

Portuguese Camino de Santiago Central Route

Porto to Santiago de Compostela, 230 km Walking stages

*PA - private albergue, **MA - municipal albergue

Day 1. Porto - Labruge, 2km		
6km	Foz do Douro	Hotel, ATM, supermarket, pharmacy, restaurant, bar
12km	Matosinhos	Hotel, ATM, supermarket, pharmacy, restaurant, bar
17km	Perafita	Hotel, ATM, supermarket, pharmacy, restaurant, bar
21km	Lavra (Angeiras)	Camping/cabins, hotel, ATM, supermarket, pharmacy, restaurant, bar
24km	Labruge	MA**, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 2. Labruge - Rates, 23km		
2,5km	Vila Chã	MA, camping, hotel, supermarket, pharmacy, restaurant, bar
3,5km	Mindelo	Hotel, supermarket, restaurant, bar
6,5km	Praia de Arvore	Hotel, ATM, pharmacy, restaurant, bar
10km	Vila do Conde	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Sao Miguel de Arcos	Hotel, ATM, supermarket, restaurant, bar
23km	Sao Pedro de Rates	MA, hotel, supermarket, pharmacy, restaurant, bar
Day 3. Rates - Barcelos, 16km/Tamel, 25km		
6,3km	Pedra Furada	PA, bar
16km	Barcelos	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
25km	Tamel (S.Pedro de Fins)	MA
Day 4. Barcelos/Tamel - Ponte de Lima, 34km/25km		
5,5km	Bolugães	Hotel, shop, restaurant
12km	Vitorino dos Piães	PA (donation), hotel, supermarket, restaurant

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17km	Facha/Sobreiro	PA, hotel, shop, restaurant
25km	Ponte de Lima	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 5. Ponte de Lima - Rubiães, 20km		
5km	Arcozelo	cafe
11km	Labruja	Hotel, cafe
18km	Sao Roque	PA, hotel, pharmacy
20km	Rubiães	MA, PA, hotel, supermarket, pharmacy, restaurant, bar
Day 6. Rubiães - Valença/Tui, 20km		
4,5km	Sao Bento da Porta Aberta	Hotel, cafe
8km	Fontoura	Hotel, shop, bar
10km	Paços	PA, shop, cafe
12km	Pedreira	Hotel, shop, restaurant, bar
18/20km	Valença/Tui	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 7. Valença/Tui - Porriño, 17/19km		
7km	Ribadelouro	Cafe, bar
17/19km	Porriño	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 8. Porriño - Redondela, 17km		
3,4km	Veigadaña	MA
6km	Mos	MA, hotel, shop, restaurant
12,7km	Saxamonde	PA, shop, restaurant,
17km	Redondela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 9. Redondela - Pontevedra, 20km		
2,5km	Cesantes	PA, hotel, ATM, shop, pharmacy, restaurant, bar
5 km	Soutoxuste	PA, restaurant
7km	Arcade	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

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8,5km	Pontesanpaio	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Pontevedra	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 10. Pontevedra - Caldas de Reis, 23km***		
10,5km	Barro/Portela	MA, restaurant
16km	Briallos	MA, shop
21km	Tívo	PA, restaurant, shop
23km	Caldas de Reis	PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 11. Caldas de Reis - Padrón, 20km		
5,5 km	O Cruceiro (Carracedo)	Cafe, restaurant
10km	Valga (O Pino)	MA, hotel, restaurant, bar
12,5km	San Miguel de Valga	Shop, pharmacy, restaurant, bar
17km	Pontecesures	MA, hotel, ATM, supermarket, pharmacy, restaurant, bar
20km	Padrón	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 12. Padrón - Santiago de Compostela, 25km		
1km	Iria Flavia	PA, hotel, bar
6km	A Escravitude	PA, hotel, restaurant, bar
6,5km	Cruces	PA, hotel, restaurant, bar
7,5km	Angueira de Suso	Hotel, restaurant
8,3km	Picaraña	PA, hotel, restaurant
10km	O Faramello (Teo)	MA, hotel, restaurant, bar
18km	Milladoiro	PA, hotel, ATM, supermarket, restaurant, bar
25km	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

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***Variante Espiritual (Spiritual Way), optional route
Pontevedra to Padrón, 76 km

Day 10. Pontevedra - Armenteira, 22km		
6km	Campañó	Hotel, restaurant
10km	Poio	Hotel, restaurant
12km	Combarro	Hotel, ATM, supermarket, pharmacy, restaurant, bar
22km	Armenteira	MA, restaurant
Day 11. Armenteira - Vilanova de Arousa, 23km		
6km	Barrantes	Shop, restaurant, bar
12km	Ponte Arnelas	Pharmacy, restaurant, bar
23km	Vilanova de Arousa	MA, hotel, ATM, supermarket, pharmacy, restaurant, bar
Day 12. Vilanova de Arousa - Padrón, 28km by boat + 3km walking		
28km	Pontecesures	MA, hotel, ATM, supermarket, pharmacy, restaurant, bar
31km	Padrón (walking)	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar