

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

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## Coastal + Central Route from Viana do Castelo 25+ km/15+ mi - Walking stages + Accommodation

The Coastal + Central Route from Viana do Castelo to  
Santiago de Compostela - 178 km/110 mi

Average stage - 28 km/17.3 mi

Longest stage - 32 km/19.8 mi

### Viana do Castelo - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos São João da Cruz dos Caminhos	+351 258 822 264	\$
Albergue de Santa Luzia	<a href="#">book here</a>	\$
Villa Margarida	<a href="#">book here</a>	\$
Hotel Jardim Viana do Castelo	<a href="#">book here</a>	\$-\$\$
HI Viana do Castelo - Pousada de Juventude	<a href="#">book here</a>	\$\$
Rua Grande Hotel	<a href="#">book here</a>	\$\$
Valentim House	<a href="#">book here</a>	\$\$
Alex Point - Guest House	<a href="#">book here</a>	\$\$
Hotel Margarida Da Praça	<a href="#">book here</a>	\$\$
Pensao O Laranjeira	<a href="#">book here</a>	\$\$-\$\$\$
AP Dona Aninhas	<a href="#">book here</a>	\$\$\$

### Stage 1. Viana do Castelo to Caminha, 28 km/17.3 mi

- Distance – 28 km/17.3 mi

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

- Time – 6-7 hours
- Accumulated ascent – 391 m
- Accumulated descent – 385 m
- Walking surface – 16.5 km/10.2 mi – tar road/asphalt, 8.5 km/5.2 mi – cobblestones, 3 km/1.8 mi – footpath
- Walking along the coast – 4 km/2.4 mi

### Highlights

- Narrow cobbled streets with high stone walls in the first half of the walk.
- 6th-century convent Sao Joao de Cabanas, a 30-minutes walk from Carreço.
- 14 km/8.6 mi – a wonderful cafe in the middle of the forest with outside tables and chairs.
- A beautiful forest in the middle part.
- The historical part of Vila Praia de Âncora.
- The walk along the coast between 20.5 km/12.7 mi and 24.5 km/15.2 mi.
- The historical center of Caminha.

### Challenges

- A long walking day, over 28 km/17,3 mi
- Several ascents and descents
- Walking on hard surfaces (tar roads, cobblestones) for most of the day

### Stops along the route stage 1

Distance	Name	Facilities
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## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

0-4 km/ 0-2.4 mi		The Camino goes through Viana do Castelo and its neighbourhoods
4-10 km / 2.4-6.2 mi		The route goes through small villages and fields
10 km/6.2 mi	Carreço, a small town	PA, guesthouses, restaurants, a shop, a pharmacy
11 km/6.8 mi		PA
12-13 km / 7.4-8 mi		Walking through the forest
14 km/8.6 mi		A cosy cafe in the forest
17 km/10.5 mi	Âncora	A guesthouse, cafes
18 km/11 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach
20.5-24.5 km / 12.7-15.2 mi		Walking along the coast
24.5 km/ 15.2 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
25.5-27.3 km / 15.8-17 mi		A long stretch along the road
28 km/17.3 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

### Caminha - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos de Caminha	+351 914 290 431 <a href="mailto:alberguedecaminha@caminhosantigoviana.pt">alberguedecaminha@caminhosantigoviana.pt</a>	\$
Bom Caminha - Private Albergue for Pilgrims	<a href="#">book here</a>	\$
Albergue Santiago de Caminha	<a href="#">book here</a>	\$
Olá Vida - Hostel Caminha	<a href="#">book here</a>	\$-\$\$

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## Coastal + Central Route from Viana do Castelo 25+ km/15+ mi - Walking stages + Accommodation

House Mariona	<a href="#">book here</a>	\$-\$\$
Muralha de Caminha	<a href="#">book here</a>	\$\$
Litos al alojamento local	<a href="#">book here</a>	\$\$
Casas Sebastião - Tourist House	<a href="#">book here</a>	\$\$
Arca Nova Guest House	<a href="#">book here</a>	\$\$
Litos al alojamento local	<a href="#">book here</a>	\$\$-\$\$\$
Design & Wine Hotel	<a href="#">book here</a>	\$\$\$

### Stage 2. Caminha (Portugal) to Tui (Spain), 32 km/19.8 mi

- Distance – 32 km/19.8 mi
- Time – 7-8 hours
- Ascent – 497 m
- Descent – 455 m
- Walking surface – 4 km/2.4 mi footpath/gravel road; 1.5 km/1 mi road; 26.5 km/16.4 mi asphalt/cobblestones

#### Highlights

- Many beautiful traditional Portuguese churches and chapels. I think I saw more than 10 of them on the way from Caminha to Valença. Every town or village along the route has one.
- A beautiful forest walk between 7 km/4.3 mi – and 9 km/5.5 mi.
- The historical center of Vila Nova de Cerveira.
- Valença Fortress and Old Town.

#### Challenges

- A long walking day, over 30 km/18.6 mi
- Several ascents and descents throughout the day

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

### Stops along the route stage 2

Distance	Name	Facilities
2.5 km/1.5 mi	Seixas	Private Albergue, hotels, cafes, shop, pharmacy
5-9 km/3-5.5 mi		On a footpath through the forest
9.3 km/5.7 mi	Gondarem	Hotel
9-15 km/ 5.5-9.3 mi		Through villages and forest
11 km/6.8 mi		Hotel Boega
14.5 km/9 mi	Vila Nova de Cerveira	Hotels, restaurants, cafes, shops, ATM, pharmacy
16 km/10 mi		Hotels
21.5 km/13.3 mi		A guesthouse
24 km/15 mi		Restaurants
25 km/15.5 mi	São Pedro da Torre	Cafes, shop, hotel
28 km/17.3 mi	Valença outskirts	Cafes, hotels, shops, pharmacies
29 km/18 mi	Valença fortress	Municipal Albergue, Private Albergue, hotels, restaurants, cafes, shops, ATMs, pharmacies
32 km/19.8 mi	Tui (change of time, Spain is 1 hour ahead of Portugal)	MA, PA, hostels, hotels, supermarkets, restaurants, bars, ATMs, pharmacies

### Tui - Accommodation

Name	Booking info	Price range
Albergue de peregrinos de Tui	+34 649 502 704	\$
Albergue Buen Camino Tui	<a href="#">book here</a>	\$
Albergue Convento Del Camino	<a href="#">book here</a>	\$
Jacob's Hotel TUI	<a href="#">book here</a>	\$

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## Coastal + Central Route from Viana do Castelo 25+ km/15+ mi - Walking stages + Accommodation

Ideas Peregrinas	<a href="#">book here</a>	\$
Colón Tuy	<a href="#">book here</a>	\$\$
O refugio	<a href="#">book here</a>	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	<a href="#">book here</a>	\$\$
Pension La Corredera	<a href="#">book here</a>	\$\$
El Atico de Villalmar (penthouse apartment)	<a href="#">book here</a>	\$\$\$

### Stage 3. Tui to Redondela, 31.5 km/19.5 mi

- Distance - 31.5 km/19.5 mi
- Time - 7-8 hours
- Total ascent - 445 m
- Total descent - 477 m
- Walking surface – 27 km/17.3 mi – asphalt, 4.5 km/2.7 mi – gravel/footpath

#### Highlights

- Walking through the forest at the beginning of the day.
- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

#### Challenges

- A long walking day of over 30 km/18.6 mi.
- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (on the main route). So make sure at the split to take the alternative route through the countryside.
- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (on the main route).

## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

- At 18 km/11 mi there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 21 km/13 mi and 25.5 km/15.8 mi, over 170 m up.
- A steep descent between 25.5 km/15.8 mi and 29 km/18 mi, over 170 m down.

#### Stops along the route stage 3

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/4.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
15-17 km / 9.3-10.5 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
19.5 km/12 mi	Veigadaña	MA, bar
21.3 km/13.2 mi		A vending machine with snacks and drinks
22 km/13.6 mi	Mos	MA, rental apartment, restaurant, bar
26.5 km/16.4 mi		Cafe
27 km/16.7 mi		Bar

## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

28.6 km/17.7 mi	Saxamonde	PA/bar O Corisco
31.5 km/19.5 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

### Redondela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Casa da Torre	+34 618 338 045	\$
Santiago de Vilavella	<a href="#">book here</a>	\$
Albergue Parroquial Santiago Apostol de Redondela	<a href="#">book here</a>	\$
Alfonso XII	<a href="#">book here</a>	\$
Pilgrim Rooms	<a href="#">book here</a>	\$-\$-\$
La Casa de la Abuela Boticaria	<a href="#">book here</a>	\$\$
Anabel Home	<a href="#">book here</a>	\$\$
A Casa da Herba	<a href="#">book here</a>	\$\$
As Mimosas d'Cross Apartment	<a href="#">book here</a>	\$\$-\$\$\$

## Stage 4. Redondela to A Portela, 29.5 km/18.3 mi

- Distance - 29.5 km/18.3 mi
- Time - 7-8 hours
- Total ascent - 567 m
- Total descent - 408 m
- Walking surface – 19 km/11.8 mi – tar road/asphalt, 10.5 km/6.5 mi – gravel/footpath

### Highlights

- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views.
- The historical center of Pontevedra.

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## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

- A beautiful forest in the last part of the day.

#### Challenges

- A steep ascent between 1.7 km/1 mi and 4.7 km/2.9 mi, around 140 m up.
- A steep and short descent between 4.7 km/2.9 mi and 6 km/3.7 mi, around 100 m down.
- Another steep ascent between 10 km/6.2mi and 12 km/7.4 mi, around 130 m up.
- No places to stop for food or water in the last 9 km/5.5 mi from Pontevedra to A Portela.

#### Stops along the route stage 4

Distance	Name	Facilities
2 km/1.2 mi	Cesantes	PA, hotel, bar
2.7 km/1.6 mi		PA
6.5 km/4 mi	Soutoxuste	Hotel, restaurant, bar, shop
7.5 km/4.6 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
9 km/5.5 mi	Pontesanpaio	Hotel, bar, ATM
9.6-11.6 km/ 6-7.2 mi		Walking through the forest
15.5 km/9.6 mi		A bar, a shop, a chapel where you can stamp your Credential
15.8 km/9.8 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
16-19 km/ 10-11.8 mi		Walking on a footpath through the forest
20 km/12.4 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

20-21.4 km/ 12.4-13.2 mi	Pontevedra	Cafes, restaurants, shops, hotels, ATMs
23 km/14.2 mi	The route splits	The optional route of the Portuguese Camino - <a href="#">the Spiritual Variant</a>
29 km/18 mi	A Portela	Cafe Pousada Peregrino
29.5 km/18.3 mi	A Portela	Private Albergue

#### A Portela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue A Portela - Barro	+34 655 952 805	\$

### Stage 5. A Portela to Pontecesures, 28 km/17.3 mi

- Distance - 28 km/17.3 mi
- Time - 7 hours
- Total ascent - 306 m
- Total descent - 321 m
- Walking surface – 18 km/11.1 mi – tar road/asphalt, 10 km/6.2 mi – gravel/footpath

#### Highlights

- The charming historical center of Caldas de Reis.
- The picturesque Galician forest with small waterfalls, rivers, and rest areas.
- A beautiful church at 16 km/10 mi

#### Challenges

- No particular challenges except for the relatively long distance.

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

### Stops along the route stage 5

Distance	Name	Facilities
0-1.5 km/ 0-0.9 mi		Walking next to the road on a footpath
2 km/1.2 mi		A vending machine, a bar
5.5 km/3.4 mi		A couple of cafes
7 km/4.3 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
8.5 km/5.2 mi		Cafe
10 km/6.2 mi	Tivo	Private Albergue/bar Vintecatro
11.5 km/7.1 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants, cafes, ATMs, pharmacies
13.5-16.7 km/ 8.3-10.3 mi		Walking through the forest
16 km/10 mi		A 40-kilometers to Santiago sign
17 km/10.5 mi	O Cruceiro	Bar, guesthouse
17.3 km/10.7 mi		Church of Santa Mariña de Carracedo
18.7 km/11.6 mi		Cafe
20 km/12.4 mi		Bar
21 km/13 mi	O Pino	Municipal Albergue
21,3 km/13.2 mi		A rest area in the forest
21.5-23 km / 13.3-14.2 mi		Walking through the forest
23.5 km/14.6 mi	San Miguel de Valga	Cafe, restaurant
26 km/16 mi		Rest area
27 km/16.7 mi		A water fountain
27.2 km/16.9 mi		A coffee stall

## Coastal + Central Route from Viana do Castelo 25+ km/15+ mi - Walking stages + Accommodation

28 km/17.3 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies
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### Pontecesures - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de peregrinos de Pontecesures	+34 699 832 730	\$
Casa do Horreo	<a href="#">book here</a>	\$-\$-\$
Cesuresrooms2	<a href="#">book here</a>	\$\$
ECOROOMS STUDIOS	<a href="#">book here</a>	\$\$-\$\$\$
A Casa Antiga do Monte Apartamentos Turísticos (2-bedroom apartment)	<a href="#">book here</a>	\$\$\$

## Stage 6. Pontecesures to Santiago de Compostela, 27.5 km/17 mi

- Distance – 27.5 km/17 mi
- Time – 7 hours (moving time)
- Ascent – 535 m
- Descent – 280 m
- Walking surface – 22.5 km/14 mi – asphalt; 5 km/3.1 mi – footpath/gravel
- Walking on the road – 0.6 km/0.3 mi on a quiet road

### Highlights

- The beautiful Galician forest.
- The historical center of Santiago de Compostela.
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

# Coastal + Central Route from Viana do Castelo

## 25+ km/15+ mi - Walking stages + Accommodation

### Challenges

- Several ascents in the second half of the stage, the accumulated ascent for the day is over 500 m.

### Stops along the route stage 6

Distance	Name	Facilities
2 km/1.2 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes ATMs, pharmacies
4-5 km/ 2.4-3.1 mi		Along a busy road
4,2 km/2.6 mi		Restaurant, cafe
4,7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages
7.5 km/4.6 mi		Private Albergue O Logar de Jesus
8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
10.8 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km/ 7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/10 mi	Pedreira	Private Albergue/cafe
19.6 km/12.1 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
22.5 km/13.9 mi		Cafe/souvenir shop

## Coastal + Central Route from Viana do Castelo

### 25+ km/15+ mi - Walking stages + Accommodation

25 km/15.5 mi		A route split both routes go to the Cathedral, one is a bit longer
26 km/16.1 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
27.5 km /17 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

### Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	<a href="#">book here</a>	\$
Dream in Santiago	<a href="#">book here</a>	\$
Albergue O Fogar de Teodomiro	<a href="#">book here</a>	\$
Albergue Porta Real	<a href="#">book here</a>	\$
Albergue The Last Stamp	<a href="#">book here</a>	\$
Santiago KM-0	<a href="#">book here</a>	\$
Hostal San Pelayo	<a href="#">book here</a>	\$\$
Hotel A Tafona do Peregrino	<a href="#">book here</a>	\$\$
Hotel Alda Avenida	<a href="#">book here</a>	\$\$
Pensión Residencia Fornos	<a href="#">book here</a>	\$\$
Pensión Residencia Fonseca	<a href="#">book here</a>	\$\$-\$\$\$
Hospedaria San Martin Pinario	<a href="#">book here</a>	\$\$-\$\$\$
Parador Hostal Reis Catolicos	<a href="#">book here</a>	\$\$\$

### Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)

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3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

### Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
  - [Best shoes to walk the Camino](#)
  - [Best backpacks for the Camino](#)
  - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)