

Central Route from Tui

25+km/15+mi - Walking stages + Accommodation

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The Central Route from Tui to Santiago de Compostela -
117 km/72.7 mi.

Average stage - 28 km/17.3 mi.

Longest stage - 31.5 km/19.5 mi.

Tui - Accommodation

Name	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos de Tui	+34 649 502 704	\$
Albergue Buen Camino Tui	book here	\$
Albergue Convento Del Camino	book here	\$
Jacob's Hotel TUI	book here	\$
Ideas Peregrinas	book here	\$
Colón Tuy	book here	\$\$
O refugio	book here	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	book here	\$\$
Pension La Corredera	book here	\$\$
El Atico de Villalmar (penthouse apartment)	book here	\$\$\$

Stage 1. Tui to Redondela, 31.5 km/19.5 mi

- Distance - 31.5 km/19.5 mi
- Time - 7-8 hours
- Total ascent - 445 m
- Total descent - 477 m

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- Walking surface – 27 km/17.3 mi – asphalt, 4.5 km/2.7 mi – gravel/footpath

Highlights

- Walking through the forest at the beginning of the day.
- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

Challenges

- A long walking day of over 30 km/18.6 mi.
- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (on the main route). So make sure at the split to take the alternative route through the countryside.
- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (on the main route).
- At 18 km/11 mi there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 21 km/13 mi and 25.5 km/15.8 mi, over 170 m up
- A steep descent between 25.5 km/15.8 mi and 29 km/18 mi, over 170 m down.

Stops along the route stage 1

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the

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		industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/4.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
15-17 km / 9.3-10.5 mi	Porriño	MA*, PA**, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
19.5 km/12 mi	Veigadaña	MA, bar
21.3 km/13.2 mi		A vending machine with snacks and drinks
22 km/13.6 mi	Mos	MA, rental apartment, restaurant, bar
26.5 km/16.4 mi		Cafe
27 km/16.7 mi		Bar
28.6 km/17.7 mi	Saxamonde	PA/bar O Corisco
31.5 km/19.5 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Redondela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Casa da Torre	+34 618 338 045	\$
Santiago de Vilavella	book here	\$

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Albergue Parroquial Santiago Apostol de Redondela	book here	\$
Alfonso XII	book here	\$
Pilgrim Rooms	book here	\$-\$\$
La Casa de la Abuela Boticaria	book here	\$\$
Anabel Home	book here	\$\$
A Casa da Herba	book here	\$\$
As Mimosas d'Cross Apartment	book here	\$\$-\$\$\$

Stage 2. Redondela to A Portela, 29.5 km/18.3 mi

- Distance - 29.5 km/18.3 mi
- Time - 7-8 hours
- Total ascent - 567 m
- Total descent - 408 m
- Walking surface – 19 km/11.8 mi – tar road/asphalt, 10.5 km/6.5 mi – gravel/footpath

Highlights

- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views.
- The historical center of Pontevedra.
- A beautiful forest in the last part of the day.

Challenges

- A steep ascent between 1.7 km/1 mi and 4.7 km/2.9 mi, around 140 m up.
- A steep and short descent between 4.7 km/2.9 mi and 6 km/3.7 mi, around 100 m down.
- Another steep ascent between 10 km/6.2mi and 12 km/7.4 mi, around 130 m up.

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- No places to stop for food or water in the last 9 km/5.5 mi from Pontevedra to A Portela.

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Stops along the route stage 2

Distance	Name	Facilities
2 km/1.2 mi	Cesantes	PA, hotel, bar
2.7 km/1.6 mi		PA
6.5 km/4 mi	Soutoxuste	Hotel, restaurant, bar, shop
7.5 km/4.6 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
9 km/5.5 mi	Pontesanpaio	Hotel, bar, ATM
9.6-11.6 km/ 6-7.2 mi		Walking through the forest
15.5 km/9.6 mi		A bar, a shop, a chapel where you can stamp your Credential
15.8 km/9.8 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
16-19 km/ 10-11.8 mi		Walking on a footpath through the forest
20 km/12.4 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
20-21.4 km/ 12.4-13.2 mi	Pontevedra	Cafes, restaurants, shops, hotels, ATMs
23 km/14.2 mi	The route splits	The optional route of the Portuguese Camino - the Spiritual Variant
29 km/18 mi	A Portela	Cafe Pousada Peregrino
29.5 km/18.3 mi	A Portela	Private Albergue

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A Portela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue A Portela - Barro	+34 655 952 805	\$

Stage 3. A Portela to Pontecesures, 28 km/17.3 mi

- Distance - 28 km/17.3 mi
- Time - 7 hours
- Total ascent - 306 m
- Total descent - 321 m
- Walking surface – 18 km/11.1 mi – tar road/asphalt, 10 km/6.2 mi – gravel/footpath

Highlights

- The charming historical center of Caldas de Reis.
- The picturesque Galician forest with small waterfalls, rivers, and rest areas.
- A beautiful church at 16 km/10 mi

Challenges

- No particular challenges except for the relatively long distance.

Stops along the route stage 3

Distance	Name	Facilities
0-1.5 km/ 0-0.9 mi		Walking next to the road on a footpath
2 km/1.2 mi		A vending machine, a bar

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5.5 km/3.4 mi		A couple of cafes
7 km/4.3 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
8.5 km/5.2 mi		Cafe
10 km/6.2 mi	Tivo	Private Albergue/bar Vintecatro
11.5 km/7.1 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants, cafes, ATMs, pharmacies
13.5-16.7 km/ 8.3-10.3 mi		Walking through the forest
16 km/10 mi		A 40-kilometers to Santiago sign
17 km/10.5 mi	O Cruceiro	Bar, guesthouse
17.3 km/10.7 mi		Church of Santa Mariña de Carracedo
18.7 km/11.6 mi		Cafe
20 km/12.4 mi		Bar
21 km/13 mi	O Pino	Municipal Albergue
21,3 km/13.2 mi		A rest area in the forest
21.5-23 km / 13.3-14.2 mi		Walking through the forest
23.5 km/14.6 mi	San Miguel de Valga	Cafe, restaurant
26 km/16 mi		Rest area
27 km/16.7 mi		A water fountain
27.2 km/16.9 mi		A coffee stall
28 km/17.3 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies

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Pontecesures - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de peregrinos de Pontecesures	+34 699 832 730	\$
Casa do Horreo	book here	\$-\$\$
Cesuresrooms2	book here	\$\$
ECOROOMS STUDIOS	book here	\$\$-\$\$\$
A Casa Antiga do Monte Apartamentos Turísticos (2-bedroom apartment)	book here	\$\$\$

Stage 4. Pontecesures to Santiago de Compostela, 27.5 km/17 mi

- Distance – 27.5 km/17 mi
- Time – 7 hours (moving time)
- Ascent – 535 m
- Descent – 280 m
- Walking surface – 22.5 km/14 mi – asphalt; 5 km/3.1 mi – footpath/gravel
- Walking on the road – 0.6 km/0.3 mi on a quiet road

Highlights

- The beautiful Galician forest.
- The historical center of Santiago de Compostela.
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

Challenges

- Several ascents in the second half of the stage, the accumulated ascent for the day is over 500 m.

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Stops along the route stage 4

Distance	Name	Facilities
2 km/1.2 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes ATMs, pharmacies
4-5 km/ 2.4-3.1 mi		Along a busy road
4,2 km/2.6 mi		Restaurant, cafe
4,7 km/2.9 mi		Hotel, restaurant
5-6 km/ 3.1-3.7 mi		Walking through villages
7.5 km/4.6 mi		Private Albergue O Logar de Jesus
8.2 km/5 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
10.8 km/6.7 mi		A rest area
11 km/6.8 mi	Areal	Guesthouse
11.5 km/7.1 mi	Picaraña	Several hotels and restaurants along the route
12-13 km/ 7.4-8 mi		Walking through the forest
13 km/8 mi	O Faramello	MA, PA, restaurant, bar
14.4 km/9 mi	Teo	Hotel/restaurant
15.8 km/9.8 mi		Cafe/shop
16.2 km/10 mi	Pedreira	Private Albergue/cafe
19.6 km/12.1 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
22.5 km/13.9 mi		Cafe/souvenir shop
25 km/15.5 mi		A route split both routes go to the Cathedral, one is a bit longer

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26 km/16.1 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
27.5 km /17 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinario	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

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Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)