

Portuguese Camino de Santiago

Central Route walking stages

Porto to Santiago de Compostela, 260 km/161 mi

Day 1. Porto - Labruge, 23 km/15 mi	2
Day 2. Labruge - Rates, 23 km/14,2 mi	2
Day 3. Rates - Barcelos, 16 km/10 mi or Rates - Tamel, 25 km/15,5 mi	2
Day 4. Barcelos - Ponte de Lima, 34 km/21 mi or Tamel - Ponte de Lima, 25 km/15,5 mi	3
Day 5. Ponte de Lima - Rubiães, 20 km/12,4 mi	3
Day 6. Rubiães - Valença/Tui, 20 km/12,4 mi	3
Day 7. Valença/Tui - Porriño, 17 km/10,5 mi	3
Day 8. Porriño - Redondela, 16 km/10,5 mi	4
Day 9. Redondela - Pontevedra, 20 km/12,4 mi	4
Day 10. Pontevedra - Caldas de Reis, 23 km/14,2 mi***	4
Day 11. Caldas de Reis - Padrón, 20 km/12,4 mi	5
Day 12. Padrón - Santiago de Compostela, 25 km/15,5 mi	5
***Variante Espiritual (Spiritual Way), optional route	6
Day 10. Pontevedra - Armenteira, 22 km/13,6 mi	6
Day 11. Armenteira - Vilanova de Arousa, 23 km/14,2 mi	6
Day 12. Vilanova de Arousa - Padrón, 28 km/17,3 mi by boat + 3 km/1,8 mi walking	6

Portuguese Camino de Santiago

Central Route walking stages

Day 1. Porto - Labruge, 23 km/15 mi

*MA - municipal albergue

6km	Foz do Douro	Hotel, ATM, supermarket, pharmacy, restaurant, bar
12km	Matosinhos	Hotel, ATM, supermarket, pharmacy, restaurant, bar
13,5km	Leça da Palmeira	Hotel
17km	Perafita	Hotel, ATM, supermarket, pharmacy, restaurant, bar
21km	Lavra (Angeiras)	Camping/cabins, hotel, ATM, supermarket, pharmacy, restaurant, bar
23km	Labruge	MA*, hotel, ATM, supermarket, pharmacy, restaurant, bar

Day 2. Labruge - Rates, 23 km/14,2 mi

**PA - private albergue

2,5km	Vila Chã	MA, camping, hotel, supermarket, pharmacy, restaurant, bar
3,5km	Mindelo	Hotel, supermarket, restaurant, bar
10km	Vila do Conde	MA, PA**, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Sao Miguel de Arcos	Hotel, ATM, supermarket, restaurant, bar
23km	Sao Pedro de Rates	MA, hotel, supermarket, pharmacy, restaurant, bar

Day 3. Rates - Barcelos, 16 km/10 mi or Rates - Tamel, 25 km/15,5 mi

6,3km	Pedra Furada	PA, bar
15,5km	Barcelinhos	MA, PA, bar
16km	Barcelos	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Portuguese Camino de Santiago

Central Route walking stages

19km	Vila Boa	Hotel
25km	Tamel (S.Pedro de Fins)	MA
Day 4. Barcelos - Ponte de Lima, 34 km/21 mi or Tamel - Ponte de Lima, 25 km/15,5 mi		
5,5km	Bolugães	Hotel, shop, restaurant
12km	Vitorino dos Piães	PA, hotel, supermarket, restaurant
18km	Facha/Sobreiro	PA, hotel, shop, restaurant
25km	Ponte de Lima	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 5. Ponte de Lima - Rubiães, 20 km/12,4 mi		
5km	Arcozelo	cafe
11km	Labruja	PA, hotel, cafe
18km	Sao Roque	PA, hotel, pharmacy
20km	Rubiães	MA, PA, hotel, supermarket, pharmacy, restaurant, bar
Day 6. Rubiães - Valença/Tui, 20 km/12,4 mi		
4,5km	Sao Bento da Porta Aberta	Hotel, cafe
8km	Fontoura	Hotel, shop, bar
10km	Paços	PA, shop, cafe
12km	Pedreira	Hotel, shop, restaurant, bar
18/20km	Valença/Tui	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 7. Valença/Tui - Porriño, 17 km/10,5 mi		
7km	Ribadelouro	Albergue, cafe, bar

Portuguese Camino de Santiago

Central Route walking stages

8km	Orbenlle	Hotel, restaurant
17km	Porriño	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 8. Porriño - Redondela, 16 km/10,5 mi		
3,4km	Veigadaña	MA
6km	Mos	MA, hotel, shop, restaurant
12,7km	Saxamonde	PA, shop, restaurant,
17km	Redondela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 9. Redondela - Pontevedra, 20 km/12,4 mi		
2,5km	Cesantes	PA, hotel, ATM, shop, pharmacy, restaurant, bar
5 km	Soutoxuste	Hotel, restaurant
7km	Arcade	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
8,5km	Pontesanpaio	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Pontevedra	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 10. Pontevedra - Caldas de Reis, 23 km/14,2 mi***		
3,5km	Alba	Cafe
10,5km	Barro/Portela	MA, hotel, restaurant
16km	Briallos	MA, shop
21km	Tívo	PA, restaurant, shop
23km	Caldas de Reis	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Portuguese Camino de Santiago

Central Route walking stages

Day 11. Caldas de Reis - Padrón, 20 km/12,4 mi

5,5 km	O Cruceiro (Carracedo)	Cafe, restaurant
10km	Valga (O Pino)	MA, restaurant, bar
12,5km	San Miguel de Valga	Shop, pharmacy, restaurant, bar
17km	Pontecesures	MA, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Padrón	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Day 12. Padrón - Santiago de Compostela, 25 km/15,5 mi

1km	Iria Flavia	PA, hotel, bar
6km	A Escravitude	PA, hotel, restaurant, bar
6,5km	Cruces	PA, hotel, restaurant, bar
7,5km	Angueira de Suso	PA, hotel, restaurant
8,3km	Picaraña	Hotel, restaurant
10km	O Faramello (Teo)	MA, PA, restaurant, bar
18km	Milladoiro	PA, hotel, ATM, supermarket, restaurant, bar
25km	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Portuguese Camino de Santiago

Central Route walking stages

***Variante Espiritual (Spiritual Way), optional route
Pontevedra to Padrón, 76 km

Day 10. Pontevedra - Armenteira, 22 km/13,6 mi		
6km	Campañó	Hotel, restaurant
10km	Poio	Hotel, restaurant
12km	Combarro	Hotel, ATM, supermarket, pharmacy, restaurant, bar
22km	Armenteira	MA, hotel, restaurant
Day 11. Armenteira - Vilanova de Arousa, 23 km/14,2 mi		
6km	Barrantes	Shop, restaurant, bar
12km	Ponte Arnelas	Pharmacy, restaurant, bar
23km	Vilanova de Arousa	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 12. Vilanova de Arousa - Padrón, 28 km/17,3 mi by boat + 3 km/1,8 mi walking		
28km	Pontecesures	MA, hotel, ATM, supermarket, pharmacy, restaurant, bar
31km	Padrón (walking)	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar