

Coastal Route Portuguese Camino

Walking stages

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Porto to Santiago de Compostela, 274 km/170 mi

Stage 1. Se Cathedral, Porto to Vila Chã, 26 km/16 mi

- Distance - 26 km/16 mi
- Time - 5-6 hours
- Accumulated ascent - 242 m
- Accumulated descent - 273 m
- Walking surface - 15 km/9,3 mi – asphalt, 10 km/6,2 mi – boardwalks, 1 km/0,6 mi – cobbled
- Walking along the coast – 23,5 km/14,6 mi are along the Douro River and coast

Stops along the route stage 1

*MA - municipal albergue **PA - private albergue

Distance	Name	Facilities
0-6 km/0-3,7 mi	Porto	Along the Douro River, restaurants and cafes. You can skip the first 6 km by taking a tram #1 or #18 from the Cathedral to Passeio Alegre.
6 km/3,7 mi	Foz de Douro	São João Baptista Fortress and Barra do Douro Lighthouse
10,5 km/6,5 mi	Matosinhos Information office	You can get a stamp and find out where to buy a Credential. The first official Camino sign since the Cathedral.

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10,5-13 km//6,5-8 mi	Through Matosinhos	Restaurants, shops, cafes, ATMs
13 km/8 mi	Tourism information office	You can get a stamp or find out where to get a Credential
13 km/8 mi	Leça da Palmeira	Hotels, restaurants, bars, shops
13-26 km/8-16 mi	Along the coast	Several cafes and restaurants along the beach. Some of them are closed in winter
15-26 km/9,3-16 mi	On the boardwalk	
17 km/10,5 mi	Aldeia Nova	Guesthouses, restaurant, bar
20 km/12,4 mi	Agudela	A big supermarket, 400 m away from the Camino. It's the last big shop for the day.
23 km/14 mi	Praia de Angeiras	Orbitur Campsite, guesthouse
24 km/15 mi	Labruge, a small town	MA (900 m away from the route, inland), guesthouse, cafes, restaurants
26 km/16 mi	Vila Chã, a small town	MA (800 m from the Camino, inland), guesthouses, campsite, cafes, restaurant

Stage 2. Vila Chã to Aguçadoura, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 4-5 hours
- Accumulated ascent – 119 m
- Accumulated descent – 116 m
- Walking surface – 7,7 km – boardwalk; 4 km – tar road; 6 km – cobblestones; 300 m – sand
- Walking along the coast – 12 km/7,4 mi out of 18 km/11 mi

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Stops along the route stage 2

Distance	Name	Facilities
0-6 km/0-3,7 mi		Along the coast on the boardwalk
2,5 km/1,5 mi	Praia de Mindelo	Hotels, restaurants, a shop
4,8 km/3 mi	Praia do Árvore	Hotels, restaurants, cafes, a shop
5,5 km/3,4 mi	Praia da Azurara	A guesthouse, cafes
6-12 km/3,7-7,4 mi		The route goes inland through Vila do Conde
7,5 km/4,6 mi	Vila do Conde	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacies
11 km/6,8 mi	Póvoa de Varzim	MA (donation), hostel, hotels, restaurants, shops, ATMs, pharmacies
14 km/8,6 mi	O Ver a Mar	Hostel, hotels, restaurants, cafes
18 km/11 mi	Aguçadoura	MA, guesthouses, a shop, a restaurant, a bar

Stage 3. Aguçadoura to Marinhãs, 18 km/11 mi

- Distance – 18 km/11 mi
- Time – 4-5 hours (moving time)
- Accumulated ascent – 81 m
- Accumulated descent – 72 m
- Walking surface – 6 km/3,7 mi – boardwalk; 4,7 km/2,9 mi – tar road/asphalt; 5,4 km/3,3 mi – cobblestones; 2 km/1,2 mi – footpath
- Walking along the coast – 7 km/4,3 mi out of 18 km/11 mi.

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Walking stages

Stops along the route stage 3

Distance	Name	Facilities
0-4 km/0-2,4 mi		On a boardwalk along the beach
4 km/2,4 mi		A bar
7,5 km/4,6 mi	Apulia	PA, hotels, restaurants, cafes, shops
11 km/6,8 mi	Fão	Hostels, guesthouses, restaurants, cafes, shops
12 km/7,4 mi		A cafe
12,8 km/7,9 mi		Hotel/restaurant
13 km/8 mi	Esposende	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies
18 km/11 mi	Marinhas	MA, guest houses, restaurants, a shop

Stage 4. Marinhas to Viana do Castelo, 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 5 hours
- Accumulated ascent – 346 m
- Accumulated descent – 361 m
- Walking surface – 7,5 km/4,6 mi – tar road/asphalt, 8 km/5 mi – cobblestones, 5,5 km/3,4 mi – footpath
- Walking along the coast – 0 km, the entire stage is inland

Coastal Route Portuguese Camino

Walking stages

Elevation profile stage 4



Stops along the route stage 4

Distance	Name	Facilities
3-5 km/1,8-3,1 mi		Several cafes and bars
4 km/2,4 mi	Belinho	Guesthouses, cafes, a shop
6,4-7,7 km /3,9-4,7 mi		On a footpath through the forest
8 km/5 mi	Castelo do Neiva	
9 km/5,5 mi		The church of St.lago (stamp)
9,2-10,6 km /5,7-6,5 mi		A beautiful forest walk
10,5 km/6,5 mi		A food stop
13,5 km/8,3 mi	Chafe	Guesthouses and a cafe
16 km/9,9 mi	Anha, a small town	PA, hotels, restaurants, cafes, a shop
18,5-20,5 km /11,5-12,7 mi		Walking along a busy street with many cars
20 km/12,4 mi		The Eiffel Bridge to Viana do Castelo

Coastal Route Portuguese Camino

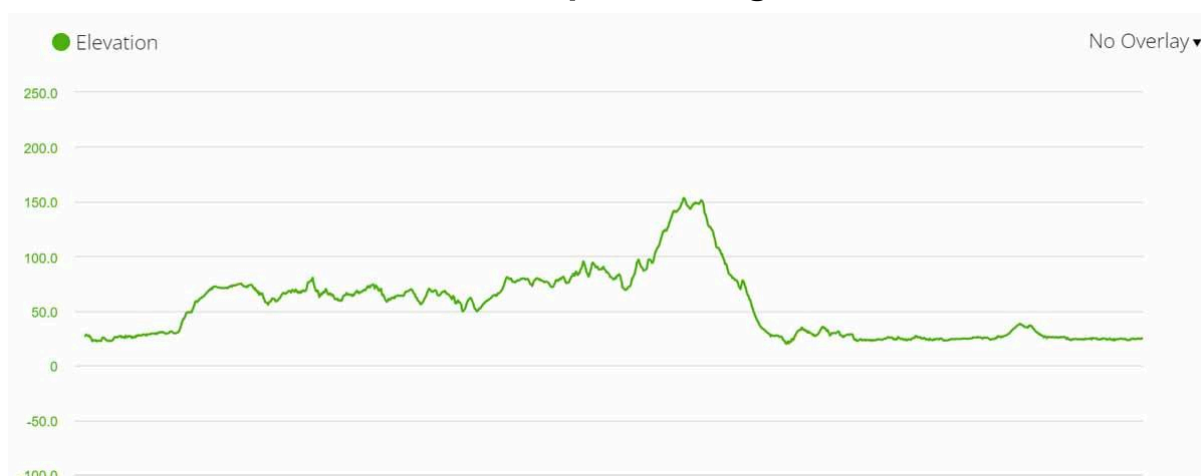
Walking stages

21 km/13 mi	Viana do Castelo	MA, PA, hotels, restaurants, bars, supermarkets, ATMs, pharmacies
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Stage 5. Viana do Castelo to Caminha, 28 km/17,3 mi

- Distance – 28 km/17,3 mi
- Time – 6-7 hours
- Accumulated ascent – 391 m
- Accumulated descent – 385 m
- Walking surface – 16,5 km/10,2 mi – tar road/asphalt, 8,5 km/5,2 mi – cobblestones, 3 km/1,8 mi – footpath
- Walking along the coast – 4 km/2,4 mi out of 28 km/17,3 mi are along the coast

Elevation profile stage 5



Stops along the route stage 5

Distance	Name	Facilities
0-4 km/0-2,4 mi		The Camino goes through Viana do Castelo and its neighbourhoods

Coastal Route Portuguese Camino

Walking stages

4-10 km /2,4-6,2 mi		The route goes through small villages and fields
10 km/6,2 mi	Carreço, a small town	PA, guesthouses, restaurants, a shop, a pharmacy
11 km/6,8 mi		PA
12-13 km /7,4-8 mi		Walking through the forest
14 km/8,6 mi		A cosy cafe in the forest
17 km/10,5 mi	Âncora	A guesthouse, cafes
18 km/11 mi	Vila Praia de Âncora	Hostels, hotels, restaurants, bars, supermarkets, ATMs, pharmacies, beach
20,5-24,5 km /12,7-15,2 mi		Walking along the coast
24,5 km/15,2 mi	Moledo, a small town	A hostel, guesthouses, restaurants, cafes, shops, ATM, a beach
25,5-27,3 km /15,8-17 mi		A long stretch along the road
28 km/17,3 mi	Caminha	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Coastal Route Portuguese Camino

Walking stages

Stage 6. Caminha (Portugal) to Viladesuso (Spain), 21 km/13 mi

- Distance – 21 km/13 mi
- Time – 4-5 hours
- Accumulated ascent – 375 m
- Accumulated descent – 360 m
- Walking surface – 11 km/6,8 mi – tar road/asphalt; 10 km/6,3 mi – footpath/gravel road
- Walking along the coast – 14 km/8,6 mi out of 21 km/13 mi

Stops along the route stage 6

Distance	Name	Facilities
	Caminha pier	A boat ride from Caminha (Portugal) to A Pasaxe (Spain). Check departure times and book your ticket online
0 km	A Pasaxe	A small pier
0-2,2 km /0-1,3 mi		The route goes up through the forest
3 km/1,8 mi	A Guarda	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy, beach
3-5 km /1,8-3,1 mi		Walking through the town
5 km/3,1 mi		A small beach
5,2 km/3,2 mi		A restaurant
8-9,6 km/5-6 mi		On a cycling route along the road
11 km/6,8 mi	Portecelo, a small town	Hotels, a bar with a seaview
12,5 km/7,7 mi		Guesthouse

Coastal Route Portuguese Camino

Walking stages

14 km/8,6 mi	A Mariña	Guesthouse
17 km/10,5 mi	Oia	Hotels, restaurants, cafes, a shop, a monastery, a beach
20 km/12,4 mi		Hotel
21 km/12,8 mi	Viladesuso	PA, hotels, restaurants, cafes, a shop

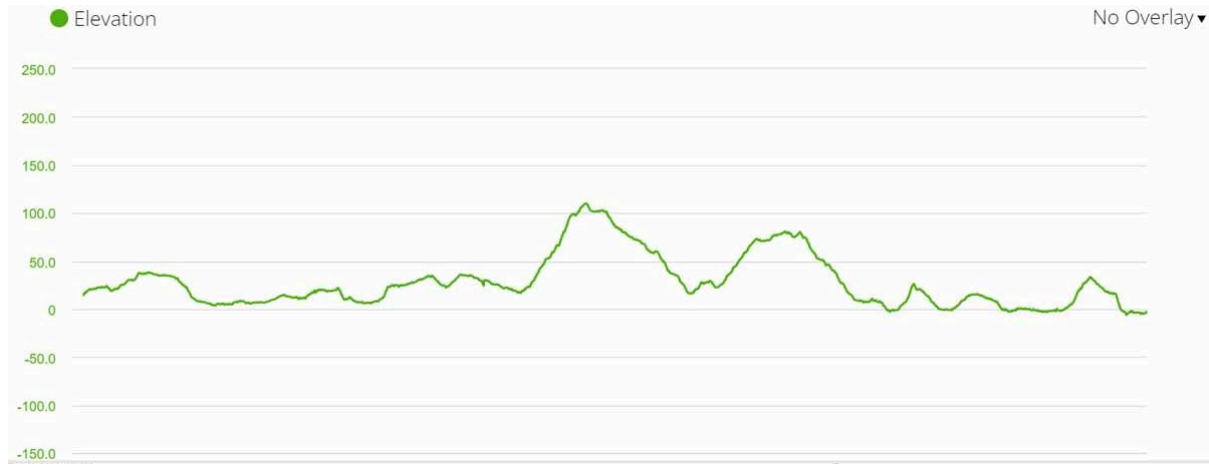
Stage 7. Viladesuso to A Ramallosa, 19 km/11,8 mi

- Distance – 19 km/11,8 mi
- Time – 4-5 hours
- Accumulated ascent – 344 m
- Accumulated descent – 362 m
- Walking surface – 15,5 km/9,6 mi - tar road/asphalt; 3,5 km/2,2 mi – footpath/gravel road
- Walking along the coast - 9 km/5,5 mi

Coastal Route Portuguese Camino

Walking stages

Elevation profile stage 7



Stops along the route stage 7

Distance	Name	Facilities
2,6 km/1,6 mi	Porto Mougas	PA, guesthouses
4 km/2,4 mi	Pedra Rubia	A campsite/restaurant
7 km/4,3 mi	A Ermida	A hotel/cafe, campsite
8-9,5 km/5-5,9 mi		Through the forest over the hills
11 km/6,8 mi		A restaurant
14 km/8,6 mi	Baiona	PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy, castle, beach
17,5 km/10,8 mi	Sabaris	PA, hotels, campsite, restaurants, cafes, supermarkets, ATM, pharmacy, beach
19 km/11,8 mi	A Ramallosa	PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy, beach

Coastal Route Portuguese Camino

Walking stages

Stage 8. A Ramallosa to Vigo, 21,5 km/13,3 mi

- Distance – 21,5 km/13,3 mi
- Time – 4-5 hours (moving time)
- Accumulated ascent – 381 m
- Accumulated descent – 345 m
- Walking surface – 13,5 km/8,3 mi – tar road/asphalt; 8 km/5 mi – footpath/gravel road
- Walking along the coast – 0 km the entire stage is inland

Elevation profile stage 8



Stops along the route stage 8

Distance	Name	Facilities
1-12 km /0,6-7,4 mi		The route goes through the forest and villages
1,6 km/1 mi		A bar
2 km/1,2 mi	Nigran (300 m from the Camino)	Hotels, restaurants, cafes, shops, ATM, pharmacy

Coastal Route Portuguese Camino

Walking stages

4 km/2,4 mi		A cafe, a restaurant
8 km/5 mi	Saians	PA, a cafe
10-12 km /6,2-7,4 mi		The Camino goes through the beautiful forest
11 km/6,8 mi		A route split; the right route goes through the forest, the left route goes closer to the road
11,3 km/7 mi		A small waterfall
11,6 km/7,2 mi		A route split; the right route goes towards Albergue de O Freixo (5 km away from the Camino route)
12-14 km /7,4-8,6 mi		Along a busy road with a couple of cafes and restaurants
14,3-17,5 km /8,8-10,8 mi		Along the river
17,5-21,5 km /10,8-13,3 mi	Vigo	Through the city of Vigo and its suburbs
21,5 km/13,3 mi	The Cathedral of Vigo	MA, hostel, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Stage 9. Vigo to Redondela (the Central Route), 16,5 km/10,2 mi

- Distance – 16,5 km/10,2 mi
- Time – 3-4 hours (moving time)
- Accumulated ascent – 203 m
- Accumulated descent – 210 m
- Walking surface – 11,5 km/7,1 mi - tar road/asphalt; 5 km/3,1 mi – footpath/gravel road
- Walking along the coast - 8 km/5 mi (between 5 km/3,1 mi and 13 km/8 mi) beautiful coastal views from the route

Coastal Route Portuguese Camino

Walking stages

Elevation profile stage 9



Stops along the route stage 9

Distance	Name	Facilities
0-3 km/0-1,8 mi		The Camino goes through the city
5-13 km/3,1-8 mi		On the slope of the hill, through villages and forest
9 km/5,6 mi		A beautiful waterfall
14 km/8,6 mi		The beginning of a steep descent
16,5 km/10,2 mi	Redondela (the Coastal and Central routes merge)	MA, PA, hotels, restaurants, cafes, supermarkets, ATM, pharmacy

Coastal Route Portuguese Camino

Walking stages

Stage 10. Redondela to Pontevedra, 20,6 km/12,8 mi

- Distance - 20,6 km/12,8 mi
- Time - 4-5 hours
- Total ascent - 425 m
- Total descent - 400 m
- Walking surface - 13 km/7,4 mi - asphalt, 7,5 km/4,6 mi - footpath/gravel
- Walking on the road - 500 m/0,3 mi

Elevation profile stage 10



Stops along the route stage 10

Distance	Name	Facilities
2 km/1,2 mi	Cesantes	PA, hotel, bar
2,7 km/1,6 mi		PA
6,5 km/4 mi	Soutoxuste	Hotel, restaurant, bar, shop

Coastal Route Portuguese Camino

Walking stages

7,5 km/4,6 mi	Arcade	PA, hotel, restaurants, bars, shops, ATM
9 km/5,5 mi	Pontesanpaio	Hotel, bar, ATM
9,6-11,6 km /6-7,2 mi		Walking through the forest
15,5 km/9,6 mi		A bar, a shop, a chapel where you can stamp your Credential
15,8 km/9,8 mi		A split on the Central Route. Most people take the complementary route because it goes through the forest instead of the "official" route along the road
16-19 km/10-11,8 mi		Walking on a footpath through the forest
20 km/12,4 mi	Pontevedra	MA, PA, hotels, restaurants, cafes, supermarkets, ATMs, pharmacy

Stage 11. Pontevedra to Caldas de Reis, 21 km/13 mi

- Distance - 21 km/13 mi
- Time - 4-5 hours
- Total ascent - 275 m
- Total descent - 270 m
- Walking surface - 12 km/7,4 mi - asphalt, 9 km/5,6 mi - footpath/gravel
- Walking on the road - 0 km, 1 km on a footpath along the road

Coastal Route Portuguese Camino

Walking stages

Elevation profile stage 11



Stops along the route stage 11

Distance	Name	Facilities
0-1,4 km /0-0,8 mi	Pontevedra	Cafes, restaurants, shops, hotels, ATMs
3 km/1.8 mi	The route splits	The optional route of the Portuguese Camino - the Spiritual Variant
9 km/5,5 mi	A Portela	Cafe Pousada Peregrino
9,5 km/5,9 mi	A Portela	Private Albergue
9,5-10,5 km/5,9-6,5 mi		Walking next to the road on a footpath
11,5 km/7,1 mi		A vending machine, a bar
15 km/9,3 mi		A couple of cafes
16,5 km/10,2 mi	Briallos	Municipal Albergue (300 m from the Camino follow the signs)
18 km/11 mi		Cafe
19,5 km/12 mi	Tivo	Private Albergue/bar Vintecatro

Coastal Route Portuguese Camino

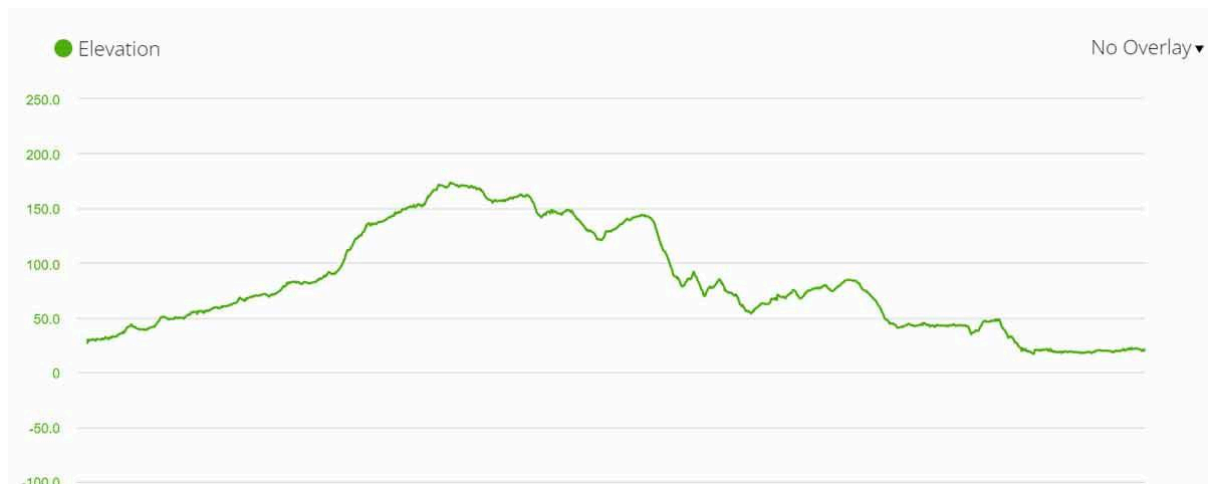
Walking stages

21 km/13 mi	Caldas de Reis	PA, hotels, guesthouses, supermarkets, restaurants, cafes, ATMs, pharmacies
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Stage 12. Caldas de Reis to Padron, 18,5 km/11,5 mi

- Distance - 18,5 km/11,5 mi
- Time - 4-5 hours
- Ascent – 283 m
- Descent – 296 m
- Walking surface - 11 km/6,8 mi - asphalt, 7,5 km/4,6 mi - footpath/gravel
- Walking on the road - 0 km

Elevation profile stage 12



Coastal Route Portuguese Camino

Walking stages

Stops along the route stage 12

Distance	Name	Facilities
2-5,2 km/1,2-3,2 mi		Walking through the forest
5 km/3,1 mi		A 40-kilometers to Santiago sign
5,4 km/3,3 mi	O Cruceiro	Bar, guesthouse
5,8 km/3,6 mi		Church of Santa Mariña de Carracedo
7,2 km/4,4 mi -		Cafe
8,5 km/5,2 mi		Bar
9,6 km/5,9 mi	O Pino	Municipal Albergue
9,8 km/6 mi		A rest area in the forest
10-11,5 km /6,2-7,1 mi		Walking through the forest
12 km/7,4 mi	San Miguel de Valga	Cafe, restaurant
14,6 km/9 mi		Rest area
15,5 km/9,6 mi		A water fountain
15,6 km/9,6 mi		A coffee stall
16,5 km/10,2 mi	Pontecesures	MA, hotels, shops, restaurants, cafes, ATMs, pharmacies
18,5 km/11,5 mi	Padron	MA, PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies

Coastal Route Portuguese Camino

Walking stages

Stage 13. Padron to Santiago de Compostela, 25,5 km/15,8 mi

- Distance – 25,5 km/15,8 mi
- Time – 6-7 hours (moving time)
- Ascent – 526 m
- Descent – 266 m
- Walking surface - 20,5 km/12,8 mi - asphalt, 5 km/3,1 mi - footpath/gravel
- Walking on the road - 600 m on a quiet road

Elevation profile stage 13



Coastal Route Portuguese Camino

Walking stages

Stops along the route stage 13

Distance	Name	Facilities
2-3 km /1,2-1,8 mi		Along a busy road
2,2 km/1,3 mi		Restaurant, cafe
2,7 km/1,6 mi		Hotel, restaurant
3-4 km /1,8-2,4 mi		Walking through villages
5,5 km/4,3 mi		Private Albergue O Logar de Jesus
6,2 km/3,8 mi	A Esclavitude	Guesthouses, shop, restaurant, bar,
8,9 km/5,5 mi		A rest area
9 km/5,5 mi	Areal	Guesthouse
9,5 km/5,9 mi	Picaraña	Several hotels and restaurants along the route
10-11 km /6,2-6,8 mi		Walking through the forest
11 km/6,8 mi	O Faramello	MA, PA, restaurant, bar
12,4 km/7,7 mi	Teo	Hotel/restaurant
13,8 km/8,5 mi		Cafe/shop
14,2 km/8,8 mi	Pedreira	Private Albergue/cafe
17,6 km /10,9 mi	O Milladoiro	PA, hotels, supermarkets, restaurants, cafes, ATMs, pharmacies
20,5 km /12,7 mi		Cafe/souvenir shop
23 km/14,2 mi		A route split both routes go to the Cathedral, one is a bit longer

Coastal Route Portuguese Camino

Walking stages

24 km/14,9 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
25,5 km /15,8 mi	Cathedral and Obradoiro Square	The end of the Camino Portuguese