

# The Historical Way of the Rota Vicentina

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## Walking itinerary & places to stay

### Arriving in Santiago de Cacém

- Distance (from Lisbon) - 100 km
- Driving time (bus) - 2 hours
- Price - 14 Euro

Buses leave from Sete Rios bus station in Lisbon.

Check on [the Rede Expressos website](#) for an up-to-date itinerary and to book tickets.

### Places to stay in Santiago de Cacém

Hotel/hostel	Booking info	Price range
Casa Rodrigues	<a href="#">book here</a>	\$\$
A Deolinda	<a href="#">book here</a>	\$\$
Hotel Dom Nuno	<a href="#">book here</a>	\$\$
Casas de Miróbriga	<a href="#">book here</a>	\$\$
Quinta de Malmedra	<a href="#">book here</a>	\$\$-\$\$\$
Santiago Hotel Cooking & Nature	<a href="#">book here</a>	\$\$\$

### Day 1. Santiago de Cacém - Vale Seco, 18,5 km/11,5 mi

- Distance - 18,5 km/11,5 mi
- Time - 4 hours
- Ascent - 496 m
- Descent - 434 m
- Difficulty level - 3 out of 5

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

### Elevation profile Day 1



### Places to stay in Vale Seco

Hotel/hostel	Booking info	Price range
Casinhas da Aldea	+351-926-135-594 +351-962-284-363	\$-\$\$
Terra Verde (inquire about camping here)	+351-965-765-233	\$-\$\$
Courela do Salgueiro	<a href="#">book here</a>	\$\$\$
Moinhos do Paneiro	<a href="#">book here</a>	\$\$\$

## Day 2. Vale Seco - Cercal do Alentejo, 22 km/13,6 mi

- Distance - 22 km/13,6 mi
- Time - 4 hours 30 minutes
- Ascent - 374 m
- Descent - 409 m
- Difficulty level - 3 out of 5

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

### Elevation profile Day 2



### Places to stay in Cercal do Alentejo

Hotel/hostel	Booking info	Price range
Casazul M&B	<a href="#">book here</a>	\$\$
Estudio 21	<a href="#">book here</a>	\$\$
Solar do Alentejo	<a href="#">book here</a>	\$\$
Apartamentos Bau-Doce	<a href="#">book here</a>	\$\$
Mardessilva house	<a href="#">book here</a>	\$\$-\$\$\$
Quinta Camarena	<a href="#">book here</a>	\$\$\$

## Day 3. Cercal do Alentejo - São Luís, 19 km/12 mi

- Distance - 19 km/12 mi
- Time - 4 hours 15 minutes
- Ascent - 550 m
- Descent - 542 m
- Difficulty level - 3 out of 5

### Elevation profile Day 3

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay



### Places to stay in São Luís

Hotel/hostel	Booking info	Price range
Espaço Pinguim	<a href="#">book here</a>	\$-\$\$
Alves Olive	<a href="#">book here</a>	\$\$-\$\$\$
Vila Costa	<a href="#">book here</a>	\$\$-\$\$\$
Casa de Tia Maria	<a href="#">book here</a>	\$\$-\$\$\$

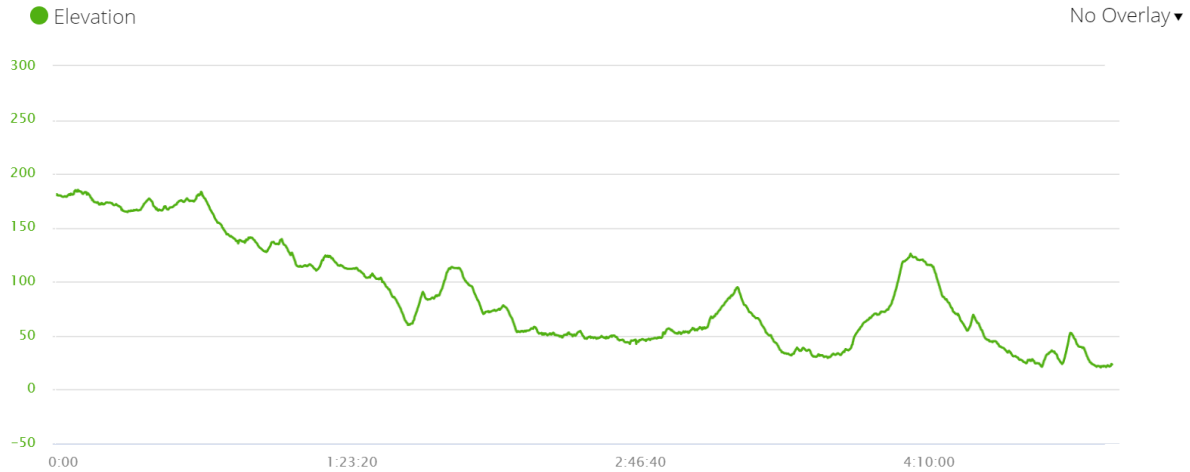
## Day 4. São Luís - Odemira, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 379 m
- Descent - 536 m
- Difficulty level - 3 out of 5

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

### Elevation profile Day 4



### Places to stay in Odemira

Hotel/hostel	Booking info	Price range
Hospedaria Boavistense	<a href="#">book here</a>	\$-\$\$
Residencial Rita	<a href="#">book here</a>	\$\$-\$\$\$
Casa da Umbria	<a href="#">book here</a>	\$\$-\$\$\$
Residencial Idalio	<a href="#">book here</a>	\$\$-\$\$\$
Apartamento KumiKata	<a href="#">book here</a>	\$\$-\$\$\$

## Day 5. Odemira - São Teotónio, 19,5 km/12 mi

- Distance - 19,5 km/12 mi
- Time - 4 hours
- Ascent - 437 m
- Descent - 288 m
- Difficulty level - 2 out of 5

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## Walking itinerary & places to stay

### Elevation profile Day 5



### Places to stay in São Teotónio

Hotel/hostel	Booking info	Price range
São Teotónio Hotel	+351 283 958 406	\$\$
Monte Santiago Maria	+351 964 722 188	\$\$
Herdade Rodrigo Alfonso	<a href="#">book here</a>	\$\$-\$\$\$
Amor de Crianca	<a href="#">book here</a>	\$\$-\$\$\$
Monte de Garlixa	<a href="#">book here</a>	\$\$-\$\$\$

## Day 6. São Teotónio - Odeceixe, 17 km/10,5 mi

- Distance - 17 km/10,5 mi
- Time - 3 hours 40 minutes
- Ascent - 269 m
- Descent - 420 m
- Difficulty level - 2 out of 5

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

### Elevation profile Day 6



### Places to stay in Odeceixe

Hotel/hostel	Booking info	Price range
Parque de Campismo São Miguel	+351 282 947 145 (camping) <a href="#">book here</a> (bungalow)	\$-\$\$
Bohemian Antique Guesthouse	<a href="#">book here</a>	\$-\$\$
Hostel Seixe	<a href="#">book here</a>	\$
Horta do Vale	<a href="#">book here</a>	\$
Casa de Hospedes Margarida	<a href="#">book here</a>	\$\$
Casa Luar	<a href="#">book here</a>	\$\$
Casa de Hospedes Celeste	<a href="#">book here</a>	\$\$-\$\$\$
Residência do Parque	<a href="#">book here</a>	\$\$\$
Sol Mar	<a href="#">book here</a>	\$\$\$



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## Walking itinerary & places to stay

### Places to stay in Playa Odeceixe

Hotel/hostel	Booking info	Price range
Carlos's Beach Hostel	<a href="#">book here</a>	\$\$-\$\$\$
Casa Dorita	<a href="#">book here</a>	\$\$\$
Casas do Zé	<a href="#">book here</a>	\$\$\$

## Day 7-13 continue on the Fishermen's Trail

### Day 7. Odeceixe - Aljezur, 23 km/14 mi

- Distance - 23 km/14 mi (beach route) or 18 km/11 mi (inland route)
- Time - 5 hours 30 minutes or 4 hours
- Ascent - 288 m
- Descent - 280 m
- Difficulty level - 2 out of 5

### Elevation profile Day 7



### Places to stay in Aljezur

Hotel/hostel	Booking info	Price range
Camping Serrão	(+351) 282 990 220	\$
Carpe Diem Aljezur	<a href="#">book here</a>	\$\$-\$\$\$

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## Walking itinerary & places to stay

Amazigh Design Hostel	<a href="#">book here</a>	\$-\$\$
Verdemar Guesthouse	<a href="#">book here</a>	\$\$
Casinhas Proença	<a href="#">book here</a>	\$\$
Vicentina Hotel	<a href="#">book here</a>	\$\$\$
Guesthouse A Leira	<a href="#">book here</a>	\$\$\$

### Day 8. Aljezur - Arrifana, 19 km/12 mi

- Distance - 19 km/12 mi (beach loop) or 12 km/7,5 mi (direct route)
- Time - 4 hours 30 minutes or 3 hours
- Ascent - 428 m
- Descent - 362 m
- Difficulty level - 3 out of 5

### Elevation profile Day 8



### Places to stay in Arrifana

Hotel/hostel	Booking info	Price range
Hi Arrifana Destination Hostel	<a href="#">book here</a>	\$-\$\$
Solar dos Vales	<a href="#">book here</a>	\$\$
Endless Summer Surf House	<a href="#">book here</a>	\$\$
Villa Arrifana	<a href="#">book here</a>	\$\$-\$\$\$

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# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

Arrifana Destination Boutique	<a href="#">book here</a>	\$\$\$
Arrifana Retreat	<a href="#">book here</a>	\$\$\$

### Day 9. Arrifana - Carrapateira, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 555 m
- Descent - 619 m
- Difficulty level - 4 out of 5

### Elevation profile Day 9



### Places to stay in Carrapateira

Hotel/hostel	Booking info	Price range
Casa da Estela	<a href="#">book here</a>	\$-\$\$
Carrapateira Lodge	<a href="#">book here</a>	\$-\$\$
Hostel do Mar	+351 960 269 668	\$-\$\$
Cato	<a href="#">book here</a>	\$\$
Apartamento do Boa Vista	<a href="#">book here</a>	\$\$
Apartment Sound of Silence	<a href="#">book here</a>	\$\$-\$\$\$
Carrapateiramar Guesthouse	<a href="#">book here</a>	\$\$\$

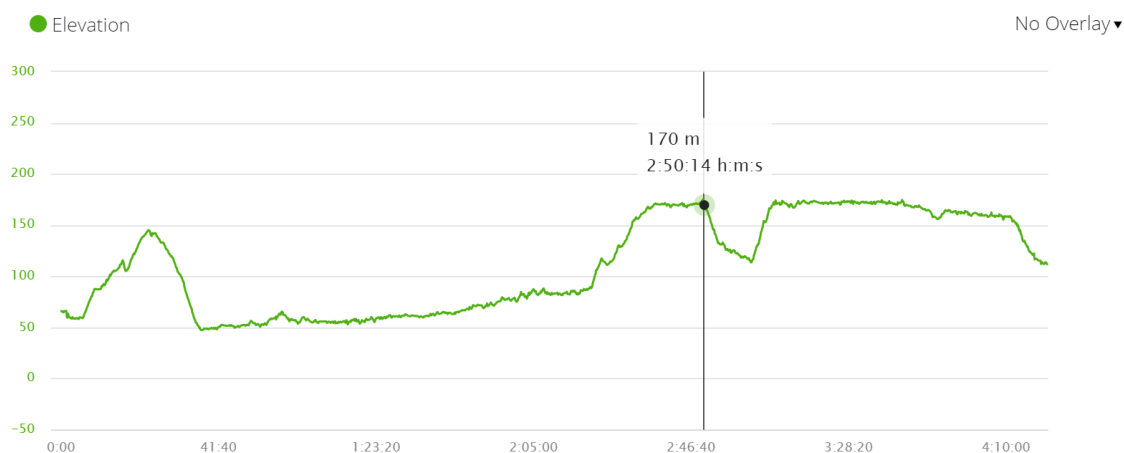
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### Day 10. Carrapateira - Vila do Bispo, 22 km/13,6 mi

- Distance - 22 km/13,6 mi
- Time - 4 hours 20 minutes
- Ascent - 418 m
- Descent - 368 m
- Difficulty level - 3 out of 5

#### Elevation profile Day 10



#### Places to stay in Vila do Bispo

Hotel/hostel	Booking info	Price range
Casa Mestre	<a href="#">book here</a>	\$\$
Lila's Private Accommodation	<a href="#">book here</a>	\$\$
Cozy Apartment Vila do Bispo	<a href="#">book here</a>	\$\$
Ardmar B&B	<a href="#">book here</a>	\$\$
Vivienda Familia Pedro	<a href="#">book here</a>	\$\$
Pure Flor de Esteva	<a href="#">book here</a>	\$\$\$
Pure Fonte Velha	<a href="#">book here</a>	\$\$\$
Hotel Mira Sagres	<a href="#">book here</a>	\$\$\$

# The Historical Way of the Rota Vicentina

## Walking itinerary & places to stay

### Day 11. Vila do Bispo - Cabo de S.Vicente - Sagres, 21 km/13 mi

- Distance - 21 km/13 mi
- Time - 5 hours
- Ascent - 282 m
- Descent - 313 m
- Difficulty level - 2 out of 5

### Elevation profile Day 11



### Places to stay in Sagres

Hotel/hostel	Booking info	Price range
Camping Orbitur Sagres	+351282624371	\$
Blacksheep Sagres	<a href="#">book here</a>	\$
Sagres Sun Stay	<a href="#">book here</a>	\$
Sagres Sunny Room	<a href="#">book here</a>	\$
Algarve Surf Hostel	<a href="#">book here</a>	\$
Pura Vida Divehouse	<a href="#">book here</a>	\$
Casa do Cabo de Santa Maria	<a href="#">book here</a>	\$\$
Tonel Apartamentos Turisticos	<a href="#">book here</a>	\$\$
Casa Grilo	<a href="#">book here</a>	\$\$

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## Walking itinerary & places to stay

Mareta Beach Boutique B&B	<a href="#">book here</a>	\$\$
Aparthotel Navigator	<a href="#">book here</a>	\$\$
Mareta Beach House Boutique Residence	<a href="#">book here</a>	\$\$\$
Memmo Baleeira Design Hotels	<a href="#">book here</a>	\$\$\$
Pousada de Sagres	<a href="#">book here</a>	\$\$\$

### Day 12. Sagres - Salema, 20 km/12,4 mi

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 553 m
- Descent - 600 m
- Difficulty level - 4 out of 5

#### Places to stay in Salema

Hotel/hostel	Booking info	Price range
Salema Eco Camp	<a href="#">book here</a>	\$\$
Seaview Apartments	<a href="#">book here</a>	\$\$
Salema Beach Apartment	<a href="#">book here</a>	\$\$-\$\$\$
Casa Cavala by Sevenscollection	<a href="#">book here</a>	\$\$\$

### Day 11. Salema - Lagos, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 620 m
- Descent - 570 m
- Difficulty level - 3 out of 5

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## Walking itinerary & places to stay

### Places to stay in Lagos

<b>Hotel/hostel</b>	<b>Booking info</b>	<b>Price range</b>
Racing Mackerel Hostel	<a href="#">book here</a>	\$
JJs Yard 2	<a href="#">book here</a>	\$
JJs Yard	<a href="#">book here</a>	\$
Orange3 Hostel	<a href="#">book here</a>	\$
Cloud 9 Hostel	<a href="#">book here</a>	\$
Boutique Taghostel	<a href="#">book here</a>	\$
LC's Guesthouse	<a href="#">book here</a>	\$
Hotel Lagosmar	<a href="#">book here</a>	\$
Hotel Mar Azul	<a href="#">book here</a>	\$
Canavial I & II Apartamentos	<a href="#">book here</a>	\$-\$
Vinyl Flat Bed & Breakfast	<a href="#">book here</a>	\$\$
Apartamentos Pinhão	<a href="#">book here</a>	\$\$
Apartamentos Turisticos Marsol	<a href="#">book here</a>	\$\$
B&B do Paço	<a href="#">book here</a>	\$\$
Solar de Mos	<a href="#">book here</a>	\$\$
Casa Luma B&B	<a href="#">book here</a>	\$\$-\$\$\$
Studio Marina View	<a href="#">book here</a>	\$\$-\$\$\$
Hotel Marina Rio	<a href="#">book here</a>	\$\$\$
Dom Manuel I Charming Residence	<a href="#">book here</a>	\$\$\$