

# Central Route from Tui

## 17 km/10.5 mi - Walking stages + Accommodation

Tui - Accommodation	2
<b>Stage 1. Tui to Porriño, 16 km/10 mi</b>	<b>2</b>
Porriño - Accommodation	4
<b>Stage 2. Porriño to Cesantes, 18 km/11.1 mi</b>	<b>4</b>
Cesantes - Accommodation	5
<b>Stage 3. Cesantes to Pontevedra, 18 km/11 mi</b>	<b>6</b>
Pontevedra - Accommodation	7
<b>Stage 4. Pontevedra to Caldas de Reis, 21 km/13 mi</b>	<b>8</b>
Caldas de Reis - Accommodation	9
<b>Stage 5. Caldas de Reis to Padron, 18.5 km/11.5 mi</b>	<b>10</b>
Padron - Accommodation	12
<b>Stage 6. Padron to O Milladoiro, 17.6 km/10.9 mi</b>	<b>12</b>
O Milladoiro - Accommodation	14
<b>Stage 7. O Milladoiro to Santiago de Compostela, 8 km/5 mi</b>	<b>14</b>
Santiago de Compostela - Accommodation	15
Santiago de Compostela tours and activities	16
<b>Portuguese Camino planning resources</b>	<b>16</b>

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

**The Central Route from Tui to Santiago de Compostela - 117 km/72.7 mi**

**Average stage - 17 km/10.5 mi**

**Longest stage - 21 km/13 mi**

#### Tui - Accommodation

Name	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Albergue de peregrinos de Tui	+34 649 502 704	\$
Albergue Buen Camino Tui	<a href="#">book here</a>	\$
Albergue Convento Del Camino	<a href="#">book here</a>	\$
Jacob's Hotel TUI	<a href="#">book here</a>	\$
Ideas Peregrinas	<a href="#">book here</a>	\$
Colón Tuy	<a href="#">book here</a>	\$\$
O refugio	<a href="#">book here</a>	\$\$
La Buhardilla de Tuy (1-bedroom apartment)	<a href="#">book here</a>	\$\$
Pension La Corredera	<a href="#">book here</a>	\$\$
El Atico de Villalmar (penthouse apartment)	<a href="#">book here</a>	\$\$\$

### Stage 1. Tui to Porriño, 16 km/10 mi

- Distance – 16 km/10 mi
- Time – 4 hours (moving time)
- Ascent – 171 m
- Descent – 185 m
- Walking surface – 13 km/8 mi – asphalt, 3 km/1.8 mi – gravel/footpath
- Walking on the road – 2 km/1.2 mi

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

# Central Route from Tui

## 17 km/10.5 mi - Walking stages + Accommodation

### Highlights

- Walking through the forest at the beginning of the day.

### Challenges

- Walking through a large industrial area with many factories between 9.5 km/5.9 mi and 13.5 km/8.3 mi (if you don't take the alternative route).
- Walking next to a busy road between 13.5 km/8.3 mi and 15.5 km/9.6 mi (if you don't take the alternative route).

### Stops along the route stage 1

Distance	Name	Facilities
7 km/4.3 mi	Ribadelouru	Guesthouse, cafe
8.7 km/5.4 mi	A route split	Take the alternative route which goes through the nature area, the main route goes through the industrial area. The distance on both routes is more or less the same
9.2 km/5.7 mi	On the main route just after the split	Albergue Casa Alternativo
9.5-13.5 km / 5.9-8.3 mi	On the main route	A large industrial area
13.5 km/8.3 mi	On the main route	Restaurant
13.5-15.5 km / 8.3-9.6 mi	On the main route	Walking next to a busy road
14.5 km/9 mi	On the main route	Restaurant, bar
16 km /10 mi	Porriño	Municipal Albergue, private Albergues, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Porriño - Accommodation

Name	Booking info	Price range
Albergue de Peregrinos O Porriño	<a href="#">info here</a> +34 986 335 428	\$
Albergue Senda Sur	<a href="#">book here</a>	\$
Albergue Fonte dos Aloques	<a href="#">book here</a>	\$
Albergue Rincon del Peregrino	<a href="#">book here</a>	\$
Albergue Alojamiento Camino Portugues	<a href="#">book here</a>	\$
Casucho da Peregrina	<a href="#">book here</a>	\$\$-\$\$ including breakfast
Pension Cando	<a href="#">book here</a>	\$\$
Apartamento Sanjuan	<a href="#">book here</a>	\$\$-\$\$\$\$
Apartment Nordes	<a href="#">book here</a>	\$\$-\$\$\$\$
Apartment A Cabana II	<a href="#">book here</a>	\$\$-\$\$\$\$
Apartment Bretema	<a href="#">book here</a>	\$\$\$

### Stage 2. Porriño to Cesantes, 18 km/11.1 mi

- Distance – 18 km/11.1 mi
- Time – 5 hours (moving time)
- Ascent – 283 m
- Descent – 305 m
- Walking surface – 16.5 km/10.3 mi – tar road; 1.5 km/0.9 mi – footpath/gravel road

#### Highlights

- The picturesque town of Mos.
- Walking through the forest in the last part of the day.
- The historical center of Redondela.

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Challenges

- At 2 km/1.2 there is a dangerous road crossing. It's a busy road with no traffic light or pedestrian crossing. You have to run across the road.
- A steep ascent between 5 km/3.1 and 9.5 km/5.9, over 170 m up
- A steep descent between 9.5 km/5.9 and 13 km/8 mi, over 170 m down

#### Stops along the route stage 2

Distance	Name	Facilities
2.5 km/1.5 mi	Veigadaña	MA, bar
4.3 km/2.6 mi		A vending machine with snacks and drinks
5 km/3.1 mi	Mos	MA, rental apartment, restaurant, bar
9.5 km/5.9 mi		Cafe
10 km/6.2 mi		Bar
11.6 km/7.2 mi	Saxamonde	PA/bar O Corisco
16 km/10 mi	Redondela	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy
18 km/11.1 mi	Cesantes	PA, hotel, bar

#### Cesantes - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Refuxio de la Jerezana	<a href="#">book here</a>	\$
A Dársena do Francés	<a href="#">book here</a>	\$
Apartamento San Simón	<a href="#">book here</a>	\$-\$

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

La Cueva	<a href="#">book here</a>	\$\$
Casa VOL - habitación	<a href="#">book here</a>	\$\$
Alojamiento Casa MINSO	<a href="#">book here</a>	\$\$
Camiño da Praia	<a href="#">book here</a>	\$\$\$

### Stage 3. Cesantes to Pontevedra, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5 hours (moving time)
- Ascent – 396 m
- Descent – 371 m
- Walking surface – 10.5 km/6.5 mi – tar road; 7.5 km/4.6 mi – footpath/gravel road
- Walking on the road - 0.5 km/0.3 mi

#### Highlights

- Walking through a beautiful forest throughout the day
- The Medieval Bridge de Pontesanpaio over the River Verdugo with spectacular views
- The historical center of Redondela

#### Challenges

- A steep ascent (around 140 m) between 3.5 km/2.1 mi and 6.5 km/4 mi
- A steep and short descent (around 100 m) between 6.5 km/4 mi and 8 km/5 mi
- Another steep ascent (around 130 m) between 12 km/7.4 mi and 14 km/8.6 mi

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Stops along the route stage 3

Distance	Name	Facilities
0.7 km/0.4 mi		PA
4.5 km/2.7 mi	Soutoxuste	Hotel, restaurant, bar, shop
5.5 km/3.4 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
7 km/4.3 mi	Pontesanpaio	Hotel, bar, ATM
7.6-9.6 km/ 4.7-5.9 mi		Walking through the forest
13.5 km/8.3 mi		A bar, a shop, a chapel where you can stamp your Credential
13.8 km/8.5 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
14-17 km/ 8.6-10.5 mi		Walking on a footpath through the forest
18 km/11 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

#### Pontevedra - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Peregrinos Virgen Peregrina	+34 986 844 045	\$
Bulezen Urban Hostel	<a href="#">book here</a>	\$
Acolá Hostel	<a href="#">book here</a>	\$
Slow City Hostel Pontevedra	<a href="#">book here</a>	\$
Albergue Nacama Hostel Pontevedra EXCLUSIVO PEREGRINOS PILGRIMS	<a href="#">book here</a>	\$
CASA MARUXA pensión	<a href="#">book here</a>	\$\$

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

PENSIÓN SANTA CLARA	<a href="#">book here</a>	\$\$
Acolá Rooms	<a href="#">book here</a>	\$\$
Hotel Boa Vila	<a href="#">book here</a>	\$\$-\$\$\$
Galicia Palace	<a href="#">book here</a>	\$\$\$

## Stage 4. Pontevedra to Caldas de Reis, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 4-5 hours (moving time)
- Ascent – 275 m
- Descent – 270 m
- Walking surface – 12 km/7,4 mi – asphalt, 9 km/5,6 mi – footpath/gravel
- Walking on the road – 0 km, 1 km on a footpath along the road

### Highlights

- The beautiful forest between 6 and 9 km and between 16 km and 19 km
- The charming historical center of Caldas de Reis

### Challenges

- No places to stop for food/coffee for the first 9 km
- 12 km/7,4 mi walking on tar (asphalt)

### Stops along the route stage 4

Distance	Name	Facilities
0-1.4 km /	Pontevedra	Cafes, restaurants, shops, hotels, ATMs

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

0-0.8 mi		
3 km/1.8 mi	The route splits	The optional route of the Portuguese Camino - <a href="#">the Spiritual Variant</a>
9 km/5.5 mi	A Portela	Cafe Pousada Peregrino
9.5 km/5.9 mi	A Portela	Private Albergue
9.5-10.5 km/ 5.9-6.5 mi		Walking next to the road on a footpath
11.5 km/7.1 mi		A vending machine, a bar
15 km/9.3 mi		A couple of cafes
16.5 km/ 10.2 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
18 km/11 mi		Cafe
19.5 km/12 mi	Tivo	Private Albergue/bar Vintecatro
21 km/13 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants, cafes, ATMs, pharmacies

### Caldas de Reis - Accommodation

Name	Booking info	Price range
ALBERGUE de Caldas de Reis URRACA	<a href="#">book here</a>	\$
ALBERGUE A QUEIMADA Exclusivo Peregrinos	<a href="#">book here</a>	\$
Albergue GBC Caldas	<a href="#">book here</a>	\$
Albergue Agarimo	<a href="#">book here</a>	\$
Albergue As Pozas Termas	<a href="#">book here</a>	\$
Pensión A Fonte	<a href="#">book here</a>	\$\$-\$
Pensión Atenea & Via Romana	<a href="#">book here</a>	\$\$-\$

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

Martínez Rooms Pilgrims	<a href="#">book here</a>	\$-\$\$
Pensión Río Umia	<a href="#">book here</a>	\$\$
Pension As Burgas li	<a href="#">book here</a>	\$\$
TERRA DE AUGAS II (2-bedroom apartment)	<a href="#">book here</a>	\$\$
HOTEL LOTUS	<a href="#">book here</a>	\$\$-\$\$\$
Casa Herreria	<a href="#">book here</a>	\$\$-\$\$\$

### Stage 5. Caldas de Reis to Padron, 18.5 km/11.5 mi

- Distance – 18,5 km/11,5 mi
- Time – 4-5 hours (moving time)
- Ascent – 283 m
- Descent – 296 m
- Walking surface – 11 km/6,8 mi – asphalt, 7,5 km/4,6 mi – footpath/gravel
- Walking on the road – 0 km

#### Highlights

- The picturesque Galician forest with small waterfalls, rivers, and rest areas.
- A beautiful church at 5,8 km/3,6 mi
- The historical center of Padron

#### Challenges

- An easy walking day on the Camino.

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Stops along the route stage 5

Distance	Name	Facilities
2-5.2 km / 1.2-3.2 mi		Walking through the forest
5 km/3.1 mi		A 40-kilometers to Santiago sign
5.4 km/3.3 mi	O Cruceiro	Bar, guesthouse
5.8 km/3.6 mi		Church of Santa Mariña de Carracedo
7.2 km/4.4 mi		Cafe
8.5 km/5.2 mi		Bar
9.6 km/5.9 mi	O Pino	Municipal Albergue
9.8 km/6 mi		A rest area in the forest
10-11.5 km / 6.2-7.1 mi		Walking through the forest
12 km/7.4 mi	San Miguel de Valga	Cafe, restaurant
14.6 km/9 mi		Rest area
15.5 km/9.6 mi		A water fountain
15.6 km/9.6 mi		A coffee stall
16.5 km/ 10.2 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies
18.5 km/11.5 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Padron - Accommodation

Hotel/albergue	Booking info	Price range
Municipal Albergue de Padron	<a href="#">info here</a> +34 673 656 173	\$
Albergue and rooms Murgadan	<a href="#">book here</a>	\$
Albergue con encanto d'camino	<a href="#">book here</a>	\$
Albergue and rooms O Pedron	<a href="#">book here</a>	\$
Albergue Camino do Sar	<a href="#">book here</a>	\$
Albergue Corredoiras	<a href="#">book here</a>	\$
Ecorooms Padron	<a href="#">book here</a>	\$\$
Primavera	<a href="#">book here</a>	\$\$
Sleep Padrón	<a href="#">book here</a>	\$\$
Arteleira2 Rooms Apartment	<a href="#">book here</a>	\$\$
Hotel Pazo de Lestrove	<a href="#">book here</a>	\$\$\$

### Stage 6. Padron to O Milladoiro, 17.6 km/10.9 mi

- Distance – 17.6 km/10.9 mi
- Time – 5 (moving time)
- Ascent – 136 m
- Descent – 90 m
- Walking surface – 2 km/1.2 mi on a footpath/gravel road; 15.6 km/9.6 mi on asphalt.

#### Highlights

- The beautiful Galician forest

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Challenges

- Walking next to a busy road between 2 km/1.2 mi and 3 km/1.8 mi

#### Stops along the route stage 6

Distance	Name	Facilities
2-3 km / 1.2-1.8 mi		Along a busy road
2.2 km/1.3 mi		Restaurant, cafe
2.7 km/1.6 mi		Hotel, restaurant
3-4 km / 1.8-2.4 mi		Walking through villages
5.5 km/3.4 mi		Private Albergue O Logar de Jesus
6.2 km/3.8 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
8.9 km/5.5 mi		A rest area
9 km/5.5 mi	Areal	Guesthouse
9.5 km/5.9 mi	Picaraña	Several hotels and restaurants along the route
10-11 km / 6.2-6.8 mi		Walking through the forest
11 km/6.8 mi	O Faramello	MA, PA, restaurant, bar
12.4 km/7.7 mi	Teo	Hotel/restaurant
13.8 km/8.5 mi		Cafe/shop
14.2 km/8.8 mi	Pedreira	Private Albergue/cafe
17.6 km /10.9 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### O Milladoiro - Accommodation

Name	Booking info	Price range
Albergue Milladoiro	<a href="#">book here</a>	\$
Pension O Camino Milladoiro	<a href="#">book here</a>	\$\$
B&B HOTEL Santiago Milladoiro	<a href="#">book here</a>	\$\$
Hotel Payro	<a href="#">book here</a>	\$\$
Alojamiento Santa Maria II	<a href="#">book here</a>	\$\$
Apartamento En Camino	<a href="#">book here</a>	\$\$-\$\$\$
Casa Rural as Bentina	<a href="#">book here</a>	\$\$-\$\$\$

### Stage 7. O Milladoiro to Santiago de Compostela, 8 km/5 mi

- Distance – 8 km/5 mi
- Time – 2 hours (moving time)
- Ascent – 390 m
- Descent – 166 m
- Walking surface – 5 km/3.1 mi – asphalt, 3 km/1.8 mi – footpath/gravel
- Walking on the road – 600 m on a quiet road

#### Highlights

- The historical center of Santiago de Compostela.
- Arriving at Obradoiro Square and seeing the Cathedral and hundreds of other pilgrims.

#### Challenges

- Several ascents throughout the day.

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

#### Stops along the route stage 7

Distance	Name	Facilities
3 km/1.8 mi		Cafe/souvenir shop
5.5 km/3.4 mi		A route split both routes go to the Cathedral, one is a bit longer
6.5 km/4 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
8 km/5 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese

#### Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	<a href="#">book here</a>	\$
Dream in Santiago	<a href="#">book here</a>	\$
Albergue O Fogar de Teodomiro	<a href="#">book here</a>	\$
Albergue Porta Real	<a href="#">book here</a>	\$
Albergue The Last Stamp	<a href="#">book here</a>	\$
Santiago KM-0	<a href="#">book here</a>	\$
Hostal San Pelayo	<a href="#">book here</a>	\$\$
Hotel A Tafona do Peregrino	<a href="#">book here</a>	\$\$
Hotel Alda Avenida	<a href="#">book here</a>	\$\$
Pensión Residencia Fornos	<a href="#">book here</a>	\$\$
Pensión Residencia Fonseca	<a href="#">book here</a>	\$\$-\$\$\$

Stingy Nomads - Travel Blog <https://stingynomads.com/central-route-portuguese-camino/>

Copyright © 2025 stingynomads.com. All rights reserved

## Central Route from Tui

### 17 km/10.5 mi - Walking stages + Accommodation

Hospedaria San Martin Pinarrio	<a href="#">book here</a>	\$\$-\$\$\$
Parador Hostal Reis Catolicos	<a href="#">book here</a>	\$\$\$

### Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)
3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)

### Portuguese Camino planning resources

- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Portuguese Camino de Santiago?](#)
  - [Best shoes to walk the Camino](#)
  - [Best backpacks for the Camino](#)
  - [Best sock for walking](#)
- [Portuguese Camino routes - explained.](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)