

Camino Francés

Walking stages

Part 1. St.Jean-Pied-de-Port to León

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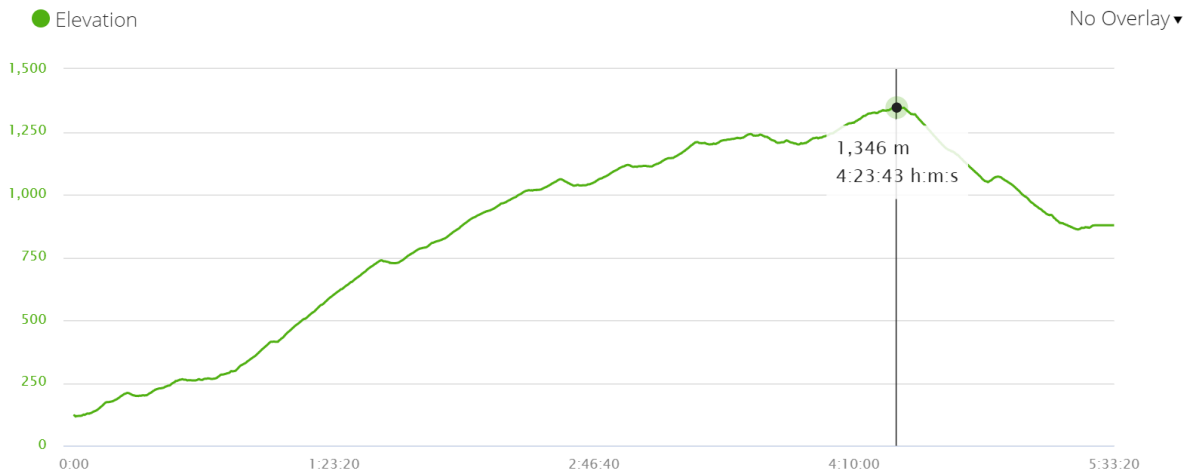
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Stage 1. St.Jean-Pied-de-Port to Roncesvalles, 25 m/15,5 mi

- Distance - 25 km/15,5 mi
- Time - 6-7 hours
- Ascent - 1400 m
- Descent - 650 m
- Difficulty level - 5 out of 5

Elevation profile Stage 1



Stops along the route

St.Jean-Pied-de-Port to Roncesvalles		
*MA - Municipal albergue **PA - Private albergue		
0 km	St.Jean-Pied-de-Port	MA*, PA**, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
1 km/0,6 mi	La Coquille Napoleon	PA, restaurant
2 km/1,2 mi	Gite Antton	PA, restaurant
4,5 km/2,7 mi	Honto	Hotel, restaurant

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8 km/5 mi	Orisson	PA, restaurant
10 km/6,2 mi	Aubergue Borda	Hotel, restaurant
14,5 km/9 mi	Food truck in the season	Cafe
16,5 km/10,2 mi	Water point	
25 km/15,5 mi	Roncesvalles	MA, hotel, restaurant

Stage 2. Roncesvalles to Zubiri, 22 km/13,5 mi

- Distance - 22 km/13,5 mi
- Time - 5 hours
- Ascent - 443 m
- Descent - 871 m
- Difficulty level - 3 out of 5

Elevation profile Stage 2



Stops along the route

Roncesvalles to Zubiri		
2 km/1,2 mi	Restaurant	
3 km/1,8 mi	Burguete	PA, hotel, ATM, restaurant, supermarket, pharmacy

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Walking stages

6,5 km/4 mi	Espinal	PA, hotel, restaurant
11,5 km/7 mi	Bizkarreta	Hotel, restaurant, shop
13 km/8 mi	Lintzoain	Hotel, cafe
18 km/11 mi	Food kiosk	
22 km/13,6 mi	Zubiri	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 3. Zubiri to Pamplona, 22 km/13,5 mi

- Distance - 22 km/13,5 mi
- Time - 4 hours
- Ascent - 405 m
- Descent - 491 m
- Difficulty level - 2 out of 5

Elevation profile Stage 3



Stops along the route

Zubiri to Pamplona		
4 km/2,4 mi	Urbandiz	PA, restaurant
6 km/3,7 mi	Larrasoaña	MA, PA, hotel, restaurant, shop

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Walking stages

10 km/6,2 mi	Zuriaín	PA, restaurant
12 km/7,4 mi	Irotz	Bar
13 km/8 mi	Zabaldika	Albergue donation
17-19 km /10,5-11,8 mi	Arre, Villava, Burlada	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
22 km/13,5 mi	Pamplona	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 4. Pamplona to Puente La Reina, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 577 m
- Descent - 567 m
- Difficulty level - 3 out of 5

Elevation profile Stage 4



Stops along the route

Pamplona to Puente La Reina		
5 km/3,1 mi	Cizur Menor	MA, PA (temporary closed), hotel, restaurant
11 km/6,8 mi	Zariquiegui	Restaurant

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Walking stages

16 km/10 mi	Uterga	PA, hotel, restaurant
19 km/11,8 mi	Muruzábal	PA, restaurant, pharmacy
20,5 km/12,7 mi	Óbanos	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
24 km/15 mi	Puerta La Reina	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 5. Puente La Reina to Estella, 21,5 km/13,3 mi

- Distance - 21,5 km/13,3 mi
- Time - 4 hours
- Ascent - 483 m
- Descent - 437 m
- Difficulty level - 2 out of 5

Elevation profile Stage 5



Stops along the route

Puente La Reina to Estella		
5 km/3,1 mi	Mañeru	PA, hotel, restaurant, shop

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Walking stages

7,5 km/4,6 mi	Cirauqui	PA/hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
13 km/8 mi	Lorca	MA, PA, hotel, restaurant
17,5 km/10,8 mi	Villatuerta	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
21,5 km/13,3 mi	Estella	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 6. Estella to Los Arcos, 22 km/13,6 mi

- Distance - 22 km/13,6 mi
- Time - 4 hours 30 minutes
- Ascent - 435 m
- Descent - 414 m
- Difficulty level - 2 out of 5

Elevation profile Stage 6



Stops along the route

Estella to Los Arcos		
2 km/1,2 mi	Ayegui	PA, restaurant, shop, pharmacy
3 km/1,8 mi	Bodegas Irache	Wine fountain

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Walking stages

4,5 km/2,7 mi	Irache	Camping (bungalow), restaurant
8 km/5 mi	Azqueta	Hotel, restaurant
9,5 km/6 mi	Villamayor	PA, hotel, shop, restaurant
22 km/13,6 mi	Los Arcos	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 7. Los Arcos to Logroño, 28 km/17,3 mi

- Distance - 28 km/17,3 mi
- Time - 5-6 hours
- Ascent - 488 m
- Descent - 553 m
- Difficulty level - 3 out of 5

Elevation profile Stage 7



Stops along the route

Los Arcos to Logroño		
7 km/4,3 mi	Sansol	PA, hotel, restaurant, shop, pharmacy
8 km/5 mi	Torres del Rio	PA, hotel, restaurant
13 km/8 mi	Food kiosk (only in the season)	

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Walking stages

18 km/11 mi	Viana	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
28 km/17,3 mi	Logroño	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 8. Logroño to Navarrete, 12 km/7,5 mi

- Distance - 12 km/7,5 mi
- Time - 2 hours 30 minutes
- Ascent - 194 m
- Descent - 90 m
- Difficulty level - 1 out of 5

Stops along the route

Logroño to Navarrete		
12 km/7,4 mi	Navarrete	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 9. Navarrete to Azofra, 23 km/14,2 mi

- Distance - 23 km/14,2 mi
- Time - 5 hours
- Ascent - 354 m
- Descent - 316 m
- Difficulty level - 2 out of 5

Elevation profile stage 9



Camino Francés

Walking stages

Stops along the route

Navarrete to Azofra		
5 km/3 mi	Food truck (only in the season)	
7 km/4,3 mi	Ventosa	PA, hotel, restaurant, shop
17 km/10,5 mi	Nájera	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
23 km/14,2 mi	Azofra	MA, hotel, supermarket, restaurant, cafe, bar, pharmacy

Stage 10. Azofra to Grañón, 22 km/13,6 mi

- Distance - 22 km/13,6 mi
- Time - 4 hours 30 minutes
- Ascent - 400 m
- Descent - 234 m
- Difficulty level - 2 out of 5

Elevation profile Stage 10



Camino Francés

Walking stages

Stops along the route

Azofra to Grañón		
9 km/5,5 mi	Cirueña	PA, hotel, restaurant
15 km/9,3 mi	Santo Domingo de la Calzada	PA, hotel, supermarket, restaurant, cafe, bar, pharmacy
22 km/13,6 mi	Grañón	MA (parroquial), hotel, supermarket, restaurant, cafe, bar, pharmacy

Stage 11. Grañón to Villafranca Montes de Oca, 28 km/17,3 mi

- Distance - 28 km/17,3 mi
- Time - 5-6 hours
- Ascent - 488 m
- Descent - 234 m
- Difficulty level - 3 out of 5

Elevation profile stage 11



Stops along the route

Grañón to Villafranca Montes de Oca		
3,5 km/2,1 mi	Redecilla del Camino	MA, PA, hotel, supermarket, restaurant

Camino Francés

Walking stages

5 km/3,1 mi	Castildelgado	PA, hotel, restaurant
7 km/4,3 mi	Vitoria de Rioja	PA, hotel, restaurant, pharmacy
10,5 km/6,5 mi	Villamayor del Río	PA (temporary closed), restaurant
15,5 km/9,6 mi	Belorado	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
20 km/12,4 mi	Tosantos	MA (parroquial), PA, restaurant
22 km/13,6 mi	Villambistia	MA, hotel, restaurant
24 km/15 mi	Espinosa del Camino	PA, restaurant
28 km/17,3 mi	Villafranca Montes de Oca	MA (temporary closed), PA, hotel, restaurant, shop

Stage 12. Villafranca Montes de Oca to Cardeñuela Riopico, 24,5 km/15,2 mi

- Distance - 24,5 km/15,2 mi
- Time - 5 hours
- Ascent - 413 m
- Descent - 456 m
- Difficulty level - 3 out of 5

Elevation profile stage 12



Camino Francés

Walking stages

Stops along the route

Villafranca Montes de Oca to Cardeñuela Riopico		
12 km/7,4 mi	San Juan de Ortega	MA (parroquial), hotel, restaurant
15,5 km/9,6 mi	Agés	PA, hotel, restaurant
18 km/11 mi	Atapuerca	PA, hotel, restaurant
24,5 km/15,2 mi	Cardeñuela Riopico	MA, PA, hotel, restaurant

Stage 13. Cardeñuela Riopico to Tardajos through Burgos, 26 km/16 mi

- Distance - 26 km/16 mi
- Time - 5-6 hours
- Ascent - 103 m
- Descent - 193 m
- Difficulty level - 2 out of 5

Stops along the route

Cardeñuela Riopico to Tardajos		
2 km/1,2 mi	Orbaneja	Hotel, restaurant
Route 1. Along the road through Villafría		
5 km/3,1 mi	Villafría	Hotel, restaurant
10 km/6,2 mi	Burgos outskirts	supermarket, ATM, restaurant, cafe, bar, pharmacy
13 km/8 mi	Burgos historical center	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
Route 2. Along the river through Castañares		
7 km/4,3 mi	Castañares	Hotel, restaurant
10 km/6,2 mi	Fuentes Blancas	Hotel, restaurant

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Walking stages

14 km/8,6 mi	Burgos historical center	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
26 km/16 mi	Tardajos	MA, PA, hotel, supermarket, restaurant, cafe, bar

Stage 14. Tardajos to Castrojeriz, 30 km/18,6 mi

- Distance - 30 km/18,6 mi
- Time - 6-7 hours
- Ascent - 331 m
- Descent - 335 m
- Difficulty level - 3 out of 5

Elevation profile stage 14



Stops along the route

Tardajos to Castrojeriz		
1,7 km/1 mi	Rabé de las Calzadas	PA, hotel, restaurant
9,5 km/6 mi	Hornillos del Camino	MA, PA, hotel, supermarket, restaurant
15,7 km/9,7 mi	San Bol	MA
19 km/11,8 mi	Fuente Sidres	PA

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Walking stages

20,5 km/12,7 mi	Hontanas	MA, PA, hotel, restaurant
26 km/16,1 mi	Convento de San Antón	Donation albergue without electricity and hot water
30 km/18,6 mi	Castrojeriz	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 15. Castrojeriz to Frómista, 25 km/15,5 mi

- Distance - 25 km/15,5 mi
- Time - 5 hours
- Ascent - 268 m
- Descent - 281 m
- Difficulty level - 2 out of 5

Elevation profile stage 15



Stops along the route

Castrojeriz to Frómista		
9 km/5,6 mi	Puente Fitero	Parroquial albergue for donation
11 km/6,8 mi	Itero de la Vega	MA (temporarily closed), PA, restaurant
19 km/11,8 mi	Boadilla del Camino	PA, hotel, restaurant

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Walking stages

25 km/15,5 mi	Frómista	MA (temporarily closed), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
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Stage 16. Frómista to Carrión de los Condes, 20 km-12,4 mi

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 110 m
- Descent - 74 m
- Difficulty level - 1 out of 5

Stops along the route

Frómista - Carrión de los Condes		
3 km/1,8 mi	Población de Campos	MA (temporarily closed), PA (temporarily closed), hotel, restaurant
7 km/4,3 mi	Revengea de Campos	Bar
9 km/5,6 mi	Villarmentero de Campos	PA, hotel, restaurant
14 km/8,6 mi	Villalcázar de Sirga	MA, PA, hotel, restaurant
20 km/12,4 mi	Carrión de los Condes	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

Stage 17. Carrión de los Condes to Terradillos de los Templarios, 26 km/16 mi

- Distance - 26 km/16 mi
- Time - 6 hours
- Ascent - 216 m
- Descent - 158 m
- Difficulty level - 3 out of 5

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Stops along the route

Carrión de los Condes to Terradillos de los Templarios		
8,5 km/5,2 mi		Food kiosk (only in summer)
10 km/6,2 mi		Oasis Bar
17 km/10,5 mi	Calzadilla de la Cueva	MP, PA, hotel, restaurant
23 km/14,2 mi	Ledigos	PA, restaurant
26 km/16 mi	Terradillos de los Templarios	PA, restaurant

Stage 18. Terradillos de los Templarios to Bercianos del Real Camino, 24 km/15 mi

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 193 m
- Descent - 254 m
- Difficulty level - 2 out of 5

Stops along the route

Terradillos de los Templarios to Bercianos del Real Camino		
3,5 km/2 mi	Moratinos	PA, hotel, restaurant
6,5 km/4 mi	San Nicolás del Real Camino	PA, restaurant
14 km/8,6 mi	Sahagún	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
19 km/11,8 mi	Calzada del Coto	MA, bar
24 km/15 mi	Bercianos del Real Camino	MA (parroquial), PA, hotel, supermarket, restaurant, cafe, bar

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Stage 19. Bercianos del Real Camino to Mansilla de las Mulas, 27 km/16,7 mi

- Distance - 27 km/16,7 mi
- Time - 6 hours
- Ascent - 141 m
- Descent - 194 m
- Difficulty level - 2 out of 5

Stops along the route

Bercianos del Real Camino to Mansilla de las Mulas		
8 km/5 mi	El Burgo Ranero	MA, PA, hotel, supermarket, restaurant, cafe, bar
16 km/10 mi	Villamarco (1 km away from the Camino)	MA, bar, cafe
21 km/13 mi	Reliegos	MA, PA, restaurant
27 km/16 mi	Mansilla de las Mulas	MA (temporarily closed), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

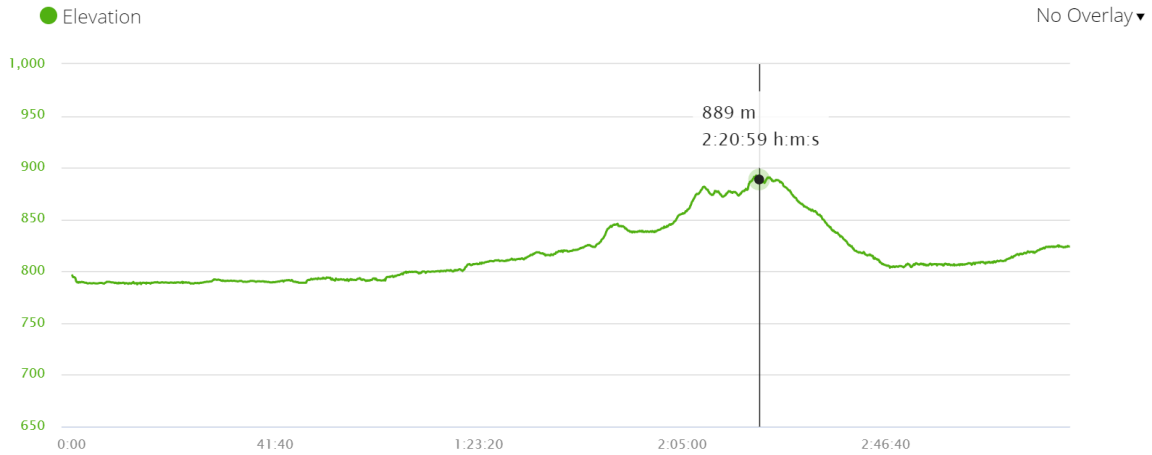
Stage 20. Mansilla de las Mulas to León, 19 km/11,8 mi

- Distance - 19 km/11,8 mi
- Time - 4 hours
- Ascent - 164 m
- Descent - 140 m
- Difficulty level - 1 out of 5

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Walking stages

Elevation profile stage 20



Stops along the route

Mansilla de las Mulas to León		
4,5 km/2,7 mi	Villamoros de Mansilla	Restaurant
6 km/3,7 mi	Puente Villarente	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
10,5 km/6,5 mi	Arcahueja	PA, hotel, restaurant
19 km/11,8 mi	León	MA (convent), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy