

Camino Francés walking stages. Part 2

Part 2. León to Santiago de Compostela

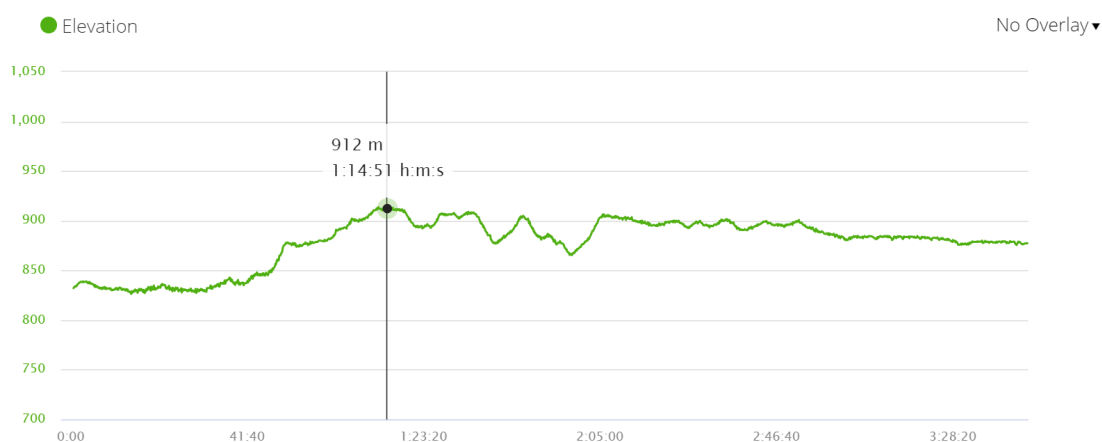
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Stage 21. León to Villar de Mazarife, 21 km/13 mi

- Distance - 21 km/13 mi
- Time - 4 hours
- Ascent - 276 m
- Descent - 232 m
- Difficulty level - 2 out of 5

Elevation profile Stage 21



Stops along the route

León to Villar de Mazarife		
*MA - Municipal albergue, **PA - private albergue		
3,5 km/2,1 mi	Troabajo del Camino	Hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
7 km/4,3 mi	La Virgen del Camino	MA* (temporarily closed), hotel, supermarket, ATM, restaurant, cafe
9,5 km/5,9 mi	Fresno del Camino	Bar
11 km/6,8 mi	Oncina de la Valdoncina	PA**, hotel, restaurant
16 km/10 mi	Chozas de Abajo	Restaurant
21 km/13 mi	Villar de Mazarife	PA, restaurant, shop

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Stage 22. Villar de Mazarife to Astorga, 31 km/19,2 mi

- Distance - 31 km/19,2 mi
- Time - 6-7 hours
- Ascent - 293 m
- Descent - 329 m
- Difficulty level - 4 out of 5

Elevation profile Stage 22



Stops along the route

Villar de Mazarife to Astorga		
10 km/6,2 mi	Villavante	PA, hotel, restaurant
15 km/9,3 mi	Hospital de Órbigo	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17,5 km/10,8 mi	Villares de Órbigo	PA, restaurant
20 km/12,4 mi	Santibáñez de Valdeiglesias	MA (parroquial), PA, restaurant
28 km/17,3 mi	San Justo de la Vega	Hotel, restaurant, shop, pharmacy
31 km/19,2 mi	Astorga	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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Stage 23. Astorga to Foncebadón, 26 km/16 mi

- Distance - 26 km/16,1 mi
- Time - 6 hours
- Ascent - 642 m
- Descent - 100 m
- Difficulty level - 3 out of 5

Elevation profile Stage 23



Stops along the route

Astorga to Foncebadón		
2,4 km/1,4 mi	Valdeviejas	PA (temporarily closed)
5 km/3,1 mi	Murias de Richavaldo	MA, PA, hotel, restaurant
9,5 km/5,9 mi	Santa Catalina de Samosa	PA, hotel, restaurant
13,5 km/8,3 mi	El Ganso	PA, hotel, restaurant
20 km/12,4 mi	Rabanal del Camino	MA, PA, hotel, restaurant, shop
26 km/16,1 mi	Foncebadón	MA (parroquial), PA, hotel, restaurant, shop

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Stage 24. Foncebadón to Ponferrada, 27 km/16,7 mi

- Distance - 27 km/16,7 mi
- Time - 6 hours
- Ascent - 308 m
- Descent - 186 m
- Difficulty level - 3 out of 5

Elevation profile Stage 24



Stops along the route

Foncebadón to Ponferrada		
2 km/	Cruz de Ferro	A historical landmark
4 km/2,4 mi	Manjarín	Cafe
11 km/6,8 mi	El Acebo de San Miguel	MA (parroquial), PA, hotel, restaurant
15 km/9,3 mi	Riego de Ambrós	MA, hotel, restaurant
20 km/12,4 mi	Molinaseca	PA, hotel, supermarket, restaurant, cafe, bar, pharmacy
24,5 km/15,2 mi	Campo	Restaurant
27 km/16,7 mi	Ponferrada	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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Stage 25. Ponferrada to Villafranca del Bierzo, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 316 m
- Descent - 351 m
- Difficulty level - 2 out of 5

Elevation profile Stage 25



Stops along the route

Ponferrada to Villafranca del Bierzo		
5 km/3,1 mi	Columbrianos	PA, hotel, restaurant
7 km/4,3 mi	Fuentesnuevas	Hotel, restaurant
9 km/5,6 mi	Camponaraya	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
14,5 km/9 mi	Cacabelos	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17 km/10,5 mi	Pieros	PA, restaurant

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19 km/11,8 mi	Valtuille de Arriba	PA
24 km/15 mi	Villafranca del Bierzo	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 26. Villafranca del Bierzo to O Cebreiro, 28 km/17,3 mi

- Distance - 28 km/17,3 mi
- Time - 6-7 hours
- Ascent - 905 m
- Descent - 138 m
- Difficulty level - 5 out of 5

Elevation profile Stage 26



Stops along the route

Villafranca del Bierzo to O Cebreiro		
5 km/3,1 mi	Pereje	MA (temporarily closed), hotel, restaurant
9 km/5,5 mi	Trabadelo	MA, PA, hotel, restaurant, pharmacy
10 km/6,2 mi	Pradela (on the alternative mountain route)	PA

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13,5 km/8,3 mi	La Portela de Valcarce	PA, hotel, restaurant
15 km/9,3 mi	Ambasmestas	PA, hotel, restaurant
16,5 km/10,2 mi	Vega de Valcarce	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
18,5 km/11,5 mi	Ruitelán	PA, restaurant
19,5 km/12,1 mi	Las Herrerías	PA, hotel, restaurant
23,5 km/14,6 mi	La Faba	MA, PA/pension, restaurant
26 km/16,1 mi	Laguna de Castilla	PA, restaurant
28 km/17,3 mi	O Cebreiro	MA, PA, hotel, restaurant, shop

Stage 27. O Cebreiro to Triacastela, 20 km/12,4 mi

- Distance - 20 km/12,4 mi
- Time - 5 hours
- Ascent - 305 m
- Descent - 1063 m
- Difficulty level - 3 out of 5

Elevation profile Stage 27

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Stops along the route

O Cebreiro to Triacastela		
3 km/1,8 mi	Liñares	PA, hotel, restaurant, shop
5,5 km/3,4 mi	Hospital de Condesa	MA, restaurant
8,5 km/5,2 mi	Padornelo/Alto do Poio	PA, hotel, restaurant
12 km/7,4 mi	Fonfría	Hotel, restaurant
14,5 km/9 mi	O Biduedo	Hotel, restaurant
17,5 km/10,8 mi	Fillobal	PA, restaurant
19 km/11,8 mi	Pasantes	Holiday home
20,5 km/12,7 mi	Triacastela	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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Stage 28A. Triacastela to Sarria through Samos, 25 km/15,5 mi

- Distance - 25 km/15,5 mi
- Time - 6 hours
- Ascent - 210 m
- Descent - 320 m
- Difficulty level - 3 out of 5

Stops along the route

Triacastela to Sarria through Samos Monastery		
5 km/3,1 mi	Lusio	MA
5,5 km/3,4 mi	Renche	Restaurant
10 km/6,2 mi	Samos	MA (monastery), PA, hotel, supermarket, ATM, restaurant, cafe
13 km/8 mi	Mesón Pontenova	Restaurant
15 km/9,3 mi	Gorolfe	Hotel, restaurant
18,5 km/11,4 mi	Sivil	Hotel, restaurant
21 km/13 mi	Aguiada/San Mamede do Camino	Restaurant
25 km/15,5 mi	Sarria	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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Stage 28B. Triacastela to Sarria through San Xil, 17

km/10,5 mi

- Distance - 17 km/10,5 mi
- Time - 4 hours
- Ascent - 178 m
- Descent - 280 m
- Difficulty level - 2 out of 5

Stops along the route

Triacastela to Sarria though San Xil		
2 km/1,2 mi	Balsa	PA, restaurant
6 km/3,7 mi	Montán	Bar
9 km/5,5 mi	Furela	Bar
10,2 km/6,3 mi	Pintín	Hotel, restaurant
12 km/7,4 mi	Calvor	MA
13 km/8 mi	Aguiada/San Mamede do Camino	Restaurant
17 km/10,5 mi	Sarria	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 29. Sarria to Portomarín

- Distance - 22 km/13,6 mi
- Time - 5 hours
- Ascent - 496 m
- Descent - 570 m
- Difficulty level - 2 out of 5

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Elevation profile Stage 29



Stops along the route

Sarria to Portomaria		
3 km	Vilei	PA*, restaurant
4 km	Barbadelo (O Mosteiro)	MA**, PA, hotel, restaurant
5 km	Rente	Guesthouse
7 km	Molino de Marzan	PA
11,5 km	Morgade	PA, restaurant
13 km	Ferreiros	MA, PA, restaurant
14 km	A Pena	PA, holiday house, bar
16,5 km	Mercadoiro	PA, restaurant
18 km	A Parrocha	Bar
20 km	Vilacha	Restaurant
21 km	Paradela	Guesthouse
22 km	Portomarin	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

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Stage 30. Portomarín to Palas de Rei

- Distance - 25 km/15,5 mi
- Time - 5 hours
- Ascent - 580 m
- Descent - 431 m
- Difficulty level - 3 out of 5

Elevation profile Stage 30



Stops along the route

Portomarin to Palas de Rei		
7,5 km	Gonzar	MA, PA, guesthouse, restaurant
8,8 km	Castromaior	PA, guesthouse, restaurant
12 km	Hospital da Cruz	MA, guesthouse, restaurant
13,5 km	Ventas de Naron	PA, restaurant
15 km	A Prebisa	Restaurant
17 km	Ligonde	PA, restaurant
18 km	Airexe	MA, guesthouse, restaurant
19,5 km	Portos	PA, restaurant
20 km	Lestedo	Guesthouse, restaurant

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21 km	Os Valos	Hotel
22 km/13,6 mi	A Brea	Restaurant
25 km/15,5 mi	Palas de Rei	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Stage 31. Palas de Rei to Arzúa

- Distance - 29 km/18 mi
- Time - 6 hours
- Ascent - 588 m
- Descent - 724 m
- Difficulty level - 4 out of 5

Elevation profile Stage 31



Stops along the route

Palas de Rei to Arzua		
4 km	San Xulian	PA, guesthouse, restaurant
5 km	Ponte Campaña	PA
6 km	Casanova	MA
9 km	O Coto	Hotel, restaurant

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13 km	Furelos	Hotel, bar
14,5 km	Melide	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
15,5 km	Santa Maria de Melide	Restaurant
21 km	Boente	PA, bar
23 km	A Fraga Alta (Castañeda)	PA, hotel, bar
27 km	Ribadiso da Baixo	MA, PA, bar
29 km	Arzúa	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Stage 32. Arzúa to O Pedrouzo

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 341 m
- Descent - 468 m
- Difficulty level - 2 out of 5

Elevation profile Stage 32



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Stops along the route

Arzua to O Pedrouzo		
2,5 km	Pregontoño	Bar
6,5 km	As Quintas	Bar
8 km	A Calle de Ferreiros	PA, pension, bar
11 km	Salceda	PA, bar, pharmacy
13 km	A Brea	PA, bars
16 km	Santa Irene	MA, PA, café
18,5 km	A Rúa	Pension, bar
20 km	O Pedrouzo	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

Stage 33. O Pedrouzo to Santiago de Compostela

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 368 m
- Descent - 394 m
- Difficulty level - 2 out of 5

Elevation profile Stage 33



Stops along the route

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O Perdouzo to Santiago de Compostela		
3,5km	Amenal	Hotel, pension, bar
7,7km	San Paio	Guesthouse, bar
9,5km	Lavacolla	PA, hotel, bar, shop, pharmacy
11km	Vilamaior	Guesthouse
14,5km	San Marcos	Hotel, bar, shop
15km	Monte do Gozo	MA (all year), PA, bar, shop
20km	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar