Camino de Santiago
Packing list

**Clothes**

- Hiking shoes
- Flip-flops
- Rain jacket
- Rain poncho
- Fleece
- Long/short sleeve hiking shirts (2)
- Hiking pants (2)
- T-shirt for sleeping
- Pants/shorts for sleeping
- Merino wool socks (2-3 pairs)
- Swimming costume
- Underwear (3)
- Hiking belt
- Buff
- Hat/cap
- Sunglasses
- __________________________
- __________________________
- __________________________

*For women*

- sports bra (2)

**Winter extras**

- Merino wool shirt
- Thermal underwear
- Gloves
- Beanie
- Socks for sleeping

**Gear**

- Backpack, 40-50L
- Neck bag to put valuables
- Rain cover for the backpack
- Sleeping bag
- Trekking poles
- Headlamp
- Quick-dry towel
- Pocket knife
- Water bottle
- Power adapter
- Earplugs

Stingy Nomads - Travel Blog  www.stingynomads.com
Camino de Santiago
Packing list

Handy extras
☐ Silk liner
☐ Stuff sack
☐ Padlock
☐ Washing pegs/travel clothes line
☐ Small sewing kit
☐ Plastic spork (optional, some albergues had very limited utensils)
☐ Bed bug spray
☐ Eye mask for sleeping
☐ Notebook & pen

Devices and chargers
☐ Smartphone
☐ Phone charger
☐ Camera/GoPro/Drone
☐ Charger for Camera/GoPro/Drone
☐ SD Card
☐ Powerbox (if you don’t have one it’s fine we used ours only once or twice)
☐ Multi USB charger (optional, we didn't have one, always could find a socket)
☐ Earphones
☐ Kindle
☐ Charger for Kindle
Camino de Santiago
Packing list

**Toiletries** (if you forget something or run low no worries you’ll be able to buy these things on the way)

- Toiletry bag
- Soap/shower gel
- Soap case
- Shampoo or 3 in 1 soap
- Hairbrush
- Manicure kit; nail cutter, small scissors
- Razor
- Toothbrush
- Toothpaste
- Deodorant
- Hand sanitizer
- Humid tissues
- Sunscreen
- Mosquito repellent
- __________________________
- __________________________
- __________________________

**For women**

- Cream
- Lipstick

**First aid kit**

- Small first aid kit bag
- Paracetamol (painkillers)
- Imodium
- Anti-inflammatory
- Valoid (Nausea and Vomiting)
- Aspirine
- Antiseptic/iodine cream
- Plasters
- Vaseline
- __________________________
- __________________________
Camino de Santiago
Packing list

Documents and books

☐ Passport/ID
☐ Credential
☐ Guidebook
☐ Book for reading
☐ Credit Card
☐ __________________________
☐ __________________________
☐ __________________________

Notes
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