

⇒ *Camino Portuguese* ⇐

Packing list

Clothing

- Hiking shoes
- Flip-flops to change into
- Rain jacket
- Rain poncho
- Long/short sleeve hiking shirts (2)
- Hiking pants (2)
- T-shirt for sleeping
- Pants/shorts for sleeping
- Fleece
- Merino wool socks (2-3 pairs)
- Underwear (3)
- Hat/cap
- Sunglasses
- _____
- _____
- _____

For girls

- sport bra (2)

Gear

- Backpack, 50L must be enough.
- Small backpack/bag to put valuables when go out of albergues
- Rain cover for the backpack
- Sleeping bag
- Hiking poles (optional)
- Headlamp
- Pocket knife
- Water bottle
- A couple of washing pegs
- Zip-log bag to keep your credential and passport dry
- Small sewing kit

⇒ *Camino Portuguese* ⇐

Packing list

- Plastic spork (optional, some albergues had very limited utensils)
- _____
- _____
- _____

Devices and chargers

- Phone/smart phone
- Phone charger
- Camera/Gopro/Drone
- Charger for Camera/Gopro/Drone
- SD Card
- Power box (if you don't have one it's fine we used ours only once or twice)
- Multi USB charger (optional, we didn't have one, always could find a socket)
- Earphones
- Kindle (or a paper book, no need to carry a charger for)
- Charger for Kindle
- _____
- _____
- _____

Toiletries (if you forget something or run low no worries you'll be able to buy these kind of things on the way)

- Camping towel
- Soap/shower gel
- Shampoo (buy combined one for hair and body, less to carry)
- Hairbrush
- Nail cutter/small scissors
- Toothbrush
- Toothpaste
- Deodorant
- Ear plugs (there are usually a couple of snorers in a dorm)
- Hand sanitizer

⇒ Camino Portuguese ⇐

Packing list

- Humid tissues
- Sunscreen
- _____
- _____
- _____

For girls

- Cream
- Lipstick

First aid kit

- Paracetamol (painkillers)
- Anti-inflammatory
- Plasters
- Antiseptic/iodine cream
- Sterile Gauze
- Valoid (Nausea and Vomiting)
- Imodium (upset stomach)
- _____
- _____
- _____

Documents and books

- Passport/ID - if you're from EU
- Credential
- Guidebook
- Book for reading
- Credit Card
- _____
- _____
- _____

⇒ *Camino Portuguese* ⇐

Packing list

Notes
