 km/2.4 mi – footpath/gravel
- Walking on the road – 600 m/0.3 mi on a quiet road

Highlights

- The historical center of Santiago de Compostela.
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

Challenges

- Several ascents throughout the day.

Stops along the route stage 11

Distance	Name	Facilities
3.5 km/2.1 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
6.5 km/4 mi		Cafe/souvenir shop
9 km/5.6 mi		A route split both routes go to the Cathedral, one is a bit longer
10 km/6.2 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
11.5 km/7.1 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$

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Litoral + Central + Spiritual Route from Viana do Castelo 17 km/10.5 mi - Walking stages + Accommodation

Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinario	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)

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