

Camino Francés from Sarria

20-25 km/12.4-15.5 mi Walking stages + Accommodation

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Camino Frances planning resources

- [Camino Frances from Sarria - a detailed guide](#)
- [14 tips for planning and walking the Camino de Santiago](#)
- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)
- [The cost of walking the Camino de Santiago](#)

Camino Frances from Sarria route overview

- **Total distance** – 116 km/72 mi
- **Average daily distance** - 20-25 km/12.4-15.5 mi
- **Days required** – 5 days
- **Walking surface** – 45 km/28 mi asphalt, 71 km/44 mi footpath/gravel road
- **Total ascent (over 5 days)** – 2373 m
- **Total descent (over 5 days)** – 2587 m

Camino Francés from Sarria

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Sarria - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Municipal albergue de Sarria	info here	\$
Pensión Albergue Matias Locanda	book here	\$
Albergue los Blasones	book here	\$
Obradoiro	book here	\$
Pensión-Albergue Puente Ribeira	book here	\$
Albergue Mayor	book here	\$
Albergue Credencial	book here	\$
Andaina	book here	\$
Pensión La Estación	book here	\$-\$-\$
Pensión O Camiño	book here	\$\$
Pension Sarria	book here	\$\$
Pension Siete en el Camino	book here	\$\$
Pensión Casa do Gallo Sarria	book here	\$\$
Baixo a Lua Rooming	book here	\$\$-\$\$\$
Pensión CREDENCIAL	book here	\$\$-\$\$\$
High Rentxacobeo penthouse apartment	book here	\$\$\$

Stage 1. Sarria to Portomarín, 22 km/13.6 mi

- Distance – 22 km/13.6 mi
- Time – 5-6 hours
- Walking surface – 13 km/8 mi – asphalt/tar; 9 km/5.5 mi – gravel/footpath
- Walking on the road – 500 m/0.3 mi
- Ascent – 496 m

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- Descent – 570 m
- Difficulty level – 2 out of 5

Elevation profile stage 1



Highlights

- A nice and peaceful countryside scenery; forest with chestnut and oak trees, small farms and villages, wheat fields.
- The beautiful town of Portomarín with its charming streets, inviting restaurants, a beautiful church, and stunning views of the Embalse de Belesar Lake. The town was completely flooded in 1963, and some historical buildings like San Nicolás Church or Chapel de la Nieves were moved uphill where you can find them nowadays.

Challenges

- An easy walking day with several short ascents and descents mostly in the first half.
- A rocky and steep descent just before Portomarín.

Stops along the route stage 1

*MA - Municipal albergue

**PA - Private albergue

Distance	Name	Facilities
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3 km/1.8 mi	Vilei	PA, restaurant
4 km/2.4 mi	Barbadelo (O Mosteiro)	MA*, PA**, hotel, restaurant
5 km/3.1 mi	Rente	Guesthouse
7 km/4.3 mi	Molino de Marzan	PA
11.5 km/7.1 mi	Morgade	PA, restaurant
13 km/8 mi	Ferreiros	MA, PA, restaurant
14 km/8.6 mi	A Pena	PA, holiday house, bar
16.5 km/10.2 mi	Mercadoiro	PA, restaurant
18 km/11.1 mi	A Parrocha	Bar
20 km/12.4 mi	Vilacha	Restaurant
21 km/13 mi	Paradela	Guesthouse
22 km/13.6 mi	Portomarin	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Portomarin - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Portomarín	+34 660 396 816	\$
Pons Minea	book here	\$
Albergue Ulteira	book here	\$
Albergue Folgueira	book here	\$
Pensión Albergue Gonzar	book here	\$
Albergue Ferramenteiro	book here	\$
Albergue A Fontana de Luxo	book here	\$-\$\$
Albergue PortoSantiago	book here	\$-\$\$
Pension Perez	book here	\$\$

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Casa San Nicolas	book here	\$\$
Casa Ribeira Sacra Portomarín	book here	\$\$
PortoSantiago Rooms	book here	\$\$
Pensión Mar	book here	\$\$-\$\$\$
Casa do Maestro	book here	\$\$-\$\$\$
Hotel Ferramenteiro de Portomarin	book here	\$\$\$

Stage 2. Portomarín to Palas de Rei, 25 km/15.5 mi

- Distance – 25 km/15.5 mi
- Time – 6-7 hours
- Walking surface - 3 km/1.8 mi - asphalt/tar; 22 km/13.6 mi - gravel/footpath
- Walking on the road – not really walking on the road but quite a lot of walking on the gravel path next to the road
- Ascent – 580 m
- Descent – 431 m
- Difficulty level – 3 out of 5

Elevation profile stage 2



Highlights

- Beautiful Galician forest.

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- A couple of kiosks selling fruit, snacks and cool drinks for donation.

Challenges

- 350 m ascent during the first half of the day.
- A couple of stretches of walking next to the road on the gravel path.

Stops along the route stage 2

Distance	Name	Facilities
7.5 km/4.6 mi	Gonzar	MA, PA, guesthouse, restaurant
8.8 km/5.4 mi	Castromaior	PA, guesthouse, restaurant
12 km/7.4 mi	Hospital da Cruz	MA, guesthouse, restaurant
13.5 km/8.3 mi	Ventas de Naron	PA, restaurant
15 km/9.3 mi	A Prebisa	Restaurant
17 km/10.5 mi	Ligonde	PA, restaurant
18 km/11.1 mi	Airexe	MA, guesthouse, restaurant
19.5 km/12.1 mi	Portos	PA, restaurant
20 km/12.4 mi	Lestedo	Guesthouse, restaurant
21 km/13 mi	Os Valos	Hotel
22 km/13.6 mi	A Brea	Restaurant
25 km/15.5 mi	Palas de Rei	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Palas de Rei - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Palas de Rei	+34 660 39 68 20	\$
Albergue de Peregrinos Os	+34 607 481 536	\$

Camino Francés from Sarria

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Chacotes		
Albergue Outeiro	book here	\$
Albergue Zendoira	info here	\$
Albergue Freixo	book here	\$
Albergue Meson de Benito	info here	\$
Albergue A Casina di Marsello	book here	\$
Alda Palas de Rei	book here	\$\$
Pensión Palas	book here	\$\$
Acubillo	book here	\$\$
Estrela do Camino	book here	\$\$-\$\$\$
Hotel O Castelo	book here	\$\$-\$\$\$
A Casa do Avó (2-bedroom apartment)	book here	\$\$\$

Stage 3. Palas de Rei to Ribadiso de Baixo, 26 km/16 mi

- Distance – 26 km/16 mi
- Time – 6-7 hours
- Walking surface – 11 km/6.8 mi - asphalt; 15 km/9.3 mi - gravel/footpath
- Walking on the road – 0 km
- Ascent – 588 m
- Descent – 724 m
- Difficulty level – 3 out of 5

Camino Francés from Sarria

20-25 km/12.4-15.5 mi Walking stages + Accommodation

Elevation profile stage 3



Highlights

- Melide is a pretty big town compared to the other places on the route from Sarria to Santiago. It's famous for its pulpo a la Feira (cooked octopus tentacles served with olive oil and spices), a must-try here. The [Camino Primitivo](#) merges with the Camino Frances in Melide.
- Ribadiso de Baixo – a tiny charming village.

Challenges

- Many short ups and downs throughout the day.
- Quite a lot of walking on tar/asphalt, about 11 km/6.8 mi.

Stops along the route stage 3

Distance	Name	Facilities
4 km/2.4 mi	San Xulian	PA, guesthouse, restaurant
5 km/3.1mi	Ponte Campaña	PA
6 km/3.7 mi	Casanova	MA
9 km/5.5 mi	O Coto	Hotel, restaurant
13 km/8 mi	Furelos	Hotel, bar
14.5 km/9 mi	Melide	MA, PA, hotel, ATM, supermarket, pharmacy,

Camino Francés from Sarria

20-25 km/12.4-15.5 mi Walking stages + Accommodation

		restaurant, bar
15.5 km/9.6 mi	Santa Maria de Melide	Restaurant
21 km/13 mi	Boente	PA, bar
23 km/14.2 mi	A Fraga Alta (Castañeda)	PA, hotel, bar
26 km/16.1 mi	Ribadiso de Baixo	MA, PA, bar

Ribadiso de Baixo - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Ribadiso da Baixa	+34 660 396 823	\$
Pensión Albergue Los Caminantes	book here	\$
Albergue Miraiso	book here	\$
Pensión Ribadiso	book here	\$\$-\$\$\$

Stage 4. Ribadiso da Baixa to O Pedrouzo, 23 km/14.2 mi

- Distance – 23 km/14.2 mi
- Time – 5-6 hours
- Walking surface – 8 km/5 mi - on asphalt; 15 km/9.3 mi - footpath/gravel.
- Walking on the road – 2 km/1.2 mi next to the road
- Ascent – 341 m
- Descent – 468 m
- Difficulty level – 2 out of 5

Camino Francés from Sarria

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Elevation profile stage 4



Highlights

- Beautiful forest, small villages, fields.

Challenges

- Several ups and downs on the way but nothing very steep or long.

Stops along the route stage 4

Distance	Name	Facilities
3 km/1.8 mi	Arzúa	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
5.5 km/3.4 mi	Pregontoño	Bar
9.5 km/5.9 mi	As Quintas	Bar
11 km/6.8 mi	A Calle de Ferreiros	PA, pension, bar
14 km/8.6 mi	Salceda	PA, bar, pharmacy
16 km/10 mi	A Brea	PA, bars
19 km/11.8 mi	Santa Irene	MA, PA, café
21.5 km/13.3 mi	A Rúa	Pension, bar

Camino Francés from Sarria

20-25 km/12.4-15.5 mi Walking stages + Accommodation

23 km/14.2 mi	O Pedrouzo	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
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O Pedrouzo - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Arca	info here	\$
Albergue O Trisquel	book here	\$
Albergue Spa Cruceiro de Pedrouzo	book here	\$
Albergue O Burgo	book here	\$
Albergue Otero	info here	\$
Hostel Azul Cielo	book here	\$
Albergue Porta de Santiago	info here	\$
Pension 23-Vinte e Tres	book here	\$\$
Peregrina Pensión 2	book here	\$\$
Peregrina Pensión 5	book here	\$\$
PR Una Estrella Dorada	book here	\$\$-\$\$\$
Pensión Spa Cruceiro de Pedrouzo	book here	\$\$-\$\$\$
Pensión Residencial Platas	book here	\$\$-\$\$\$

Stage 5. O Pedrouzo to Santiago de Compostela, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 4-5 hours
- Walking on asphalt – 11 km/6.8 mi
- Walking on the road – 3 km/1.8 mi along a very quiet road with no cars
- Ascent – 368 m
- Descent – 394 m

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- Difficulty level – 2 out of 5

Elevation profile stage 5



Highlights

- The beautiful forest in the first half.
- Arriving at the Cathedral usually accompanied by the sounds of the Galician bagpipe. From morning till evening (in the season) there is a musician playing at the Palace Arch.

Challenges

- There are a couple of ascents and descents at the end of the walk, some are quite steep but not long.
- A stretch between 10 km/6.2 mi and 15 km/9.3 mi is a bit monotonous, it always feels long but after Monte do Gozo you enter the city, and the last 5 km/3.1 mi go very fast.

Stops along the route stage 5

Distance	Name	Facilities
3.5 km/2.1 mi	Amenal	Hotel, pension, bar
7.7 km/4.7 mi	San Paio	Guesthouse, bar
9.5 km/5.9 mi	Lavacolla	PA, hotel, bar, shop, pharmacy
11 km/6.8 mi	Vilamaior	Guesthouse

Camino Francés from Sarria

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14.5 km/9 mi	San Marcos	Hotel, bar, shop
15 km/9.3 mi	Monte do Gozo	MA (all year), PA, bar, shop
20 km/12.4 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinaro	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)

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3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)