

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

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Camino Frances planning resources

- [Camino Frances - a detailed guide](#)
- [14 tips for planning and walking the Camino de Santiago](#)
- [How to train for the Camino?](#)
- [10 easy steps to prepare for the pilgrimage.](#)
- [What to pack for the Camino de Santiago?](#)
 - [Best shoes to walk the Camino](#)
 - [Best backpacks for the Camino](#)
 - [Best sock for walking](#)
- [A completed guide to the albergues on the Camino de Santiago.](#)
- [The cost of walking the Camino de Santiago](#)

Camino Frances from Pamplona route overview

- **Total distance** – 719 km/446 mi
- **Average daily distance** - 16-20 km/10-12.4 mi
- **Days required** – 38 days
- **Walking surface** – 250 km/155 mi asphalt, 469 km/291 mi footpath/gravel road
- **Total ascent** (over 38 days) – 10 749 m
- **Total descent** (over 38 days) – 10 826 m

Camino Francés from Pamplona

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Pamplona - Accommodation

Hotel/albergue	Booking info	Price range
<i>Some links in this list are affiliates. If you click on one of these links and book accommodation, we will receive a small commission at no extra cost to you. Thank You!</i>		
Municipal albergue Jesús y María	+34 948 222 644	\$
Albergue diocesano Betania	betaniaencamino@gmail.com	Donation
Albergue Plaza Catedral	book here	\$
Aloha Hostel	book here	\$
Albergue de Pamplona-Iruñako	book here	\$
Hostel Casa Ibarrola	book here	\$
Alojamientos Olga	book here	\$\$
Plaza Catedral hostel	book here	\$\$
Pensión Mendi	book here	\$\$
Hotel Castillo de Javier	book here	\$\$
Hostal Espoz y Mina	book here	\$\$-\$\$\$
Hostal Bearan	book here	\$\$-\$\$\$
Hostal Navarra	book here	\$\$-\$\$\$
Sercotel Europa	book here	\$\$-\$\$\$
Pamplona Catedral Hotel	book here	\$\$\$

Stage 1. Pamplona to Obanos, 20.5 km/12.7 mi

- Distance – 20.5 km/12.7 mi
- Time – 5-6 hours

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- Walking surface – 12 km/7.4 mi – asphalt; 8.5 km/5.2 mi – footpath/gravel
- Walking on the road – 500 m/0.3 mi
- Ascent – 477 m
- Descent – 500 m
- Difficulty level – 4 out of 5

Elevation profile stage 1



Highlights

- El Alto del Perdón – the famous sculpture group representing pilgrims on the Camino Frances. It's probably one of the most famous photo spots on the route.
- A couple of nice towns with beautiful churches are on the way.

Challenges

- A long ascent to the Alto del Perdón with subsequent steep and rocky descents.
- No shade to hide, in summer it's better to start walking earlier.

Stops along the route stage 1

*MA - Municipal albergue

**PA - Private albergue

Distance	Name	Facilities
5 km/3.1 mi	Cizur Menor	MA*, restaurant

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11 km/6.8 mi	Zariquegui	Restaurant
16 km/10 mi	Uterga	PA**, hotel, restaurant
19 km/11.8 mi	Muruzábal	PA, restaurant, pharmacy
20.5 km/12.7 mi	Óbanos	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Obanos - Accommodation

Hotel/albergue	Booking info	Price range
Casa Raichu Pilgrims Guesthouse	book here	\$\$
Hostal Mamerto	info here	\$\$
Estudio Villazon	book here	\$\$-\$\$\$
Gure Ametza	book here	\$\$\$

Stage 2. Obanos to Lorca, 16.5 km/10.2 mi

- Distance – 16.5 km/10.2 mi
- Time – 4-5 hours
- Walking surface – 4.5 km/2.7 mi – asphalt/tar; 12 km/7.4 mi – footpath/gravel
- Walking on the road – 500 m/0.3 mi
- Ascent – 320 m
- Descent – 280 m
- Difficulty level – 3 out of 5

Highlights

- Puente de la Reina – a picturesque town.

Challenges

- A steep 150-meter ascent in the middle of the day.
- A couple of ascents and descents in the second half of the day.

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Stops along the route stage 2

Distance	Name	Facilities
3.5 km/2.1 mi	Puente La Reina	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
8.5 km/5.2 mi	Mañeru	PA, hotel, restaurant, shop
11 km/6.8 mi	Cirauqui	PA/hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
16.5 km/10.2 mi	Lorca	PA, hotel, restaurant

Lorca - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Lorca	+34 948 541 190	\$
La Bodega Del Camino aka Albergue On TheLe	book here	\$-\$\$
Casa Nahia Hostal Rural	book here	\$\$\$
Casa Txema	book here	\$\$\$

Stage 3. Lorca to Villamayor, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5 hours
- Walking surface – 4 km/2.4 mi – asphalt/tar; 14 km/8.6 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 400 m
- Descent – 250 m
- Difficulty level – 3 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Highlights

- The Historical center of Estella; the church of Santo Sepulcro, the Convent of Santo Domingo, the Carcel Bridge, Plaza de los Fueros with a street market.
- Wine fountain (tap) at 11.5 km/7.1 mi at Bodegas Irache; one tap is with wine and another one with water.
- Rolling fields of wheat and vineyards. I walked the Camino Francés in September just before the harvest. There were many grapes everywhere. It was truly beautiful.

Challenges

- Several short ascents and descents in the first half of the day.
- A long gradual ascent from Estella, 200 m up.
- A steep 100-meter ascent at the end of the day.

Stops along the route stage 3

Distance	Name	Facilities
4.5 km/2.78 mi	Villatuerta	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
8.5 km/5.2 mi	Estella	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
10.5 km/6.5 mi	Ayegui	PA, restaurant, shop, pharmacy
11.5 km/7.1 mi	Bodegas Irache	Wine fountain
13 km/8 mi	Irache	Camping (bungalow), restaurant
16.5 km/10.2 mi	Azqueta	Hotel, restaurant
18 km/11 mi	Villamayor	PA, hotel, shop, restaurant

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Villamayor - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Oasis Trails	info here	\$
Albergue Villamayor de Monjardin	+34 848 832 310	\$
Casa Rural Montedeio	book here	\$\$-\$\$\$
Hotel Boutique Mirador de Deyo	book here	\$\$\$

Stage 4. Villamayor to Torres del Rio, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5-6 hours
- Walking surface – 5 km/3.1 mi – asphalt/tar; 15 km/9.3 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 130 m
- Descent – 270 m
- Difficulty level – 2 out of 5

Highlights

- Olive tree plantations and vineyards – picturesque scenery and very sweet grapes.
- Los Arcos, a small town with the beautiful church of Santa Maria.

Challenges

- A 120-meter ascent at the start of the day.
- No place to stop for food or drinks for the first 12 km/7.4 mi.

Stops along the route stage 4

Distance	Name	Facilities
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12 km/7.4 mi	Los Arcos	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
19 km/11.8 mi	Sansol	PA, hotel, restaurant, shop, pharmacy
20 km/12.4 mi	Torres del Rio	PA, hotel, restaurant

Torres del Rio - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Casa Mariela -- Solo Peregrinos con Credenciales	book here	\$
La Pata de Oca Hostal Rural y Albergue	book here	\$\$-\$\$\$
Hostal Rural San Andrés	book here	\$\$-\$\$\$

Stage 5. Torres del Río to Logroño, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 7.5 km/4.6 mi – asphalt/tar; 11.5 km/7.1 mi – footpath
- Walking on the road – 0.3 km/0.2 mi
- Ascent – 250 m
- Descent – 270 m
- Difficulty level – 2 out of 5

Highlights

- Viana – a beautiful town with a beautiful cathedral, cobblestone streets, many restaurants, a good place to stop for lunch.
- Just before Logroño, the Camino enters La Rioja, the wine country of Spain and the smallest region.
- The historical center of Logroño; the Cathedral, several churches, Calle de San Juan (San Juan street) with hundreds of bars. I ate some delicious pintxos here, the best pintxos (tapas) on the Camino Frances.

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Challenges

- No place to stop for food or water for 10 km/6.2 mi between Viana and Logroño.
- A steep 150-meter ascent at the start of the day.
- Several smallish ascents and descents throughout the day.

Stops along the route stage 5

Distance	Name	Facilities
8 km/5 mi	Food kiosk (only in the season)	
9 km/5.5 mi	Viana	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
19 km/11.8 mi	Logroño	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Logroño - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Logroño	+34 672 247 333	\$
Albergue parroquial Santiago El Real	info here	donation
Albergue Santiago Apostol	book here	\$
Albergue Albas	book here	\$
Winederful Hostel & Cafe	book here	\$
El Patio de San Nicolás	book here	\$-\$
Pensión El Espolón	book here	\$-\$
Pensión Sotelo	book here	\$-\$
Hostal La Numantina	book here	\$\$
Pension La Castellana	book here	\$\$

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16-20 km/10-12.4 mi Walking stages + Accommodation

Pensión La Bilbain	book here	\$\$
Mercure Carlton Rioja	book here	\$\$-\$\$\$

Stage 6. Logroño to Ventosa, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 8.5 km/5.2 mi – asphalt/tar; 10.5 km/6.5 mi – footpath
- Walking on the road – 0 km
- Ascent – 250 m
- Descent – 105 m
- Difficulty level – 2 out of 5

Highlights

- Navarrete – a small quiet town I really enjoyed staying here after bustling Logroño, it's a perfect stop for a relaxing day on the Camino.

Challenges

- No places to stop for food or water for 12 km/7.4 mi between Logroño and Navarrete.
- A couple of short ascents and descents in the first half of the day.
- A gradual 150-meter ascent from Navarrete to Ventosa.

Stops along the route stage 6

Distance	Name	Facilities
12 km/13.6 mi	Navarrete	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17 km/10.5 mi	Food truck (only in the season)	
19 km/11.8 mi	Ventosa	PA, hotel, restaurant, shop

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Ventosa - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Saturnino	book here	\$
Hotel Rural Las Águedas	info here	\$\$
Loft and Garden	book here	\$\$\$

Stage 7. Ventosa to Azofra, 16 km/10 mi

- Distance – 16 km/10 mi
- Time – 4-5 hours
- Walking surface – 6 km/3.7 mi – asphalt/tar; 10 km/6.2 mi – footpath/gravel
- Walking on the road – 0.5 km/0.3 mi
- Ascent – 170 m
- Descent – 230 m
- Difficulty level – 2 out of 5

Highlights

- Walking through vineyards most of the day, there are some wineries on the way that probably do wine tasting but everything was closed in the morning.
- Najera – a beautiful town with cobblestone streets, the Cathedral, the old bridge etc.

Challenges

- A gradual 200-meter ascent in the first half of the day.
- A short ascent after Najera.
- No places to stop for food or drinks for the first 10 km/6.2 mi.

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 7

Distance	Name	Facilities
10 km/6.2 mi	Nájera	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
16 km/10 mi	Azofra	MA, hotel, supermarket, restaurant, cafe, bar, pharmacy

Azofra - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Azofra	+34 941 379 325	\$
Pension La Plaza	info here	\$\$
Hotel Boutique Real Casona De Las Amas	book here	\$\$\$

Stage 8. Azofra to Santo Domingo de la Calzada, 15 km/9.3 mi

- Distance – 15 km/9.3 mi
- Time – 4-5 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 12 km/7.4 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 230 m
- Descent – 170 m
- Difficulty level – 2 out of 5

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Highlights

- A couple of kilometers after Grañon the Camino exits La Rioja and enters Castile and León.
- The historical center of Santo Domingo de la Calzada.

Challenges

- A long gradual ascent from Azofra to Cirueña, 200 m up.
- A couple of short ascents and descents in the second half of the day.

Stops along the route stage 8

Distance	Name	Facilities
9 km/5.5 mi	Cirueña	PA, hotel, restaurant
15 km/9.3 mi	Santo Domingo de la Calzada	PA, hotel, supermarket, restaurant, cafe, bar, pharmacy

Santo Domingo de la Calzada - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de la Cofradía del Santo	info here	\$
Albergue Abadia Cisterciense	info here	\$
RoomConcept Hostel	book here	\$-\$\$
Carpe Viam	book here	\$\$
Pension La Encina	book here	\$\$
Hostal la Catedral	book here	\$\$
Hostal Rey Pedro I	book here	\$\$
El Molino de Floren	book here	\$\$
Casa Tito 2 (2-bedroom house)	book here	\$\$-\$\$\$

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Parador de Santo Domingo de la Calzada	book here	\$\$-\$\$\$
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Stage 9. Santo Domingo de la Calzada to Villamayor del Río, 17.5 km/10.8 mi

- Distance – 17.5 km/10.8 mi
- Time – 4-5 hours
- Walking surface – 4 km/2.4 mi – asphalt/tar; 13.5 km/8.3 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 250 m
- Descent – 140 m
- Difficulty level – 2 out of 5

Highlights

- Endless sunflower fields. In spring/summer they look amazing. In fall/winter the fields look quite sad though.
- A couple of nice towns along the route.
- In the middle of the day the Camino crosses from La Rioja to Castile and Leon province.

Challenges

- Monotonous parts of walking along the road.
- Several short ascents and descents throughout the day.

Stops along the route stage 9

Distance	Name	Facilities
7 km/4.3 mi	Grañón	MA (parroquial), hotel, supermarket, restaurant, cafe, bar, pharmacy
10.5 km/6.5 mi	Redecilla del Camino	MA, PA, hotel, supermarket, restaurant

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12 km/7.4 mi	Castildelgado	PA, hotel, restaurant
14 km/8.6 mi	Vitoria de Rioja	PA, hotel, restaurant, pharmacy
17.5 km/10.8 mi	Villamayor del Río	PA, restaurant

Villamayor del Rio - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Villamayor	book here	\$

Stage 10. Villamayor del Río to Villafranca Montes de Oca, 17.5 km/10.8 mi

- Distance – 17.5 km/10.8 mi
- Time – 5-6 hours
- Walking surface – 3.5 km/2.1 mi – asphalt/tar; 14.5 km/9 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 270 m
- Descent – 87 m
- Difficulty level – 2 out of 5

Highlights

- Endless sunflower fields. In spring/summer they look amazing.

Challenges

- Monotonous parts of walking next to the road.
- A long gradual ascent from Belorado to Villafranca Montes de Oca, 200 m up.

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 10

Distance	Name	Facilities
5 km/3.1 mi	Belorado	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
9.5 km/5.9 mi	Tosantos	MA (parroquial), PA, restaurant
11.5 km/7.1 mi	Villambistia	MA, hotel, restaurant
13.5 km/8.3 mi	Espinosa del Camino	PA, restaurant
17.5 km/10.8 mi	Villafranca Montes de Oca	PA, hotel, restaurant, shop

Villafranca Montes de Oca - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Antón Abad	info here	\$
Pension Jomer	info here	\$\$
Casa Rural La Alpargatería	info here	\$\$
Hotel San Anton Abad	book here	\$\$\$

Stage 11. Villafranca Montes de Oca to Atapuerca, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 5-6 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 15 km/9.3 mi – footpath/gravel
- Walking on the road – 2 km/1.2 mi
- Ascent – 286 m
- Descent – 300 m
- Difficulty level – 3 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Highlights

- Walking for 10 km/6.2 mi through the forest.
- The beautiful monastery and church of San Juan de Ortega.
- Charming villages; San Juan de Ortega, Agés, Atapuerca.

Challenges

- A steep 250-meter ascent at the start of the day.
- A long but not steep descent in the second half of the day, 200 m down.
- No places to stop for food or drinks for the first 12 km/7.4 mi.

Stops along the route stage 11

Distance	Name	Facilities
12 km/10 mi	San Juan de Ortega	MA (parroquial), hotel, restaurant
15.5 km/12 mi	Agés	PA, hotel, restaurant
18 km/13.6 mi	Atapuerca	PA, hotel, restaurant

Atapuerca - Accommodation

Hotel/albergue	Booking info	Price range
Albergue/guest house El Peregrino	info here	\$
Albergue La Plazuela Verde	book here	\$
Casa Rural los Nómades de Atapuerca	info here	\$\$
Casa Rural el Pesebre	info here	\$\$

Stage 12. Atapuerca to Burgos, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5-6 hours
- Walking surface – 17 km/10.5 mi – asphalt/tar; 3 km/1.8 mi – footpath/gravel

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- Walking on the road – the last 5 km/3.1 mi to Burgos if you take the main route through Villafría.
- Ascent – 203 m
- Descent – 343 m
- Difficulty level – 3 out of 5

Highlights

- The historical center of Burgos; the cathedral is stunning from the outside and inside, I definitely recommend visiting it.

Challenges

- A steep but short ascent with a subsequent descent at the start of the day.
- 5 km/3.1 mi of walking on the road (on the main route).
- 8 km/5 mi of walking through the industrial area of Burgos (on the main route).
- 17 km/10.5 mi of walking on asphalt.

Stops along the route stage 12

Distance	Name	Facilities
6.5 km/4 mi	Cardeñuela Riopico	MA, PA, hotel, restaurant
8.5 km/5.2 mi	Orbaneja	Hotel, restaurant
Route 1. Along the road through Villafría (1km/0.6 mi shorter)		
11.5 km/7.1 mi	Villafría	Hotel, restaurant
16.5 km/10.2 mi	Burgos outskirts	supermarket, ATM, restaurant, cafe, bar, pharmacy
19.5 km/12.1 mi	Burgos historical center	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
Route 2. Along the river through Castañares (1km/0.6 mi longer)		
13.5 km/8.3 mi	Castañares	Hotel, restaurant
16.5 km/10.2 mi	Fuentes Blancas	Hotel, restaurant

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

20.5 km/12.7 mi	Burgos historical center	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
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Burgos - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue Casa del Cubo y de los Lerma	+34 947 460 922	\$
Albergue Santiago y Santa Catalina	+34 947 207 952	\$
Mola! Hostel Burgos	book here	\$
Comfortable House Center (1)	book here	\$-\$
Pensión Peña	book here	\$\$
Hostel Trovadores	book here	\$\$
Hotel Vía Gótica	book here	\$\$
Hotel Alda Entrearcos	book here	\$\$
Hostal Lar	book here	\$\$
Happy Hostal Carrales	book here	\$\$
RICE Bulevar	book here	\$\$-\$\$\$
Hotel Mesón del Cid	book here	\$\$\$

Stage 13. Burgos to Hornillos del Camino, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 5-6 hours
- Walking surface – 4.5 km/2.7 mi – asphalt/tar; 16.5 km/10.2 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 150 m
- Descent – 180 m

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- Difficulty level – 4 out of 5, one of the longest walking days in this itinerary luckily it's an easy walk with no hills.

Highlights

- The beginning of the famous Meseta – a long stretch of plains on the Camino Francés. For the next two weeks (basically till Astorga) the scenery will stay pretty much the same.

Challenges

- No places to stop for food or drinks for the first 12 km/7.4 mi.

Stops along the route stage 13

Distance	Name	Facilities
12 km/7.4 mi	Tardajos	MA, PA, hotel, supermarket, restaurant, cafe, bar
13.5 km/8.3 mi	Rabé de las Calzadas	PA, hotel, restaurant
21 km/13 mi	Hornillos del Camino	MA, PA, hotel, supermarket, restaurant

Hornillos del Camino - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Hornillos	info here	\$
Albergue el Alfar de Hornillos	book here	\$
Hornillos Meeting Point	info here	\$\$
La Casa del Abuelo	info here	\$\$
De Sol A Sol	book here	\$\$

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stage 14. Hornillos del Camino to Castrojeriz, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5-6 hours
- Walking surface – 5 km/3.1 mi – asphalt/tar; 15 km/9.3 mi – footpath/gravel
- Walking on the road – 7 km/4.3 mi very few cars
- Ascent – 231 m
- Descent – 220 m
- Difficulty level – 3 out of 5

Highlights

- A couple of nice towns on the way; San Bol, Hontanas.
- Beautiful ruins of San Anton Monastery 4 km/2.4 mi before Castrojeriz. There is an albergue next to it for donation but it has very basic facilities (no electricity, no hot water).

Challenges

- Nothing in particular, a nice and easy walking day.

Stops along the route stage 14

Distance	Name	Facilities
6 km/3.7 mi	San Bol	MA
9.5 km/5.9 mi	Fuente Sidres	PA
11 km/6.8 mi	Hontanas	MA, PA, hotel, restaurant
16.5 km/10.2 mi	Convento de San Antón	Donation albergue without electricity and hot water
20 km/12.4 mi	Castrojeriz	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Castrojeriz - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue San Esteban	+34 679 147 056	\$
Albergue Casa Nostra	book here	\$
Albergue La Rinconada	book here	\$
Albergue Orion	book here	\$
Albergue a Cien Leguas	book here	\$
Albergue Rosalia	book here	\$
Casa Rural EL RINCON DEL CHEF	book here	\$\$
Hotel El Manzano	book here	\$\$
La Cachava	book here	\$\$-\$\$\$
Quinta San Francisco	book here	\$\$\$

Stage 15. Castrojeriz to Boadilla del Camino, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 16 km/10 mi – footpath/gravel
- Walking on the road – 1 km/0.6 mi, very few cars
- Ascent – 268 m
- Descent – 281 m
- Difficulty level – 3 out of 5

Highlights

- Can't recall anything specific, maybe a small river a couple of kilometers before Frómista.

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Challenges

- A steep ascent right at the beginning of the day, about 220 m up.
- Not many places to stop, only two villages on the way with one bar and a couple of albergues each.

Stops along the route stage 15

Distance	Name	Facilities
9 km/5.6 mi	Puente Fitero	Parroquial albergue for donation
11 km/6.8 mi	Itero de la Vega	PA, restaurant
19 km/11.8 mi	Boadilla del Camino	PA, hotel, restaurant

Boadilla del Camino - Accommodation

Hotel/albergue	Booking info	Price range
Albergue en el Camino	info here	\$
Juntos Albergue de Peregrinos	info here	\$
Hotel Rural en el Camino	book here	\$\$

Stage 16. Boadilla del Camino to Villalcázar de Sirga, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5-6 hours
- Walking surface – 10 km/6.2 mi – asphalt/tar; 10 km/6.2 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 100 m
- Descent – 65 m
- Difficulty level – 2 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Highlights

- A couple of nice churches in Frómista.
- A nice walk next to the river and through the fields on the alternative route.

Challenges

- Nothing in particular, an easy walking day with enough places to stop in between.

Stops along the route stage 16

Distance	Name	Facilities
6 km/3.7 mi	Frómista	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
9 km/5.5 mi	Población de Campos	MA, PA (temporarily closed), hotel, restaurant
13 km/8 mi	Revenge de Campos	Bar
15 km/9.3 mi	Villarmentero de Campos	PA, hotel, restaurant
20 km/12.4 mi	Villalcázar de Sirga	MA, PA, hotel, restaurant

Villalcazar de Sirga - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Casa del Peregrino	info here	donation
Albergue Don Camino	book here	\$
Don Camino Low Cost	book here	\$-\$\$
Don Camino	book here	\$\$
Hostal Las Cantigas	+34 639 359 521	\$\$
Hostal Infanta Doña Leonor	book here	\$\$

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Don Camino Premium	book here	\$\$\$
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Stage 17. Villalcázar de Sirga to Calzadilla de la Cueva, 22 km/13.6 mi

- Distance – 22 km/13.6 mi
- Time – 6-7 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 19 km/11.8 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 90 m
- Descent – 85 m
- Difficulty level – 4 out of 5, the longest walking day in this itinerary. The towns in the Meseta part are far apart.

Highlights

- Nothing in particular; a long walking day through the fields with nothing around. A typical Meseta scenery.

Challenges

- For 17 km/10.5 mi from Carrion de los Condes to Calzadilla there are no towns on the Camino, make sure to take enough water. In the peak season there is a food truck at about 13 km/8.3 km and a small bar Oasis at 15.5 km/9.6 mi.
- A long day of walking through the fields with no shade.

Stops along the route stage 17

Distance	Name	Facilities
5.5 km/3.4 mi	Carrión de los Condes	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
13.5 km/8.3 mi		Food kiosk (only in summer)
15.5 km/9.6 mi		Oasis Bar

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

22 km/13.6 mi	Calzadilla de la Cueva	MA, PA, hotel, restaurant
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Calzadilla de la Cueva - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Calzadilla	+34 670 558 954	\$
Albergue Los Canarios	book here	\$
Hostal Camino Real	+34 979 883 187	\$\$

Stage 18. Calzadilla de la Cueva to Sahagún, 22 km/13.6 mi

- Distance – 22 km/13.6 mi
- Time – 6-7 hours
- Walking surface – 10 km/6.2 mi – asphalt/tar; 12 km/7.4 mi – footpath/gravel
- Walking on the road – 4 km/2.5 mi
- Ascent – 190 m
- Descent – 184 m
- Difficulty level – 4 out of 5, another long walking day.

Highlights

- The Meseta scenery with fields stretching for kilometers as far as the eyes can see.
- Sahagun; Church of San Tirso and Church of San Lorenzo.

Challenges

- A long walking day with a place to stop for food/drinks every 4 km/2.4 mi.

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 18

Distance	Name	Facilities
6 km/3.7 mi	Ledigos	PA, restaurant
8.5 km/5.2 mi	Terradillos de los Templarios	PA, restaurant
12 km/7.4 mi	Moratinos	PA, hotel, restaurant
15 km/9.3 mi	San Nicolás del Real Camino	PA, restaurant
22 km/13.6 mi	Sahagún	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Sahagun - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue Cluny	info here	\$
Albergue de la Santa Cruz (monastery)	info here	\$
Albergue Viatoris	+34 987 780 975	\$
Dormero Hotel and Albergue	book here	\$-\$\$
Hostal Sahagún	book here	\$\$
Casa Rural Arturo I	book here	\$\$
El Jardín de la Huerta	book here	\$\$-\$\$\$
Domus Viatoris	book here	\$\$-\$\$\$
Hostal San Juan	book here	\$\$-\$\$\$

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stage 19. Sahagun to El Burgo Ranero, 17 km/10.5 mi

- Distance – 17 km/10.5 mi
- Time – 5-6 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 14 km/8.6 mi – gravel/footpath
- Walking on the road – 0.5 km/0.3 mi
- Ascent – 150 m
- Descent – 100 m
- Difficulty level – 3 out of 5

Highlights

- A typical Meseta scenery; endless fields, a gravel road goes as far as the eyes can see.

Challenges

- Nothing is particular, a short walking day with no hills.

Stops along the route stage 19

Distance	Name	Facilities
5 km/3.1 mi	Calzada del Coto	MA, bar
9.5 km/5.9 mi	Bercianos del Real Camino	MA (parroquial), PA, hotel, supermarket, restaurant, cafe, bar
17.5 km/10.8 mi	El Burgo Ranero	MA, PA, hotel, supermarket, restaurant, cafe, bar

El Burgo Ranero - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue Domenico Laffi	+34 987 330 023	donation
Albergue La Laguna	+34 607 163 982	\$

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Hotel Castillo El Burgo	book here	\$\$
Pension La Costa del Adobe	info here	\$\$
Hotel Piedras Blancas	+34 987 330 094	\$\$
Hostal El Peregrino	+34 987 330 069	\$\$

Stage 20. El Burgo Ranero to Mansilla de las Mulas, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 16 km/10 mi – gravel/footpath
- Walking on the road – 0.5 km/0.3 mi
- Ascent – 127 m
- Descent – 155 m
- Difficulty level – 2 out of 5

Highlights

- Another day of walking through the fields. In spring/summer the sunflower fields look amazing.
- Mansilla de las Mulas – a nice town with a beautiful church and a couple of restaurants.

Challenges

- No places to stop for food or drinks for the first 8 km/5 mi.
- Walking along the road.

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 20

Distance	Name	Facilities
8 km/5 mi	Villamarco (1 km away from the Camino)	MA, bar, cafe
13 km/8 mi	Reliegos	MA, PA, restaurant
19 km/11.8 mi	Mansilla de las Mulas	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Mansilla de las Mulas - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Mansilla de las Mulas	+34 604 090 221	\$
Albergue el Jardín del Camino	info here	\$
Albergue La Pinguina	book here	\$
Albergue Gaia	info here	\$
La Pensión de Blanca	info here	\$\$
Casadidoru	book here	\$\$
Alberguería del Camino	info here	\$\$
Casa Belia	book here	\$\$-\$\$\$

Stage 21. Mansilla de las Mulas to León, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 9 km/5.5 mi – asphalt/tar; 10 km/6.2 mi – gravel/footpath
- Walking on the road – 0.6 km/0.3 mi

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- Ascent – 132 m
- Descent – 115 m
- Difficulty level – 2 out of 5

Highlights

- The historical center of León; the Cathedral, the Basilica of San Isidoro, La Plaza Mayor, La Plaza San Martín, and several churches.
- A Pilgrims' Mass takes place every day in the Basilica of San Isidoro at 7pm. At the end of it, you can get a blessing and a stamp.
- Going out for tapas is another must-do activity in León, El Barrio Húmedo and El Barrio Romántico in the center are famous for their tapas bars.

Challenges

- Short parts of walking next to the road.
- Walking through the outskirts of Leon (nothing bad or ugly).

Stops along the route stage 21

Distance	Name	Facilities
4.5 km/2.7 mi	Villamoros de Mansilla	Restaurant
6 km/3.7 mi	Puente Villarente	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
10.5 km/6.5 mi	Arcahueja	PA, hotel, restaurant
19 km/11.8 mi	León	MA (convent), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Leon - Accommodation

Hotel/albergue	Booking info	Price range
Albergue del convento de las Carbajalas	info here	\$
Check In León	book here	\$

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Palacio Real Hostel	book here	\$
Hostel Palacio Jabalquinto By Quartier	book here	\$
Hostel Covent Garden	book here	\$
Leon Hostel	book here	\$
GLOBETROTTER HOSTEL, by Albany	book here	\$
Arquitecto de la Vida - Plaza Mayor	book here	\$-\$\$
Pensión Blanca B&B	book here	\$-\$\$
Alda Casco Antiguo	book here	\$-\$\$
FC Infantas de Leon	book here	\$\$
Quartier Leon Hostel Jabalquinto	book here	\$\$
Hotel La Posada Regia	book here	\$\$
13 suites	book here	\$\$-\$\$\$
Hotel SPA Paris	book here	\$\$\$

Stage 22. León to Villar de Mazarife, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 4-5 hours
- Walking surface – 12.5 km/7.7 mi – asphalt/tar; 8.5 km/5.2 mi – gravel/footpath
- Walking on the road – 3 km/1.8 mi (very few cars)
- Ascent – 276 m
- Descent – 232 m
- Difficulty level – 2 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Highlights

- Church of Virgen del Camino.

Challenges

- The first 8 km/5 mi walking through the populated area of the city.

Stops along the route stage 22

Distance	Name	Facilities
3.5 km/2.1 mi	Trobajo del Camino	Hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
7 km/4.3 mi	La Virgen del Camino	MA, hotel, supermarket, ATM, restaurant, cafe
9.5 km/5.9 mi	Fresno del Camino	Bar
11 km/6.8 mi	Oncina de la Valdoncina	PA, hotel, restaurant
16 km/10 mi	Chozas de Abajo	Restaurant
21 km/13 mi	Villar de Mazarife	PA, restaurant, shop

Villar de Mazarife - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Jesús	+34 987 390 697	\$
Albergue San Antonio de Padua	+34 607 372 686	\$
Albergue Tío Pepe	info here	\$
B&B La Santa	info here	\$\$

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stage 23. Villar de Mazarife to Santibáñez de Valdeiglesias, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 4-5 hours
- Walking surface – 5 km/3.1 mi – asphalt/tar; 15 km/9.3 mi – gravel/footpath
- Walking on the road – 0 km
- Ascent – 80 m
- Descent – 100 m
- Difficulty level – 1 out of 5

Highlights

- Hospital de Órbigo – a beautiful little town with cobblestone streets, old houses and an impressive Medieval bridge Puente del Paso Honroso.
- Villares de Orbigo, a nice small town.

Challenges

- Nothing in particular, an easy walking day through the countryside with no hills.

Stops along the route stage 23

Distance	Name	Facilities
10 km/6.2 mi	Villavante	PA, hotel, restaurant
15 km/9.3 mi	Hospital de Órbigo	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17.5 km/10.8 mi	Villares de Órbigo	PA, restaurant, bar, shop, pharmacy
20 km/12.4 mi	Santibáñez de Valdeiglesias	MA (very bad reviews), PA, bar

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Santibáñez de Valdeiglesias - Accommodation

Hotel/albergue	Booking info	Price range
Albergue parroquial de Santibáñez	+34 987 377 698	\$
Albergue Camino Francés	+34 987 361 014	\$
L'abilleiru albergue rural	book here	\$\$

Stage 24. Santibáñez de Valdeiglesias to Murias de Rechivaldo, 16 km/10 mi

- Distance – 16 km/10 mi
- Time – 4-5 hours
- Walking surface – 3 km/1.8 mi – asphalt/tar; 13 km/8 mi – gravel/footpath
- Walking on the road – 800 m (very few cars)
- Ascent – 250 m
- Descent – 200 m
- Difficulty level – 3 out of 5

Highlights

- The famous David's place; a great stop on the route about 5 km/3.1 mi before Astorga.
- The historical center of Astorga; the Cathedral, the Gaudi Palace, the Plaza Mayor, Old Roman Walls, etc. The city is not big and all the main sights are close to each other.

Challenges

- Several ascents and descents throughout the day including a one long ascent at the end.

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 24

Distance	Name	Facilities
8 km/5 mi	San Justo de la Vega	Hotel, restaurant, shop, pharmacy
11 km/6.8 mi	Astorga	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
13.4 km/8.3 mi	Valdeviejas	PA (temporarily closed)
16 km/10 mi	Murias de Rechivaldo	MA, PA, hotel, restaurant

Murias de Rechivaldo - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Murias de Richavaldo	info here	\$
Albergue Peregrinos CasaFlor	book here	\$
Albergue Rural las Águedas	book here	\$
Alberguecasafior	book here	\$
Hostería Casa Flor	book here	\$\$
Hotel Rural La Veleta	book here	\$\$

Stage 25. Murias de Rechivaldo to Foncebadon, 20.5 km/12.7 mi

- Distance – 20.5 km/12.7 mi
- Time – 5-6 hours
- Walking surface – 5.5 km/3.4 mi – asphalt/tar; 15 km/9.3 mi – gravel/footpath
- Walking on the road – 1.7 km/1 mi
- Ascent – 560 m

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- Descent – 70 m
- Difficulty level – 3 out of 5

Elevation profile stage 25



Highlights

- Rabanal del Camino – a beautiful little village.
- Different from the Meseta scenery; green hills, forests, mountains.

Challenges

- A long gradual ascent from the start to the end of the day, 550 m up.

Stops along the route stage 25

Distance	Name	Facilities
4.5 km/2.7 mi	Santa Catalina de Samosa	PA, hotel, restaurant
8.5 km/5.2 mi	El Ganso	PA, hotel, restaurant
15 km/9.3 mi	Rabanal del Camino	MA, PA, hotel, restaurant, shop
20.5 km/12.7 mi	Foncebadón	MA (parroquial), PA, hotel, restaurant, shop

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Fonsebadon - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Parroquial Domus Dei	info here	\$
Albergue Monte Irago	+34 655 329 667	\$
Albergue El Convento de Foncebadón	+34 987 053 934	\$
Albergue la Posada del Druida	+34 696 820 136	\$
Albergue Casa Chelo	+34 693 328 571	\$
Albergue la Cruz de Fierro	+34 655 189 575	\$
La Posada del Druida	book here	\$\$
Convento de Foncebadón	book here	\$\$
El Trasgu de Foncebadón	book here	\$\$-\$\$\$

Stage 26. Foncebadon to Molinaseca, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5-6 hours
- Walking surface – 7.5 km/4.6 mi – asphalt/tar; 19.5 km/12 mi – gravel/footpath
- Walking on the road – 1.7 km/1 mi
- Ascent – 200 m
- Descent – 880 m
- Difficulty level – 4 out of 5

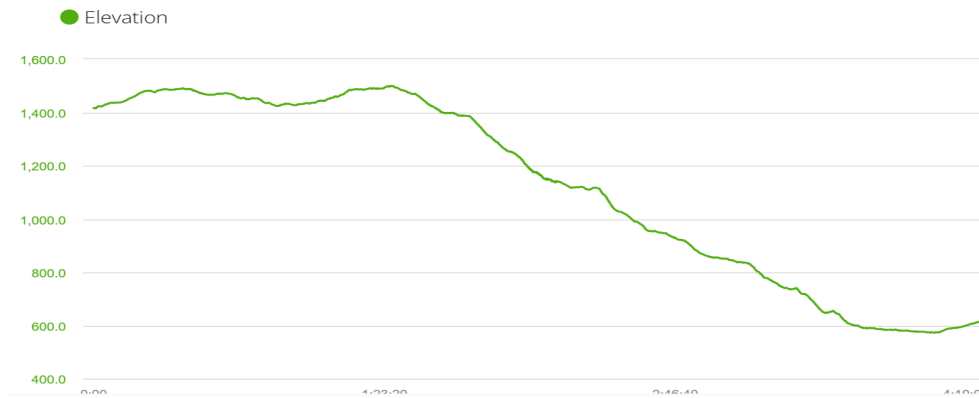
Elevation profile stage 26

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation



Highlights

- El Cruz de Ferro, a cross on the top of the hill.
- Beautiful forest/mountainous scenery.
- A couple of small beautiful towns; Riego de Ambrós, Molinaseca.

Challenges

- A short ascent at the start of the day from Foncebadon to Cruz de Ferro, 100 m up.
- A steep and sometimes rocky and slippery descent in the second half of the day to Molinaseca, 900 m down.

Stops along the route stage 26

Distance	Name	Facilities
2 km/1.2 mi	Cruz de Ferro	A historical landmark
4 km/2.4 mi	Manjarín	Cafe
11 km/6.8 mi	El Acebo de San Miguel	MA (parroquial), PA, hotel, restaurant
15 km/9.3 mi	Riego de Ambrós	MA, hotel, restaurant
20 km/12.4 mi	Molinaseca	PA, hotel, supermarket, restaurant, cafe, bar, pharmacy

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Molinaseca - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Santa Marina	book here	\$
Albergue Compostela	book here	\$
Albergue Señor Oso	book here	\$
Casa Morrosco	book here	\$-\$\$
Hotel Rural Pajarapinta	book here	\$\$
Hotel Molina Real	book here	\$\$
The Way Hotel Molinaseca	book here	\$\$
Hostal Casa San Nicolas	book here	\$\$
Hotel el Palacio	book here	\$\$
Hotel Rural Virgen del Carmen	book here	\$\$
Ensueno (2-bedroom house)	book here	\$\$\$

Stage 27. Molinaseca to Cacabelos, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 6 hours
- Walking surface – 6 km/3.7 mi – asphalt/tar; 15 km/9.3 mi – gravel/footpath
- Walking on the road – 0 km
- Ascent – 250 m
- Descent – 220 m
- Difficulty level – 3 out of 5

Highlights

- Beautiful scenery, green fields with occasional parts for forest surrounded by the mountains.
- The Historical center of Ponferrada; the castle, the square, etc.
- A couple of nice towns; Camponaraya, Cacabelos.

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Camino Francés from Pamplona

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Challenges

- A couple of small ascents and descents throughout the day.

Stops along the route stage 27

Distance	Name	Facilities
4 km/2.4 mi	Campo	Restaurant
7 km/4.3 mi	Ponferrada	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
12 km/7.4 mi	Columbrianos	PA, hotel, restaurant
14 km/8.6 mi	Fuentesnuevas	Hotel, restaurant
16 km/10 mi	Camponaraya	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
21 km/13 mi	Cacabelos	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Cacabelos - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Cacabelos	+34 677 941 793	\$
Albergue La Gallega	book here	\$
Hostal Siglo XIX	book here	\$\$
La Moncloa de San Lazaro	book here	\$\$
Hotel Villa de Cacabelos	book here	\$\$
Hotel Miralrio Cacabelos	book here	\$\$

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stage 28. Cacabelos to Trabadelo, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 14 km/8.6 mi – asphalt/tar; 5 km/3.2 mi – gravel/footpath
- Walking on the road – 4 km/2.4 mi (on a shoulder of a road)
- Ascent – 280 m
- Descent – 240 m
- Difficulty level – 2 out of 5

Highlights

- Beautiful vineyards.
- Villafranca del Bierzo; the Collegiate Church of Santa Maria, the Convent of San Nicolás El Real, the Church of Santiago with its Puerta de Perdón (the Gate of Forgiveness) that get opened only in Holy Years.

Challenges

- A steep ascent from Cacabelos, 100 m up.
- Several short ascents and descents.
- A 70-meter descent to Vilafranca del Bierzo.
- Walking along the road for a couple of kilometers.

Stops along the route stage 28

Distance	Name	Facilities
1.5 km/0.9 mi	Pieros	PA, restaurant
4.5 km/2.7 mi	Valtuille de Arriba	PA
10 km/6.2 mi	Villafranca del Bierzo	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
15 km/9.3 mi	Pereje	Hotel, restaurant
19 km/11.8 mi	Trabadelo	MA, PA, hotel, restaurant, pharmacy

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Trabadelo - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Trabadelo	+34 638 752 705	\$
Albergue parroquial Trabadelo	+34 624 674 904	\$
Albergue Crispeta	+34 987 566 529	\$
Albergue Camino y Leyenda	+34 669 228 265	\$-\$-\$
El Puente Peregrino	book here	\$-\$
Os Arrozos	book here	\$-\$
Hotel Rural Nova Ruta	book here	\$-\$
Cabañas bungalow albergue camping valle do seo	book here	\$-\$-\$-\$

Stage 29. Trabadelo to O Cebreiro, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 9 km/5.5 mi – asphalt/tar; 10 km/6.2 mi – gravel/footpath
- Walking on the road – 7 km/4.3 mi along the road with very few cars
- Ascent – 905 m
- Descent – 138 m
- Difficulty level – 5 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Elevation profile stage 29



Highlights

- Many small villages along on the way; La Portela de Valcarce, Las Herrerías, La Faba etc.
- Stunning views on the way from Las Herrerías up to O Cebreiro.
- Beautiful scenery from the viewpoint in O Cebreiro.
- O Cebreiro is a tiny village with breathtaking views and traditional stone houses/constructions.

Challenges

- Walking on asphalt and along the road.
- A very steep and long ascent, about 700 m over the last 6 km/3,7 mi, the ascent starts at 21 km/13 mi after Las Herrerías. One of the toughest days on the Camino Frances.

Stops along the route stage 29

Distance	Name	Facilities
1 km/0.6 mi	Pradela (on the alternative mountain route)	PA
4.5 km/2.7 mi	La Portela de Valcarce	PA, hotel, restaurant
6 km/3.7 mi	Ambasmestas	PA, hotel, restaurant

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16-20 km/10-12.4 mi Walking stages + Accommodation

7.5 km/4.6 mi	Vega de Valcarce	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
9.5 km/5.9 mi	Ruitelán	PA, restaurant
10.5 km/6.5 mi	Las Herrerías	PA, hotel, restaurant
14.5 km/9 mi	La Faba	MA, PA/pension, restaurant
17 km/10.5 mi	Laguna de Castilla	PA, restaurant
19 km/11.8 mi	O Cebreiro	MA, PA, hotel, restaurant, shop

O Cebreiro - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de O Cebreiro	info here	\$
Albergue Casa Campelo	+34 679 678 458	\$
Casa Navarro	book here	\$\$
Albergueira Frade	book here	\$\$
Habitaciones Frade	book here	\$\$
Venta Celta	book here	\$\$
Pensión Casa Carolo	+34 982 367 168	\$\$
Hotel O Cebreiro	+34 982 367 182	\$\$

Stage 30. O Cebreiro to Triacastela, 20 km/12.4 mi

- Distance – 20 km/12.4 mi
- Time – 5 hours
- Walking surface – 2 km/1.2 mi – asphalt/tar; 18 km/11 mi – footpath/gravel
- Walking on the road – 0 km
- Ascent – 305 m

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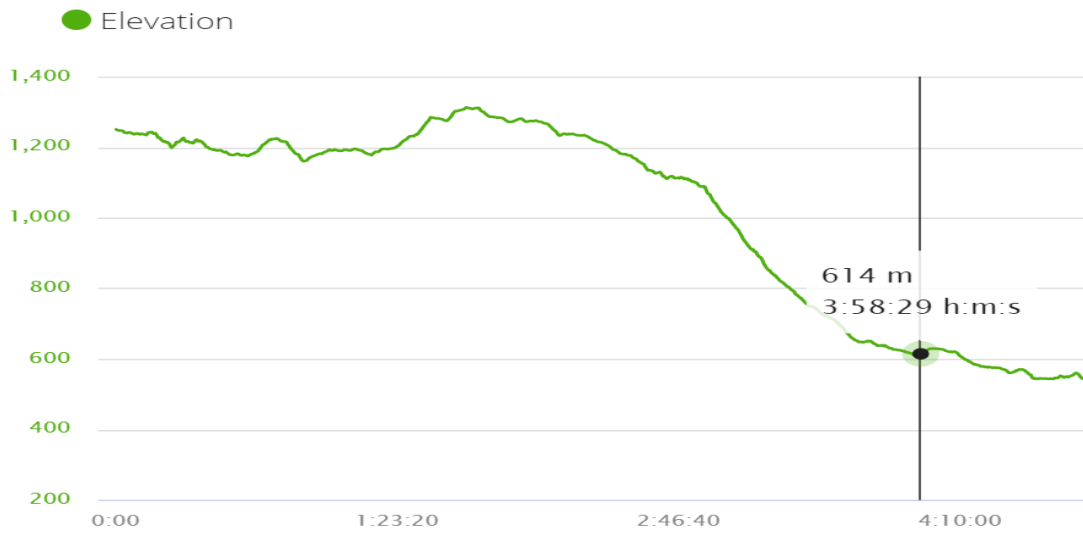
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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- Descent – 1063 m
- Difficulty level – 4 out of 5

Elevation profile stage 30



Highlights

- Great views on the way down from O Cebreiro.

Challenges

- Several ascents and descents at the start of the day.
- A long and steep descent to Triacastela.

Stops along the route stage 30

Distance	Name	Facilities
3 km/1.8 mi	Liñares	PA, restaurant, shop
5.5 km/3.4 mi	Hospital de Condesa	MA, restaurant
8.5 km/5.2 mi	Padornelo/Alto do Poio	PA, hotel, restaurant
12 km/7.4 mi	Fonfría	Hotel, restaurant

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16-20 km/10-12.4 mi Walking stages + Accommodation

14.5 km/9 mi	O Biduedo	Hotel, restaurant
17.5 km/10.8 mi	Fillobal	PA, restaurant
19 km/11.8 mi	Pasantes	Holiday home
20.5 km/12.7 mi	Triacastela	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Triacastela - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Triacastela	+34 982 548 087	\$
Albergue Berce do Camiño	book here	\$
Albergue Aitzenia	info here	\$
Albergue Refugio del Oribio	+34 982 548 085	\$
Casa David	book here	\$\$
Complejo Xacobeo	book here	\$\$
Pension-Albergue Lemos	book here	\$\$
Triacastela Sunset Terrace (4-bedroom apartment)	book here	\$\$-\$\$\$

Stage 31. Triacastela to Sarria through San Xil, 17 km/10.5 mi

- Distance - 17 km/10.5 mi
- Time - 4 hours
- Ascent - 178 m
- Descent - 280 m
- Difficulty level - 2 out of 5

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Stops along the route stage 31

Distance	Name	Facilities
2 km/1.2 mi	Balsa	PA, restaurant
6 km/3.7 mi	Montán	Bar
9 km/5.5 mi	Furela	Bar
10.2 km/6.3 mi	Pintín	Hotel, restaurant
12 km/7.4 mi	Calvor	MA
13 km/8 mi	Aguiada/San Mamede do Camino	Restaurant
17 km/10.5 mi	Sarria	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Sarria - Accommodation

Hotel/albergue	Booking info	Price range
Municipal albergue de Sarria	info here	\$
Pensión Albergue Matias Locanda	book here	\$
Albergue los Blasones	book here	\$
Obradoiro	book here	\$
Pensión-Albergue Puente Ribeira	book here	\$
Albergue Mayor	book here	\$
Albergue Credencial	book here	\$
Andaina	book here	\$
Pensión La Estación	book here	\$-\$\$

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Pensión O Camiño	book here	\$\$
Pension Sarria	book here	\$\$
Pension Siete en el Camino	book here	\$\$
Pensión Casa do Gallo Sarria	book here	\$\$
Baixo a Lua Rooming	book here	\$\$-\$\$\$
Pensión CREDENCIAL	book here	\$\$-\$\$\$
High Rentxacobeo penthouse apartment	book here	\$\$\$

Stage 32. Sarria to Mercadoiro, 16.5 km/10.2 mi

- Distance – 16.5 km/10.2 mi
- Time – 4-5 hours
- Walking surface – 7 km/4.3 mi – asphalt/tar; 9.5 km/5.9 mi – gravel/footpath
- Walking on the road – 0 km
- Ascent – 420 m
- Descent – 240 m
- Difficulty level – 3 out of 5

Highlights

- A nice and peaceful countryside scenery; forest with chestnut and oak trees, small farms and villages, wheat fields.

Challenges

- The long ascent of 200 m at the start of the day.
- Several short ups and downs throughout the day.
- A steep descent to Mercadoiro, 150 m down.

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16-20 km/10-12.4 mi Walking stages + Accommodation

Stops along the route stage 32

Distance	Name	Facilities
3 km/1.8 mi	Vilei	PA, restaurant
4 km/2.4 mi	Barbadelo (O Mosteiro)	MA, PA, hotel, restaurant
5 km/3.1 mi	Rente	Guesthouse
7 km/4.3 mi	Molino de Marzan	PA
11.5 km/7.1 mi	Morgade	PA, restaurant
13 km/8 mi	Ferreiros	MA, PA, restaurant
14 km/8.6 mi	A Pena	PA/hotel, bar
16.5 km/10.2 mi	Mercadoiro	PA/guesthouse, restaurant

Mercadoiro - Accommodation

Hotel/albergue	Booking info	Price range
Albergue de Mercadoiro (dorm beds and private rooms)	info here	\$-\$\$

Stage 33. Mercadoiro to Ventas de Naron, 18.5 km/11.5 mi

- Distance – 18.5 km/11.5 mi
- Time – 5-6 hours
- Walking surface – 8.5 km/5.2 mi – asphalt/tar; 10 km/6.2 mi – gravel/footpath
- Walking on the road – 500 m/0.3 mi
- Ascent – 370 m
- Descent – 400 m
- Difficulty level – 3 out of 5

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Highlights

- The beautiful town of Portomarín with its charming streets, inviting restaurants, a beautiful church, and stunning views of the Embalse de Belesar Lake. The town was completely flooded in 1963, and some historical buildings like San Nicolás Church or Chapel de la Nieves were moved uphill where you can find them nowadays.

Challenges

- A rocky and steep descent from Mercadoiro to Portomarín, 200 m down.
- A long and sometimes steep ascent from Portomarin to Ventas de Naron, 350 m up.

Stops along the route stage 33

Distance	Name	Facilities
1.5 km/0.9 mi	A Parrocha	Bar
3.5 km/2.1 mi	Vilacha	Restaurant
4.5 km/2.7 mi	Paradela	Guesthouse
5.5 km/3.4 mi	Portomarin	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
12.5 km/7.7 mi	Gonzar	MA, PA, guesthouse, restaurant
13.5 km/8.3 mi	Castromaior	PA, guesthouse, restaurant
17 km/10.5 mi	Hospital da Cruz	MA, guesthouse, restaurant
18.5 km/11.5 mi	Ventas de Naron	PA, restaurant

Ventas de Naron - Accommodation

Hotel/albergue	Booking info	Price range
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16-20 km/10-12.4 mi Walking stages + Accommodation

Albergue O cruceiro	+34 658 06 49 17 delinavazquez@hotmail.es	\$
Albergue Casa Molar	+34 696 794 507 casamolar.ventas04@gmail.com	\$
Casona de Ventas	book here	\$\$-\$\$\$

Stage 34. Ventas de Naron to San Xulian, 16 km/10 mi

- Distance – 16 km/10 mi
- Time – 4-5 hours
- Walking surface - 3 km/1.8 mi - asphalt/tar; 13 km/8 mi - gravel/footpath
- Walking on the road – not really walking on the road but quite a lot of walking on the gravel path next to the road
- Ascent – 217 m
- Descent – 331 m
- Difficulty level – 2 out of 5

Highlights

- Beautiful Galician forest.
- A couple of kiosks selling fruit, snacks and cool drinks for donation.

Challenges

- 100 m descent at the start of the day.
- A couple of stretches of walking next to the road on the gravel path.
- Several ascents and descents throughout the day.

Stops along the route stage 34

Distance	Name	Facilities
1.5 km/0.9 mi	A Prebisa	Restaurant
3.5 km/2.1 mi	Ligonde	PA, restaurant

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16-20 km/10-12.4 mi Walking stages + Accommodation

4.5 km/2.7 mi	Airexe	MA, guesthouse, restaurant
6 km/3.7 mi	Portos	PA, restaurant
6.5 km/4 mi	Lestedo	Guesthouse, restaurant
7.5 km/4.6 mi	Os Valos	Hotel
8.5 km/5.2 mi	A Brea	Restaurant
12 km/7.4 mi	Palas de Rei	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
16 km/10 mi	San Xulian	PA, guesthouse, restaurant

San Xulian - Accommodation

Hotel/albergue	Booking info	Price range
Albergue O Abrigadoiro (Albergue/restaurant)	oabrigadoiro1@gmail.com	\$
La Pallota de San Cristobal (guesthouse/restaurant)	book here	\$\$

Stage 35. San Xulian to Boente, 17 km/10.5 mi

- Distance – 17 km/10.5 mi
- Time – 4-5 hours
- Walking surface – 7 km/4.3 mi - asphalt; 10 km/6.2 mi - gravel/footpath
- Walking on the road – 0 km
- Ascent – 280 m
- Descent – 360 m
- Difficulty level – 2 out of 5

Highlights

- Melide is a pretty big town compared to the other places on the route from Sarria to Santiago. It's famous for its pulpo a la Feira (cooked octopus

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

tentacles served with olive oil and spices), a must-try here. The [Camino Primitivo](#) merges with the Camino Frances in Melide.

Challenges

- A steep 100-meter ascent at the start of the day.
- Many short ups and downs throughout the day.

Stops along the route stage 35

Distance	Name	Facilities
1 km/0.6 mi	Ponte Campaña	PA
2 km/1.2 mi	Casanova	MA
5 km/3.1 mi	O Coto	Hotel, restaurant
9 km/5.5 mi	Furelos	Hotel, bar
10.5 km/6.5 mi	Melide	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
11.5 km/7.1 mi	Santa Maria de Melide	Restaurant
17 km/10.5 mi	Boente	PA, bar

Boente - Accommodation

Hotel/albergue	Booking info	Price range
Albergue El Aleman	book here	\$
Albergue Fuente Saleta	+34 981 501 853 fuentesaleta@hotmail.com	\$
Albergue y Pensión Boente (dorm beds and private rooms)	book here	\$\$-\$\$\$
Hostel Boente	book here	\$\$

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16-20 km/10-12.4 mi Walking stages + Accommodation

Casa Ghoros (holiday home)	book here	\$\$-\$\$\$
Rectoral de Boente	book here	\$\$\$
AMC Boente	book here	\$\$\$

Stage 36. Boente to Salceda, 19 km/11.8 mi

- Distance – 19 km/11.8 mi
- Time – 5-6 hours
- Walking surface – 6 km/3.7 mi - on asphalt; 13 km/8 mi - footpath/gravel.
- Walking on the road – 2 km/1.2 mi next to the road
- Ascent – 341 m
- Descent – 468 m
- Difficulty level – 2 out of 5

Highlights

- Beautiful forest, small villages, fields.

Challenges

- A steep 80-meter down at the start of the day.
- A 120-meter down with a subsequent 100-meter up to Arzúa.
- Several ups and downs throughout the day.

Stops along the route stage 36

Distance	Name	Facilities
2 km/1.2 mi	A Fraga Alta (Castañeda)	PA, hotel, bar
5 km/3.1 mi	Ribadiso da Baixo	MA, PA, bar
8 km/5 mi	Arzúa	MA, PA, hotel, ATM, supermarket, pharmacy,

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

		restaurant, bar
10.5 km/6.5 mi	Pregontoño	Bar
14.5 km/9 mi	As Quintas	Bar
16 km/10 mi	A Calle de Ferreiros	PA, pension, bar
19 km/11.8 mi	Salceda	PA, bar, pharmacy

Salceda - Accommodation

Hotel/albergue	Booking info	Price range
Albergue La Corona 1	book here	\$
Pension Albergue Alborada	book here	\$-\$\$
Casa Tia Teresa	book here	\$\$
Albergue Turistico Salceda	book here	\$\$

Stage 37. Salceda to Lavacolla, 18 km/11.1 mi

- Distance – 18 km/11.1 mi
- Time – 5-6 hours
- Walking surface – 8 km/5 mi - on asphalt; 10 km/6.2 mi - footpath/gravel
- Walking on the road – 2 km/1.2 mi along a very quiet road with no cars
- Ascent – 350 m
- Descent – 280 m
- Difficulty level – 2 out of 5

Highlights

- The beautiful Galician forest.

Challenges

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

- A gradual 150-meter descent from Santa Irene to O Pedrouzo.
- A 150-meter ascent in the second half of the day.

Stops along the route stage 37

Distance	Name	Facilities
2 km/1.2 mi	A Brea	PA, bars
4.5 km/2.7 mi	Santa Irene	MA, PA, café
7 km/4.3 mi	A Rúa	Pension, bar
8.5 km/5.2 mi	O Pedrouzo	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
12 km/7.4 mi	Amenal	Hotel, pension, bar
16.5 km/10.2 mi	San Paio	Guesthouse, bar
18 km/11.1 mi	Lavacolla	PA, hotel, bar, shop, pharmacy

Lavacolla - Accommodation

Hotel/albergue	Booking info	Price range
Albergue Lavacolla	+34 981 897 274 reservas@alberguelavacolla.com	\$
Albergue A Fabrica	book here	\$
A Concha	book here	\$\$
Hotel Garcas	book here	\$\$
Hotel Ruta Jacobea	book here	\$\$-\$\$\$
Pension Xacobeo Lavacolla	book here	\$\$-\$\$\$

Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

Stage 38. Lavacolla to Santiago de Compostela, 10.5 km/6.5 mi

- Distance – 10.5 km/6.5 mi
- Time – 3 hours
- Walking surface – 8.5 km/5.2 mi - on asphalt; 2 km/1.2 mi - footpath/gravel
- Walking on the road – 1.5 km/0.9 mi along a very quiet road
- Ascent – 150 m
- Descent – 180 m
- Difficulty level – 2 out of 5

Highlights

- Walking through Santiago de Compostela.
- Arriving at the Cathedral usually accompanied by the sounds of the Galician bagpipe. From morning till evening (in the season) there is a musician playing at the Palace Arch.

Challenges

- A 100-meter descent from Monte de Gozo.
- A stretch between 1 km/0.6 mi and 5 km/3.1 mi is a bit monotonous, it always feels long but after Monte do Gozo you enter the city, and the last 5 km/3.1 mi go very fast.

Stops along the route stage 38

Distance	Name	Facilities
1.5 km/0.9 mi	Vilamaior	Guesthouse
5 km/3.1 mi	San Marcos	Hotel, bar, shop
5.5 km/3.4 mi	Monte do Gozo	MA (all year), PA, bar, shop

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Camino Francés from Pamplona

16-20 km/10-12.4 mi Walking stages + Accommodation

10.5 km/6.5 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
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Santiago de Compostela - Accommodation

Hotel/albergue	Booking info	Price range
Albergue San Lazaro (3 km/1.8 mi from the cathedral)	+34 981 571 488	\$
Albergue Seminario Menor	book here	\$
Dream in Santiago	book here	\$
Albergue O Fogar de Teodomiro	book here	\$
Albergue Porta Real	book here	\$
Albergue The Last Stamp	book here	\$
Santiago KM-0	book here	\$
Hostal San Pelayo	book here	\$\$
Hotel A Tafona do Peregrino	book here	\$\$
Hotel Alda Avenida	book here	\$\$
Pensión Residencia Fornos	book here	\$\$
Pensión Residencia Fonseca	book here	\$\$-\$\$\$
Hospedaria San Martin Pinarío	book here	\$\$-\$\$\$
Parador Hostal Reis Catolicos	book here	\$\$\$

Santiago de Compostela tours and activities

1. [Santiago: Cathedral & Museum Tour + Pórtico of Glory Option.](#)
2. [Finisterre and Costa da Morte: The Most Complete Tour of Santiago.](#)

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3. [Old town walking tour in a small group.](#)
4. [Tapas Tour of Santiago de Compostela.](#)