

The Fishermen's Trail

Walking itinerary & places to stay

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Day 0. Arriving in Porto Covo

- Distance (from Lisbon) - 170 km
- Driving time (bus) - 2 hours 15 minutes
- Price - 15 Euro

Buses leave from Sete Rios bus station in Lisbon.

Bus Sete Rios (Lisbon) - Porto Covo							
DAY TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.30AM					+	+	+
10.30AM					+	+	+
4.00PM					+	+	+
5.00PM	+	+	+	+	+	+	+
7.00PM	+	+	+	+	+		+

Note! The itinerary may change, check on [the Rede Expressos website](#) to confirm the departure time and to book tickets.

Places to stay in Porto Covo

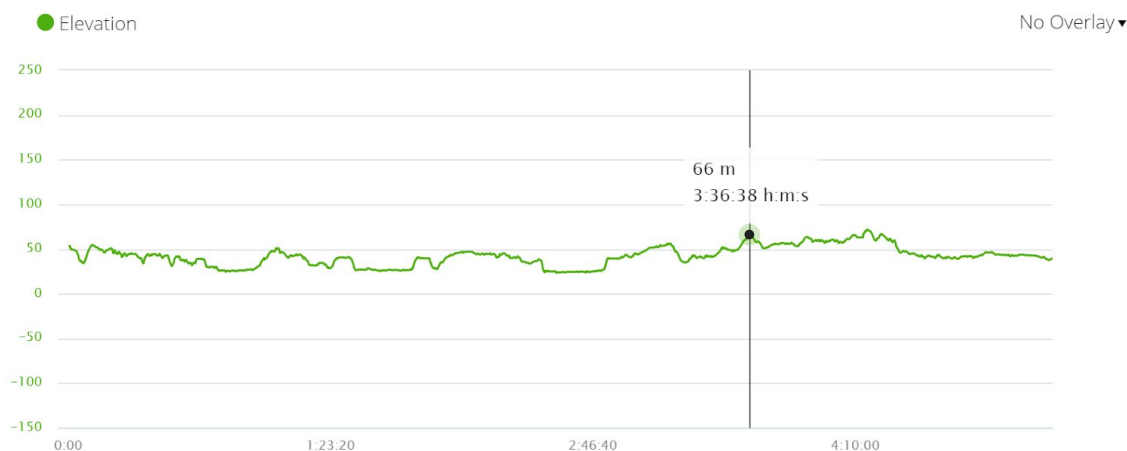
Hotel/hostel	Booking info	Price range
Campsite Coast do Vizir	+351 269 959 100 +351 968 526 833	\$
Campsite Porto Covo	+351 269 905 136 +351 269 905 942	\$
Campsite Ilha do Pessegueiro (4 km outside the town)	+351 269 905 178	\$
Hostel Ahoy Porto Covo	book here	\$
Apartamentos Campos 0	book here	\$\$
Parque de Campismo Porto Covo	book here	\$\$
Apartamentos Campos 1	book here	\$\$
Ze Inácio Apartments	+351 269 959 136	\$\$
Calmaria Guesthouse	book here	\$\$-\$\$\$
Apartamentos Campos 2	book here	\$\$\$
A Casinha da Baia	book here	\$\$\$

Porto Covo Hotel Apartamento	book here	\$\$\$
Hotel O Lugar	book here	\$\$\$

Day 1. Porto Covo - Vila Nova de Milfontes

- Distance - 19 km/11,8 mi
- Time - 5 hours
- Ascent - 278 m
- Descent - 292 m
- Difficulty level - 3 out of 5 walking over sand dunes for most of the day

Elevation profile Day 1



Places to stay in Vila Nova de Milfontes

Hotel/hostel	Booking info	Price range
Camping Milfontes	+351 283 996 140	\$
Camping Campiférias	+351 283 996 409	\$
Apartamentos Patio Victoria	book here	\$
Pirata Hostel Milfontes	book here	\$
Get Lost In Milfontes Hostel	book here	\$
Alojamiento Vitinho	book here	\$-\$

Hotel Casa dos Arcos	book here	\$-\$
Soldavila	book here	\$-\$
Alojamiento Vitinho 2	book here	\$-\$
Casa das Hortências	book here	\$
River Inn	book here	\$
Retromovement House	book here	\$
Stressfree	book here	\$
Guarda Rios	book here	\$
Casa No Rio	book here	\$
Quinta do Moinho de Vento	book here	\$

Day 2. Vila Nova de Milfontes - Almogrove

- Distance - 16 km/10 mi
- Time - 4 hours
- Ascent - 204 m
- Descent - 192 m
- Difficulty level - 1 out of 5

Elevation profile Day 2



Places to stay in Almogrove

Hotel/hostel	Booking info	Price range
HI Almogrove Pousada da Juventude	book here	\$
Almogrove Beach Hostel	book here	\$
Al Casa Paquito	book here	\$-\$-\$
Ergobeach House	book here	\$-\$-\$
Casa Isa	book here	\$-\$
AL Casa das Andorinhas	book here	\$-\$
Almogrove Beach House	book here	\$-\$
Almogrove House	book here	\$-\$-\$-\$

Day 3. Almogrove - Zambujeira do Mar

- Distance - 22,5 km/14 mi
- Time - 5 hours 45 minutes
- Ascent - 293 m
- Descent - 274 m
- Difficulty level - 2 out of 5

Elevation profile Day 3



Places to stay in Zambujeira do Mar

Hotel/hostel	Booking info	Price range
Camping Villa Park Zambujeira	info@campingzambujeira.com (camping) book here (studio)	\$
Hakuna Matata Hostel	book here	\$
Hostel Nature	book here	\$
Sunset Beach House	book here	\$
Ondazul	book here	\$\$
Sunset Beach House	book here	\$\$
Alojamiento Sol Nascente	book here	\$\$
Alojamiento Local Mira Mar	book here	\$\$
Rosa dos Ventos	book here	\$\$
Casa da Praia	book here	\$\$-\$\$\$
AZUL	book here	\$\$\$
Quinta Altavista do Carvalhal (2 km outside the town)	book here	\$\$\$

Day 4. Zambujeira do Mar - Odeceixe

- Distance - 19 km/11,8 mi
- Time - 4 hours 50 minutes
- Ascent - 403 m
- Descent - 423 m
- Difficulty level - 2 out of 5

Elevation profile Day 4



Places to stay in Odeceixe

Hotel/hostel	Booking info	Price range
Parque de Campismo São Miguel	+351 282 947 145 (camping) book here (bungalow)	\$-\$\$
Bohemian Antique Guesthouse	book here	\$
Hostel Seixe	book here	\$
Horta do Vale	book here	\$-\$\$
Surf Seixe Guesthouse	book here	\$\$
Casa de Hospedes Margarida	book here	\$\$
Casa Luar	book here	\$\$
Casa de Hospedes Celeste	book here	\$\$-\$\$\$
Residência do Parque	book here	\$\$\$
Sol Mar	book here	\$\$\$

Places to stay in Playa de Odeceixe

Hotel/hostel	Booking info	Price range
Carlos's Beach Hostel	book here	\$\$-\$\$\$
Casa Dorita	book here	\$\$\$
Casas do Zé	book here	\$\$\$

From Odeceixe, you can continue walking on the Rota Vicentina to Cabo St.Vicente (Cape Saint Vincent).

Continue to Cabo de S.Vicente on the Rota Vicentina

Day 5. Odeceixe - Aljezur

- Distance - 23 km/14 mi (beach route) or 18 km/11 mi (inland route)
- Time - 5 hours 30 minutes or 4 hours
- Ascent - 288 m
- Descent - 280 m
- Difficulty level - 2 out of 5

Elevation profile Day 5



Places to stay in Aljezur

Hotel/hostel	Booking info	Price range
Camping Serrão	(+351) 282 990 220	\$
Carpe Diem Aljezur	book here	\$-\$\$
Amazigh Design Hostel	book here	\$-\$\$
Verdemar Guesthouse	book here	\$\$
Casinhas Proença	book here	\$\$

Vicentina Hotel	book here	\$\$\$
Guesthouse A Leira	book here	\$\$\$

Day 6. Aljezur - Arrifana

- Distance - 19 km/12 mi (beach loop) or 12 km/7,5 mi (direct route)
- Time - 4 hours 30 minutes or 3 hours
- Ascent - 428 m
- Descent - 362 m
- Difficulty level - 3 out of 5

Elevation profile Day 6



Places to stay in Arrifana

Hotel/hostel	Booking info	Price range
Hi Arrifana Destination Hostel	book here	\$-\$\$
Solar dos Vales	book here	\$\$
Endless Summer Surf House	book here	\$\$
Villa Arrifana	book here	\$\$-\$\$\$
Arrifana Destination Boutique	book here	\$\$\$
Arrifana Retreat	book here	\$\$\$

Day 7. Arrifana - Carrapateira

- Distance - 24 km/15 mi
- Time - 5 hours
- Ascent - 555 m
- Descent - 619 m
- Difficulty level - 4 out of 5

Elevation profile Day 7



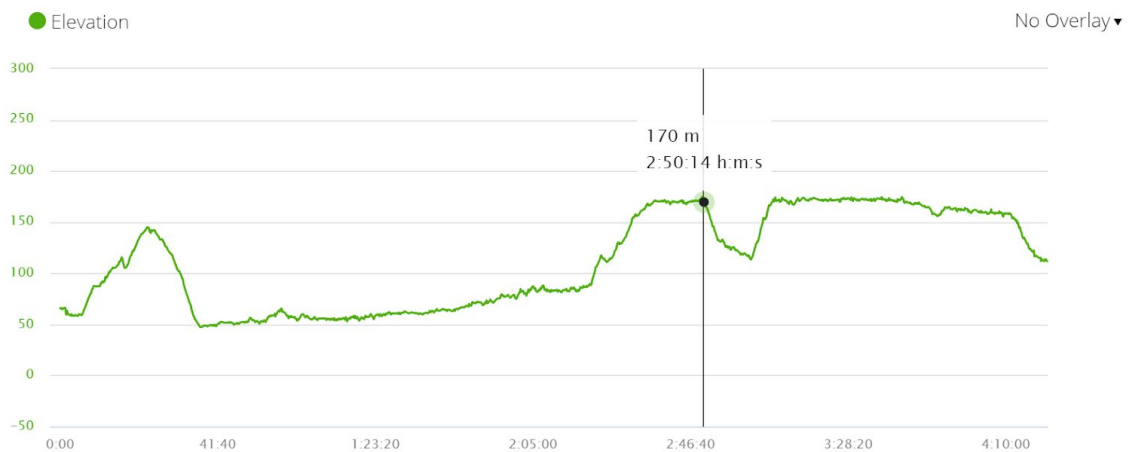
Places to stay in Carrapateira

Hotel/hostel	Booking info	Price range
Casa da Estela	book here	\$-\$\$\$
Carrapateira Lodge	book here	\$-\$\$\$
Hostel do Mar	+351 960 269 668	\$-\$\$\$
Cato	book here	\$\$
Apartamento do Boa Vista	book here	\$\$
Apartment Sound of Silence	book here	\$\$-\$\$\$
Carrapateiramar Guesthouse	book here	\$\$\$

Day 8. Carrapateira - Vila do Bispo

- Distance - 22 km/13,6 mi
- Time - 4 hours 20 minutes
- Ascent - 418 m
- Descent - 368 m
- Difficulty level - 3 out of 5

Elevation profile Day 8



Places to stay in Vila do Bispo

Hotel/hostel	Booking info	Price range
Casa Mestre	book here	\$\$
Lila's Private Accommodation	book here	\$\$
Cozy Apartment Vila do Bispo	book here	\$\$
Ardmar B&B	book here	\$\$
Vivienda Familia Pedro	book here	\$\$
Pure Flor de Esteva	book here	\$\$\$
Pure Fonte Velha	book here	\$\$\$
Hotel Mira Sagres	book here	\$\$\$

Day 9. Vila do Bispo - Cabo de S.Vicente - Sagres

- Distance - 21 km/13 mi
- Time - 5 hours
- Ascent - 282 m
- Descent - 313 m
- Difficulty level - 2 out of 5

Elevation profile Day 9



Places to stay in Sagres

Hotel/hostel	Booking info	Price range
Camping Orbitur Sagres	+351282624371	\$
Blacksheep Sagres	book here	\$
Sagres Sun Stay	book here	\$
Sagres Sunny Room	book here	\$
Algarve Surf Hostel	book here	\$
Pura Vida Divehouse	book here	\$
Casa do Cabo de Santa Maria	book here	\$\$
Tonel Apartamentos Turisticos	book here	\$\$
Casa Grilo	book here	\$\$
Mareta Beach Boutique B&B	book here	\$\$

Aparthotel Navigator	book here	\$\$
Mareta Beach House Boutique Residence	book here	\$\$\$
Memmo Baleeira Design Hotels	book here	\$\$\$
Pousada de Sagres	book here	\$\$\$