

# Camino Francés walking stages. Part 2

## Part 2. León to Santiago de Compostela

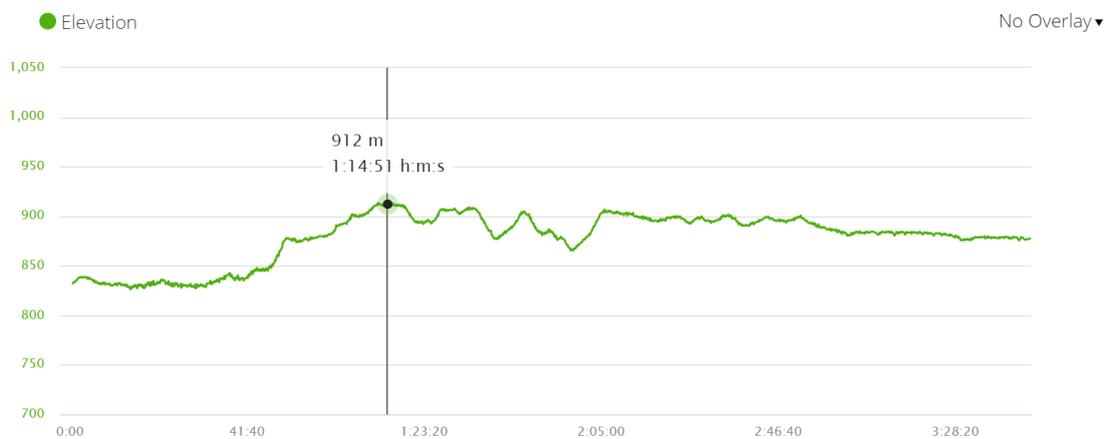
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## Stage 21. León to Villar de Mazarife

- Distance - 21 km/13 mi
- Time - 4 hours
- Ascent - 276 m
- Descent - 232 m
- Difficulty level - 2 out of 5

Elevation profile Stage 21



Stops along the route

León to Villar de Mazarife		
3,5 km/2,1 mi	Trobajo del Camino	Hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
7 km/4,3 mi	La Virgen del Camino	MA*, hotel, supermarket, ATM, restaurant, cafe
11 km/6,8 mi	Oficina de la Valdoncina	PA**, restaurant
16 km/10 mi	Chozas de Abajo	Restaurant
21 km/13 mi	Villar de Mazarife	PA, hotel, restaurant, shop

\*MA - Municipal Albergue

\*\*PA - Private Albergue

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# Camino Francés walking stages. Part 2

## Stage 22. Villar de Mazarife to Astorga

- Distance - 31 km/19,2 mi
- Time - 6-7 hours
- Ascent - 293 m
- Descent - 329 m
- Difficulty level - 4 out of 5

Elevation profile Stage 22



Stops along the route

Villar de Mazarife to Astorga		
10 km/6,2 mi	Villavante	PA, hotel, restaurant
15 km/9,3 mi	Hospital de Órbigo	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17,5 km/10,8 mi	Villares de Órbigo	PA, restaurant
20 km/12,4 mi	Santibáñez de Valdeiglesias	MA (parroquial), PA, restaurant
28 km/17,3 mi	San Justo de la Vega	Hotel, restaurant, shop, pharmacy
31 km/19,2 mi	Astorga	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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## Stage 23. Astorga to Foncebadón

- Distance - 26 km/16,1 mi
- Time - 6 hours
- Ascent - 642 m
- Descent - 100 m
- Difficulty level - 3 out of 5

Elevation profile Stage 23



Stops along the route

Astorga to Foncebadón		
2,4 km/1,4 mi	Valdeviejas	PA
5 km/3,1 mi	Murias de Richavaldo	MA, PA, hotel, restaurant
9,5 km/5,9 mi	Santa Catalina de Samosa	PA, hotel, restaurant
13,5 km/8,3 mi	El Ganso	PA, hotel, restaurant
20 km/12,4 mi	Rabanal del Camino	MA, PA, hotel, restaurant, shop
26 km/16,1 mi	Foncebadón	PA, hotel, restaurant, shop

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## Stage 24. Foncebadón to Ponferrada

- Distance - 27 km/16,7 mi
- Time - 6 hours
- Ascent - 308 m
- Descent - 186 m
- Difficulty level - 3 out of 5

Elevation profile Stage 24



Stops along the route

Foncebadón to Ponferrada		
4 km/2,4 mi	Manjarín	PA
11 km/6,8 mi	El Acebo de San Miguel	MA (parroquial), PA, hotel, restaurant
15 km/9,3 mi	Riego de Ambrós	MA, hotel, restaurant
20 km/12,4 mi	Molinaseca	MA, PA, hotel, supermarket, restaurant, cafe, bar, pharmacy
24,5 km/15,2 mi	Campo	Restaurant
27 km/16,7 mi	Ponferrada	MA (parroquial), PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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## Stage 25. Ponferrada to Villafranca del Bierzo

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 316 m
- Descent - 351 m
- Difficulty level - 2 out of 5

Elevation profile Stage 25



Stops along the route

Ponferrada to Villafranca del Bierzo		
5 km/3,1 mi	Columbrianos	PA, hotel, restaurant
7 km/4,3 mi	Fuentesnuevas	Hotel, restaurant
9 km/5,6 mi	Camponaraya	PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
14,5 km/9 mi	Cacabelos	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
17 km/10,5 mi	Pieros	PA, restaurant
24 km/15 mi	Villafranca del Bierzo	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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# Camino Francés walking stages. Part 2

## Stage 26. Villafranca del Bierzo to O Cebreiro

- Distance - 28 km/17,3 mi
- Time - 6-7 hours
- Ascent - 905 m
- Descent - 138 m
- Difficulty level - 5 out of 5

Elevation profile Stage 26



Stops along the route

Villafranca del Bierzo to O Cebreiro		
5 km/3,1 mi	Pereje	MA, hotel, restaurant
9 km/5,5 mi	Trabadelo	MA, PA, hotel, restaurant, pharmacy
13,5 km/8,3 mi	La Portela de Valcarce	PA, hotel, restaurant
15 km/9,3 mi	Ambasmestas	PA, hotel, restaurant
16,5 km/10,2 mi	Vega de Valcarce	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy
18,5 km/11,5 mi	Ruitelán	PA, restaurant
19,5 km/12,1 mi	Las Herrerías	PA, hotel, restaurant
23,5 km/14,6 mi	La Faba	MA, PA, restaurant

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# Camino Francés walking stages. Part 2

26 km/16,1 mi	Laguna de Castilla	PA, restaurant
28 km/17,3 mi	O Cebreiro	MA, PA, hotel, restaurant, shop

## Stage 27. O Cebreiro to Triacastela

- Distance - 20 km/12,4 mi
- Time - 5 hours
- Ascent - 305 m
- Descent - 1063 m
- Difficulty level - 3 out of 5

Elevation profile Stage 27



Stops along the route

O Cebreiro to Triacastela		
3 km/1,8 mi	Linares	PA, hotel, restaurant, shop
5,5 km/3,4 mi	Hospital de Condesa	MA, hotel, restaurant
8,5 km/5,2 mi	Padornelo/Alto do Poio	PA, hotel, restaurant

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## Camino Francés walking stages. Part 2

12 km/7,4 mi	Fonfría	PA, hotel, restaurant
14,5 km/9 mi	O Biduedo	Hotel, restaurant
17,5 km/10,8 mi	Fillobal	PA, restaurant
20,5 km/12,7 mi	Triacastela	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

### Stage 28A. Triacastela to Sarria through Samos

- Distance - 25 km/15,5 mi
- Time - 6 hours
- Ascent - 210 m
- Descent - 320 m
- Difficulty level - 3 out of 5

Stops along the route

Triacastela to Sarria though Samos Monastery		
5,5 km/3,4 mi	Renche	Restaurant
10 km/6,2 mi	Samos	MA (monastery), PA, hotel, supermarket, ATM, restaurant, cafe
13 km/8 mi	Mesón Pontenova	Restaurant
15 km/9,3 mi	Gorolfe	Hotel, restaurant
18,5 km/11,4 mi	Sivil	Hotel, restaurant
21 km/13 mi	Aguiada/San Mamede do Camino	PA, restaurant
25 km/15,5 mi	Sarria	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

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## Stage 28B. Triacastela to Sarria through San Xil

- Distance - 17 km/10,5 mi
- Time - 4 hours
- Ascent - 178 m
- Descent - 280 m
- Difficulty level - 2 out of 5

Stops along the route

Triacastela to Sarria though San Xil		
2 km/1,2 mi	Balsa	PA, restaurant
9 km/5,5 mi	Furela	Bar
10,2 km/6,3 mi	Pintín	Hotel, restaurant
12 km/7,4 mi	Calvor	MA
13 km/8 mi	Aguiada/San Mamede do Camino	PA, restaurant
17 km/10,5 mi	Sarria	MA, PA, hotel, supermarket, ATM, restaurant, cafe, bar, pharmacy

## Stage 29. Sarria to Portomarín

- Distance - 22 km/13,6 mi
- Time - 5 hours
- Ascent - 496 m
- Descent - 570 m
- Difficulty level - 2 out of 5

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Elevation profile Stage 29



Stops along the route

Sarria to Portomarín		
3 km/1,8 mi	Vilei	PA, restaurant
4 km/2,4 mi	Barbadelo (O Mosteiro)	MA, PA, hotel, restaurant
5 km/3,1 mi	Rente	Guesthouse
7 km/4,3 mi	Molino de Marzan	PA
11,5 km/7,1 mi	Morgade	PA, restaurant
13 km/8 mi	Ferreiros	MA, PA, restaurant
14 km/8,6 mi	A Pena	PA, holiday house, bar
16,5 km/10,2 mi	Mercadoiro	PA, restaurant
18 km/11,1 mi	A Parrocha	Bar
20 km/12,4 mi	Vilacha	Restaurant
21 km/13 mi	Paradela	Guesthouse
22 km/13,6 mi	Portomarin	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

# Camino Francés walking stages. Part 2

## Stage 30. Portomarín to Palas de Rei

- Distance - 25 km/15,5 mi
- Time - 5 hours
- Ascent - 580 m
- Descent - 431 m
- Difficulty level - 3 out of 5

Elevation profile Stage 30



### Stops along the route

Portomarín to Palas de Rei		
7,5 km/4,6 mi	Gonzar	MA, PA, guesthouse, restaurant
8,8 km/5,4 mi	Castromaior	PA, guesthouse, restaurant
12 km/7,4 mi	Hospital da Cruz	MA, guesthouse, restaurant
13,5 km/8,3 mi	Ventas de Naron	PA, restaurant
15 km/9,3 mi	A Prebisa	Restaurant
17 km/10,5 mi	Ligonde	MA, PA, restaurant
18 km/11,1 mi	Airexe	MA, guesthouse, restaurant
19,5 km/12,1 mi	Portos	PA, restaurant
20 km/12,4 mi	Lestedo	Guesthouse, restaurant
21 km/13 mi	Os Valos	Hotel

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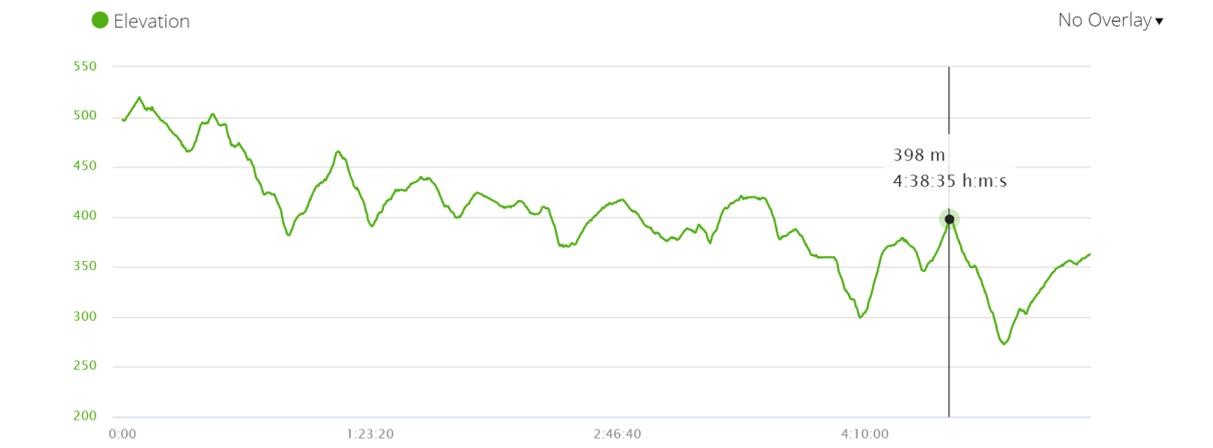
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22 km/13,6 mi	A Brea	Restaurant
25 km/15,5 mi	Palas de Rei	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

## Stage 31. Palas de Rei to Arzúa

- Distance - 29 km/18 mi
- Time - 6 hours
- Ascent - 588 m
- Descent - 724 m
- Difficulty level - 4 out of 5

Elevation profile Stage 31



Stops along the route

Palas de Rei to Arzúa		
4 km/2,4 mi	San Xulian	PA, guesthouse, restaurant
5 km/3,1 mi	Ponte Campaña	PA
6 km/3,7 mi	Casanova	MA
9 km/5,5 mi	O Coto	Hotel, restaurant
13 km/8 mi	Furelos	Hotel, bar

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14,5 km/9 mi	Melide	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar
15,5 km/9,6 mi	Santa Maria de Melide	Restaurant
21 km/13 mi	Boente	PA, bar
23 km/14,2 mi	A Fraga Alta (Castañeda)	PA, hotel, bar
27 km/16,7 mi	Ribadiso da Baixo	PA, bar
29 km/18 mi	Arzúa	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

## Stage 32. Arzúa to O Pedrouzo

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 341 m
- Descent - 468 m
- Difficulty level - 2 out of 5

Elevation profile Stage 32



Stops along the route

Arzúa to O Pedrouzo		
2,5 km/1,5 mi	Pregontoño	Bar
6,5 km/4 mi	As Quintas	Bar

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8 km/4,9 mi	A Calle de Ferreiros	PA, pension, bar
11 km/6,8 mi	Salceda	PA, bar, pharmacy
13 km/8 mi	A Brea	PA, bars
16 km/9,9 mi	Santa Irene	MA, PA, café
18,5 km/11,4 mi	A Rúa	Pension, bar
20 km/12,4 mi	O Pedrouzo	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, bar

## Stage 33. O Pedrouzo to Santiago de Compostela

- Distance - 20 km/12,4 mi
- Time - 4 hours
- Ascent - 368 m
- Descent - 394 m
- Difficulty level - 2 out of 5

Elevation profile Stage 33



Stops along the route

O Pedrouzo to Santiago de Compostela		
3,5 km/2,1 mi	Amenal	Hotel, pension, bar
7,7 km/4,7 mi	San Paio	Guesthouse, bar
9,5 km/5,9 mi	Lavacolla	PA, hotel, bar, shop, pharmacy

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## Camino Francés walking stages. Part 2

11 km/6,8 mi	Vilamaior	Guesthouse
14,5 km/9 mi	San Marcos	Hotel, bar, shop
15 km/9,3 mi	Monte do Gozo	MA (all year), PA, bar, shop
20 km/12,4 mi	Santiago de Compostela	MA, PA, hotel, ATM, supermarket, pharmacy, restaurant, b